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**Marine Sterols. XI.¹⁾ Polyhydroxysterols of the Soft Coral *Sarcophyton glaucum*:
Isolation and Synthesis of 5 α -Cholestane-1 β ,3 β ,5,6 β -tetrol**

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(24S)-24-Methylcholest-5-ene-3 β ,25-diol (ergost-5-ene-3 β ,25-diol, **3**), (24S)-24-methyl-5 α -cholestane-1 β ,3 β ,5,6 β -tetrol (5 α -ergostane-1 β ,3 β ,5,6 β -tetrol, **2a**), and a new sterol, 5 α -cholestane-1 β ,3 β ,5,6 β -tetrol (**1**), were isolated from the soft coral *Sarcophyton glaucum*. The structure of **1** was confirmed by the spectroscopic data and by synthesis starting from ruscogenin. The configurations at C-24 of the known C₂₈-polyhydroxysterols (**2**—**5**) were shown to be (S) by proton nuclear magnetic resonance (¹H-NMR) analysis or by correlation to 22,23-dihydrobrassicasterol (**16a**).

Keywords—Coelenterata; soft coral; *Sarcophyton glaucum*; 5 α -cholestane-1 β ,3 β ,5,6 β -tetrol; (24S)-24-methyl-5 α -cholestane-1 β ,3 β ,5,6 β -tetrol; (24S)-24-methylcholest-5-ene-3 β ,25-diol

The soft coral *Sarcophyton glaucum* is a common species in Indian and Pacific coastal waters. From the lipid extract of *S. glaucum* collected at Ishigaki Island, a variety of cembrane-type diterpenes,²⁾ monohydroxysterols,³⁾ and polyhydroxysterols (**4a**, **4b**, **5a**)⁴⁾ have been characterized. Further work on the polyhydroxysterol fraction led to the isolation of 24-methylcholest-5-ene-3 β ,25-diol (**3**), 24-methyl-5 α -cholestane-1 β ,3 β ,5,6 β -tetrol (**2a**), and a new compound, 5 α -cholestane-1 β ,3 β ,5,6 β -tetrol (**1**). 24 ξ -Methylcholest-5-ene-3 β ,25-diol had been isolated from a soft coral by Engelbrecht *et al.*⁵⁾ The tetrahydroxysterols **1** and **2a** were obtained as a 1 : 3 mixture in a previous study⁴⁾ and the latter was later found in the soft coral *Lobophytum pauciflorum*.⁶⁾ The characteristic 1 β ,3 β ,5 α ,6 β -tetrahydroxy structure in compound **5a** in the previous study was deduced by comparison of the ¹H- and ¹³C-nuclear magnetic resonance (NMR) chemical shifts with those of (25R)-5 α -spirostane-1 β ,3 β ,5,6 β -tetrol, which was synthesized from the sapogenin ruscogenin.⁴⁾ However, the C-24 stereochemistry of the 24-methylsterols (**2**—**5**)⁴⁻⁷⁾ remained unsettled. In the present paper, we wish to report the structure and synthesis of the new compound (**1**), and the determination of the (24S) stereochemistry in the known compounds **2** to **5**.

Isolation and Synthesis of 5 α -Cholestane-1 β ,3 β ,5,6 β -tetrol (1**)**

Compound **1** was obtained as a mixture with **2a** which was resistant to separation by silica gel chromatography or by reversed-phase partition chromatography.⁷⁾ The separation was accomplished by utilizing the slight difference of their mobility on normal phase partition chromatography over a Lipidex 5000 column with a mixture of hexane-acetone-methanol. Compound **1**, mp 260—263.5 °C, [α]_D -5.4°, showed a molecular ion (M⁺) at *m/z* 436 and dehydration ions at *m/z* 418 and 400 in field desorption mass spectrometry (FD-MS). In the ¹H-NMR spectrum (pyridine-*d*₅), it showed signals of 18-Me (δ 0.80), 21-Me (δ 0.95, d, *J* = 6.34 Hz), terminal dimethyl (δ 0.88, 6H, d, *J* = 6.83 Hz), and 19-Me at δ 1.93. Three hydroxymethine signals were observed at δ 4.21 (1H, br s, 6 α -H), 4.90 (1H, dd, *J* = 5, 11 Hz, 1 α -H), and 4.8—5.0 (1H, m, 3 α -H). Similar chemical shifts, except for the side chain, were also observed in the 1 β ,3 β ,5 α ,6 β -tetrahydroxy sterol **5a**.⁴⁾ The common feature of **1** and **5a** in the ¹H-NMR spectrum is the strongly deshielded nature of the 19-methyl group and of the protons at 1 α , 3 α , and 4 β by 1,3-diaxial interaction with hydroxyl group. The 4 β -axial proton appeared at δ

3.08 as a triplet ($J=12$ Hz). It was observed at δ 2.95 in the major polyhydroxysterol **4a** and at 3.05 in **5a**.⁴⁾ The ^{13}C -NMR chemical shifts of the carbons in the steroid ring coincided with those of **5a**, while the chemical shifts of C-20 to C-27 were the same as those of cholesterol.⁸⁾ Thus, the new C_{27} polyhydroxysterol from *S. glaucum* was assigned the structure 5α -cholestane- $1\beta,3\beta,5,6\beta$ -tetrol (**1**).

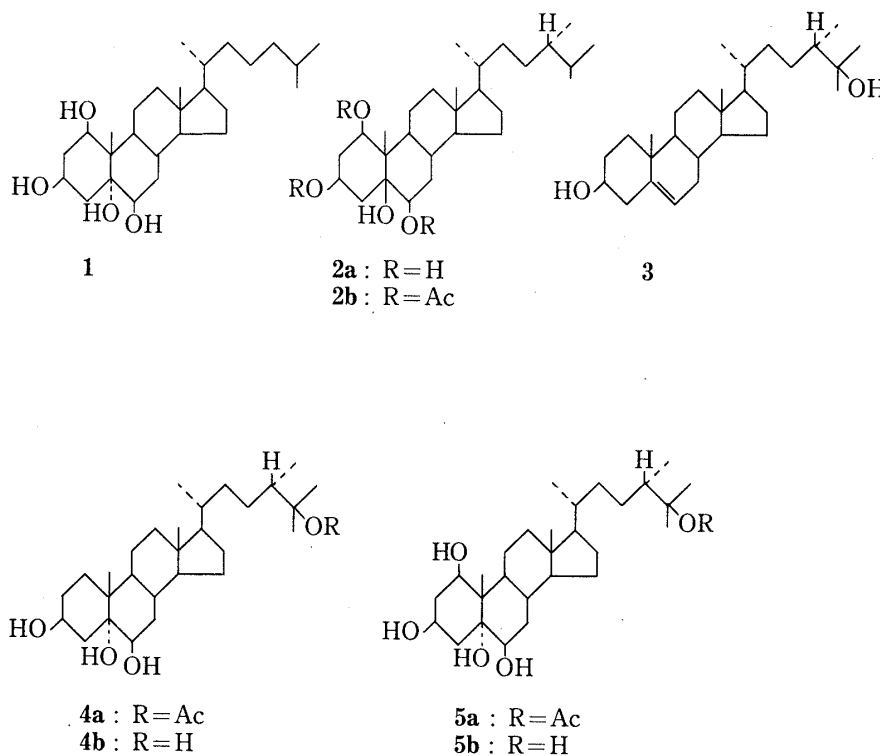


Chart 1

TABLE I. ^{13}C -NMR Chemical Shifts of Compounds **1**, **3** and **5a**
(ppm, in pyridine- d_5)

Carbons	1	3	5a	Carbons	1	3	5a
1	73.5	37.2	73.7	15	24.6	24.3	25.1
2	42.8 ^{a)}	31.9	44.0 ^{b)}	16	28.3	28.1	28.5
3	65.2	71.7	65.4	17	56.5	56.6	56.8
4	42.0 ^{a)}	42.2	43.1 ^{b)}	18	12.4	11.9	12.6
5	76.8	140.4	77.0	19	10.5	19.4 ^{c)}	10.8
6	76.3	121.4	76.9	20	36.0	34.8	36.7
7	35.2	31.9	35.8	21	18.7	19.0 ^{c)}	19.2
8	31.6	31.6	32.0	22	36.3	36.2	35.2
9	46.7	50.0	47.1	23	23.9	27.8	28.1
10	44.5	36.4	44.9	24	39.6	45.1	42.4
11	24.8	21.0	24.9	25	28.1	73.5	85.6
12	41.1	39.7	41.4	26	22.6	26.6	23.6
13	42.4	42.2	42.8	27	22.9	27.2	23.2
14	56.3	55.7	56.7	28		14.8	14.8

a—c) These assignments may be interchanged.

The synthesis of **1** was carried out starting from the sapogenin ruscogenin (**6a**)⁹⁾ via the stereospecific rearrangement of the allyl ester (**11**).¹⁰⁾ Acid-catalyzed opening of the spiroketal ring of ruscogenin diacetate (**6b**) followed by chromic acid oxidation¹¹⁾ gave pregnadienolone

(7a). Partial hydrolysis of the diacetate 7a gave the 1 β -monoacetate (7b) which was converted to the 6 β -methoxy-3 α ,5 α -cyclo derivative (8, 53% from 6b). The α,β -unsaturated ketone (8) was oxidized to the α,β -epoxy ketone (9) and converted by means of the Wharton reaction¹²⁾ with hydrazine in dimethylaminoethanol to the allyl alcohol. The 17(20)*E* geometry of the major product (10, 75% from 8) was determined by the 18-Me chemical shift (δ 0.94) which agreed with the value obtained by Benn *et al.*¹³⁾ The key intermediate β -keto ester (11) was obtained by acylation of 10 with isovaleryl Meldrum's acid according to the method of Oikawa and Yonemitsu.¹⁴⁾ Carrol reaction of the β -keto ester (11) was carried out by heating in xylene with an excess of sodium hydride.¹⁰⁾ The resultant cholestane-type steroid (12) has the natural sterol type C-20 stereochemistry owing to the stereospecific recombination of the transient intermediate.¹⁰⁾ Catalytic hydrogenation of 12 gave 13 in 52% yield from 10. Reduction of the 23-keto group followed by acid hydrolysis gave cholest-5-ene-1 β ,3 β -diol (15, 46% from 13). The 5 α ,6 β -glycolation of 15 with hydrogen peroxide and formic acid in tetrahydrofuran¹⁵⁾ gave the 1 β ,3 β ,5 α ,6 β -tetrol which was identical with compound 1 isolated from *S. glaucum*.

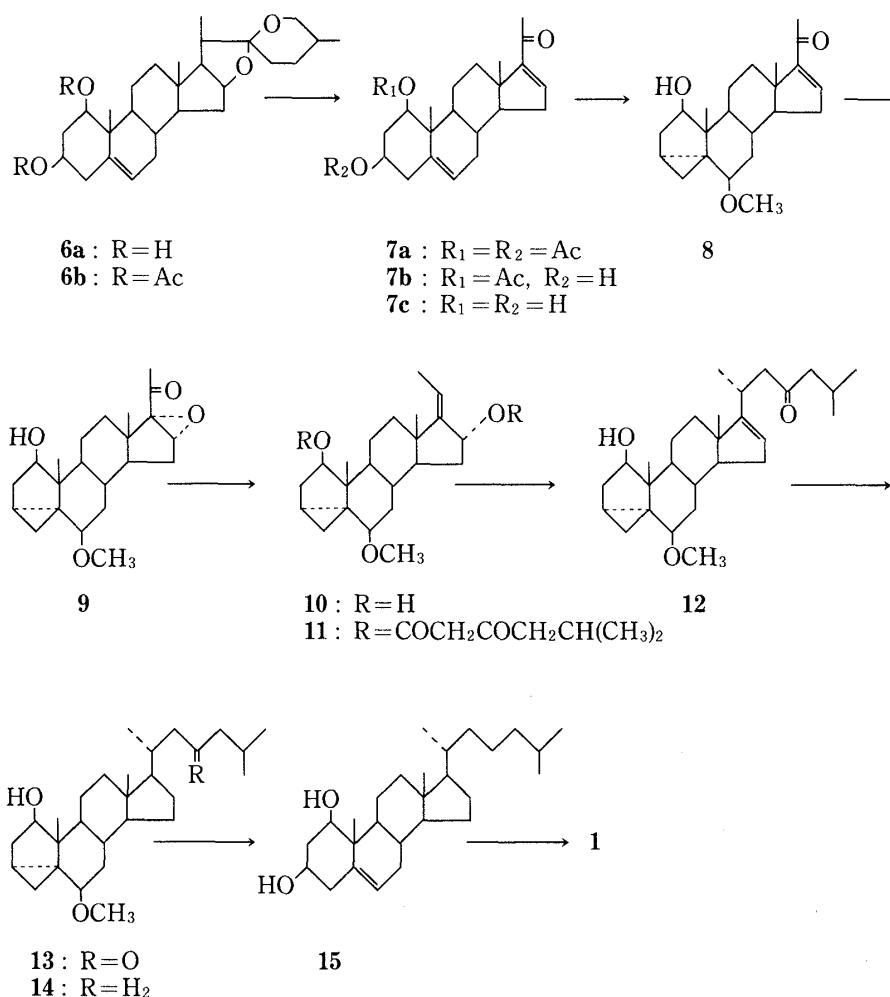


Chart 2

Isolation and Synthesis of (24*S*)-24-Methylcholest-5-ene-3 β ,25-diol (3)

Compound 3, mp 185.5–187.5 °C, $[\alpha]_D^{25}$ –50.3°, was obtained in small amounts from the less polar fraction of the lipid of *S. glaucum*. The monounsaturated dihydroxy C₂₈ sterol structure was indicated by the mass spectrum (MS), which showed ions at m/z 416 (M⁺), 398 (M⁺–H₂O), 380 (M⁺–2H₂O), and at 273 (M⁺–side chain). The ¹H-NMR (in CDCl₃) signals at

δ 0.68 (18-Me), 1.01 (19-Me), 3.3—3.7 (1H, m, 3α -H) and at 5.35 (1H, m, 6-H) show the presence of a conventional 3β -hydroxy- Δ^5 -steroid ring.¹⁾ The ions at m/z 271 (M^+ —side chain, -2H), and 314 (cleavage at C-22 and C-23 by McLafferty-type fission) are those generally found from Δ^{24} or $\Delta^{24(28)}$ -sterols,¹⁶⁾ and reflect the initial loss of H_2O from C-24 or C-25. The signals of two secondary methyl doublets at δ 0.95 ($J=6$ Hz, 21-Me) and 0.89 ($J=7$ Hz, 28-Me), and the deshielded terminal dimethyl at δ 1.16 (6H, s) indicate the presence of a 24-methylcholestane-type side chain with a hydroxyl group at C-25 in **3**. Thus the 1H -NMR and mass spectral data, and the mp of **1** were almost the same as those of 24 ξ -methylcholest-5-ene- 3β ,25-diol (mp 189.5—190.5 °C, isolated previously from an unidentified soft coral (probably *Nephthea* sp.).⁵⁾ The major monohydroxysterol in *S. glaucum* is 22,23-dihydrobrassicasterol (**16a**) having (24*S*) configuration.³⁾ Codisterol (**17a**) was also present (3%) in the monohydroxysterol fraction from *S. glaucum* and the (24*S*) stereochemistry was determined by correlation to **16a**.¹⁾ Hydration at C-25 of **17a** by the oxymercuration method¹⁷⁾ gave (24*S*)-24-methylcholest-5-ene- 3β ,25-diol (70%) which was identical with the dihydroxysterol **3** from *S. glaucum*.

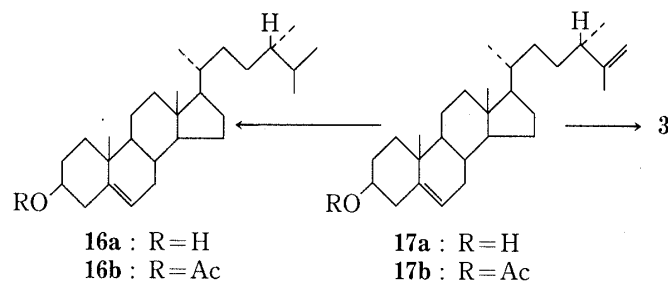


Chart 3

Stereochemistry at C-24 of 24-Methylpolyhydroxysterols (**2a**, **3**, **4a**, **4b**, **5a**)

Five 24-methylpolyhydroxysterols (**2a**, **3**, **4a**, **4b**, **5a**) have been isolated from *S. glaucum*. The major compound 24 ξ -methyl-5 α -cholestane- 3β ,5,6 β ,25-tetrol 25-monoacetate (**4a**) was first isolated from the soft coral *S. elegans* by Moldwan *et al.*⁷⁾ The C-24 stereochemistry of the compounds **2a**, **4**, and **5a** remained unsettled. On biogenetic grounds, it was expected to have (24*S*) (24 β) configuration, since almost all the 24-methylsterols isolated from soft corals or their symbiont dinoflagellates have 24 β -methyl stereochemistry.^{18,19)}

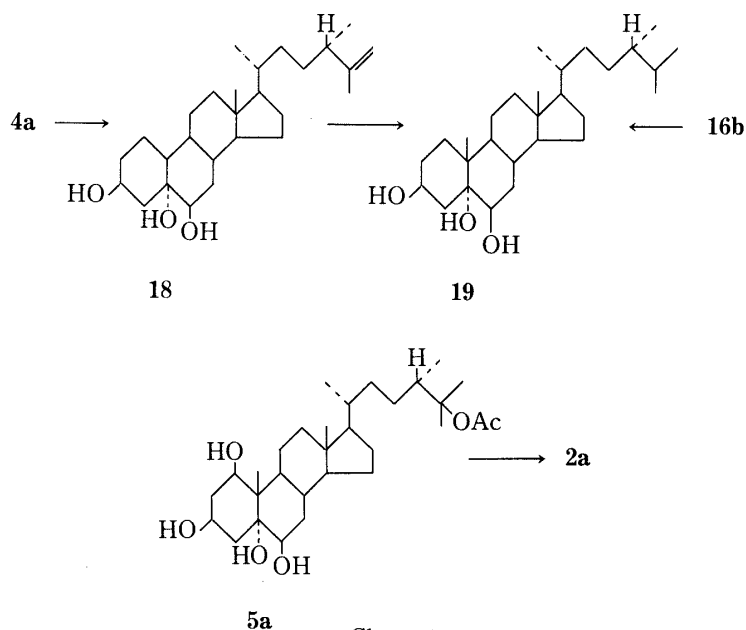


Chart 4

Pyrolysis of **4a** gave 24-methyl-5 α -cholest-25-ene-3 β ,5,6 β -triol (**18**). Hydrogenation of **18** gave a triol which was identical with the triol (**19**) obtained from 22,23-dihydrobrassicasterol acetate (**16b**) indicating the (24*S*) stereochemistry in **4a**. Similarly, pyrolysis of **5a** followed by hydrogenation gave the tetrol, which was identical with **2a**. Compound **2a** was also indicated to have the (24*S*) stereochemistry by ¹H-NMR (in CDCl₃) analysis. In the (24*R/S*) pair of 24-methylcholesterols, one of the doublets of the terminal dimethyl signals occurs at significantly different positions.²⁰ The 26,27-dimethyl signals occur at δ 0.85 and 0.80 in the (24*R*) isomer (campesterol) and at δ 0.85 and 0.78 in the (24*S*) isomer (22,23-dihydrobrassicasterol, **16a**), and are clearly discernible by 200 MHz ¹H-NMR spectroscopy. The hydroxyl groups in the A and B rings have little effect on the side chain methyl signals.²¹ The triacetate (**2b**) showed the terminal dimethyl signals at δ 0.85 and 0.78, as in the triol (**19**) (δ 0.85 and 0.78), and the signals resembled those of the 24*S* isomer **16a**. Consequently, the stereochemistry at C-24 of all the 24-methylpolyhydroxysterols (**2** to **5**) isolated from *S. glaucum* is considered to be (*S*).

Experimental

Melting points were determined on a Kofler hot stage and are uncorrected. Optical rotations were determined on a JASCO DIP-4 digital polarimeter. ¹H- and ¹³C-NMR spectra were determined on JEOL-FX 100 and 200 spectrometers at 100 and 200 MHz (¹H-NMR) and 25.00 MHz (¹³C-NMR). Mass spectra were determined on JEOL JMS D-300 (EI-MS) and JEOL 01SG-2 (FD-MS) spectrometers. Infrared (IR) spectra were taken on a JASCO A-102 spectrometer. Gas chromatography (GC) was carried out on a Shimadzu GC4BPF gas chromatograph using a glass column (2m \times 3 mm. i.d.) packed with 1.5% OV-17 on 80–100 mesh Shimalite W at 265°C, with N₂ carrier gas at a flow rate of 60 ml/min.

(24*S*)-24-Methylcholest-5-ene-3 β ,25-diol (3)—The crude lipid extract (400 g) of *S. glaucum* was chromatographed over a column of silica gel in previous work.⁴ The mixture (30 mg), which contained **3**, was eluted after the cembrane diol sarcophytol-B with CHCl₃.²¹ Crystallization from EtOAc gave 18.7 mg of **3**, mp 185.5–187.5°C, $[\alpha]_D -50.3^\circ$ ($c=0.95$, CHCl₃). IR $\nu_{\max}^{\text{Nujol}}$ cm⁻¹: 3300. EI-MS m/z : 416 (M⁺), 401 (M⁺ - CH₃), 398 (M⁺ - H₂O), 383 (M⁺ - H₂O, CH₃), 380 (M⁺ - 2H₂O), 273 (M⁺ - side chain), 271 (M⁺ - side chain, 2H). ¹H-NMR 100 MHz, CDCl₃) and ¹³C-NMR (CDCl₃), see text.

Synthesis of 3 from Codisterol (17a)—A solution of **17a** (100 mg) in 0.4 ml of tetrahydrofuran (THF) was added dropwise to a mixture of Hg(OAc)₂ (100 mg) in H₂O (0.2 ml) and THF (0.2 ml) at 0°C, and the mixture was stirred at 0°C for 2.5 h then at room temperature for 1 h. The mixture was added to 3 *N* NaOH soln. (0.1 ml) and mixed with NaBH₄ (420 mg) in 3 *N* NaOH (2 ml) and stirred for 10 min. The excess NaBH₄ was decomposed by adding 2 *N* HCl slowly, and the mixture was extracted with CHCl₃. The extract was worked up as usual and the residue was subjected to flash chromatography over a column of silica gel (50 g) with 18% EtOAc in CHCl₃. The fractions which contained dihydroxysterol were concentrated and recrystallized from CHCl₃-MeOH to give 70 mg of **3**; mp and mixed mp with the diol (**3**) from *S. glaucum*, 185–187°C; $[\alpha]_D -54^\circ$ ($c=0.49$, CHCl₃). The ¹H-NMR and MS were the same as those of **3** from *S. glaucum*.

5 α -Cholestane-1 β ,3 β ,5,6 β -tetrol (1) and (24*S*)-Methyl-5 α -cholestane-1 β ,3 β ,5,6 β -tetrol (2a)—The mixture (207.7 mg) obtained from fraction III in a previous study⁴ was subjected to chromatography. A half of the mixture was dissolved in 30 ml of a mixture of cyclohexane-acetone-MeOH (90:7:3). The solution was subjected (in fifteen portions) to chromatography over a column of Lipidex 5000 (Packard, 2.2 \times 45 cm) and eluted with the same solvent at a flow rate of 0.5 ml/min. Aliquots of the fractions (10 ml each) were checked as the trimethylsilyl ethers by GC and the fractions were combined accordingly. Compound **1** was eluted immediately after **2**. Compound **1** (16.4 mg), mp 260–263.5°C from MeOH-acetone. $[\alpha]_D -54^\circ$ ($c=1.0$, MeOH). For ¹H- and ¹³C-NMR and MS, see text. Compound **2a** (25.5 mg), mp 273–275.4°C from MeOH-acetone. $[\alpha]_D -13.2^\circ$ ($c=1.14$, MeOH). IR $\nu_{\max}^{\text{Nujol}}$ cm⁻¹: 3480. FD-MS m/z : 450 (M⁺), 432 (M⁺ - H₂O). EI-MS m/z : 432 (M⁺ - H₂O), 414 (M⁺ - 2H₂O), 396 (M⁺ - 3H₂O), 287 (M⁺ - side chain, 2H₂O). ¹H-NMR (200 MHz, pyridine-*d*₅) δ : 0.800 (18-Me), 0.82 (6H, d, $J=6.35, 26, 27$ -Me), 0.88 (3H, d, $J=6.84$ Hz, 28-Me), 0.92 (3H, d, $J=6.5$ Hz, 21-Me), 1.93 (19-Me), 4.23 (1H, br s, 6 α -H), 4.8–5.1 (1H, m, 3 α -H), 4.92 (1H 'dd, $J=5, 11$ Hz, 1 α -H). ¹H-NMR (200 MHz, CDCl₃), see text.

1 β ,3 β -Dihydroxy-pregna-5,16-dien-20-one 1-Monoacetate (7b)—A mixture of ruscogenin diacetate (**6b**, 17.4 g) and pyridine hydrochloride (5.5 g) in acetic anhydride (70 ml) was refluxed for 4 h. The mixture was concentrated to 40 ml and poured into H₂O. Extraction with CHCl₃ and the usual work-up gave the crude pseudoruscogenin triacetate as a solid. It was dissolved in AcOH (100 ml) containing 4.5 g NaOAc. A solution of CrO₃ (6.55 g) in 80% AcOH (25 ml) was added dropwise to the pseudoruscogenin solution at 11–13°C over a period of 25 min, then the mixture was stirred at 22–23°C for 1 h. It was poured into H₂O and extracted with Et₂O. The extract was worked up as usual and the solvent was evaporated off. The residue

was dissolved in *tert*-BuOH (350 ml). This solution was mixed with a solution of KOH (10 g) in H₂O (12 ml) and the mixture was stirred at 30–35°C for 75 min. Most of the solvent was evaporated off *in vacuo* at low temperature. The mixture was added to 1 l of H₂O, neutralized with AcOH and then extracted with Et₂O. Usual work-up and evaporation of Et₂O gave crude **7b** (13 g) as an oil, $[\alpha]_D -17^\circ$ ($c=1.16$, CHCl₃). IR ν_{\max}^{neat} cm⁻¹: 3400, 1725, 1660, 1580. ¹H-NMR (100 MHz, CD₃OD) δ : 0.91 (18-Me), 1.18 (19-Me), 2.03 (OAc), 2.25 (21-Me), 3.2–3.8 (1H, m, 3 α -H), 4.60 (1H, dd, $J=5, 11$ Hz, 1 α -H), 5.6 (1H, m, 6-H), 6.72 (1H, br s, 16-H). A portion of **7b** was hydrolyzed by refluxing the mixture in 5% KOH in MeOH to give the diol (**7c**), mp 235–238°C from MeOH, $[\alpha]_D -25^\circ$ ($c=0.48$, CHCl₃). Anal. Calcd for C₂₁H₃₀O₃: C, 76.32; H, 9.15. Found: C, 75.99; H, 8.89.

1 β -Hydroxy-6 β -methoxy-3 α ,5 α -cyclopregn-16-en-20-one (8)—The crude unsaturated ketone (**7b**, 13 g) was mixed with TsCl (13 g) in freshly distilled pyridine (120 ml) and the mixture was left at room temperature overnight. The mixture was poured into ice-water, and extracted with Et₂O, and the extract was subjected to usual work-up. The residue was dissolved in a solution of KOAc (5.7 g) in MeOH (400 ml) and refluxed for 30 min. It was concentrated to 150 ml, diluted with H₂O, and extracted with Et₂O. The extract was worked up as usual and the solvent was evaporated off. The residue was dissolved in *tert*-BuOH (350 ml), mixed with a solution of KOH (12.5 g) in H₂O (15 ml) and stirred at 80°C for 45 min. The mixture was concentrated, diluted with H₂O, and extracted with Et₂O. The extract was worked up as usual and the residue was chromatographed over a column of silica gel (500 g). Elution with a gradient of MeOH (2–5%) in CHCl₃ gave **8** (5.63 g, 47% from **6a**), mp 150–154°C from MeOH, $[\alpha]_D +68^\circ$ ($c=0.48$, CHCl₃). IR $\nu_{\max}^{\text{Nujol}}$ cm⁻¹: 3440, 1645, 1585. ¹H-NMR (100 MHz, CDCl₃) δ : 0.97 (18-Me), 1.15 (19-Me), 2.25 (21-Me), 2.77 (6 α -H), 3.38 (CH₃O–), 3.97 (1H, br d, $J=6$ Hz, 1 α -H), 6.72 (1H, br s, 16-H). EI-MS m/z : 344 (M⁺), 326 (M⁺–H₂O), 312 (M⁺–MeOH), 294 (M⁺–H₂O, MeOH). Anal. Calcd for C₂₂H₃₂O₃: C, 76.70; H, 9.36. Found: C, 76.65; H, 9.34.

6 β -Methoxy-3 α ,5 α -cyclopregn-17(20)*E*-ene-1 β ,16 α -diol (10)—The α,β -unsaturated ketone **8** (5.6 g) in MeOH (320 ml) was mixed with 4 N NaOH solution (12.5 ml) and then with 30% H₂O₂ (24 ml) at room temperature. After 15 min, the mixture was poured into H₂O (800 ml) and extracted with Et₂O (350 ml). The extract was worked up as usual and the solvent was evaporated off. The residue was dissolved in *N,N*-dimethylethanolamine (50 ml) and mixed with KOH (5.2 g) and hydrazine hydrate (100%, 5.2 ml). The mixture was refluxed under N₂ for 1 h, poured into H₂O, and extracted with Et₂O. The extract was worked up as usual and the solvent was evaporated off. Thin-layer chromatography (TLC) of the residue (4.7 g, 75% from **8**) with 5% MeOH in CHCl₃ on a 15% silver nitrate-impregnated silica gel plate showed that it was composed of **10** and a trace of a less polar compound. A portion of the product was recrystallized from benzene–hexane to give pure **10**, mp 130–135°C, $[\alpha]_D +17^\circ$ ($c=0.6$, CHCl₃). ¹H-NMR (100 MHz, CDCl₃) δ : 0.94 (18-Me), 1.11 (19-Me), 1.80 (3H, d, $J=7$ Hz, 21-Me), 2.75 (1H, m, 6 α -H), 3.35 (MeO–), 3.94 (1H, br d, $J=6$ Hz, 1 α -H), 4.45 (1H, m, 16 β -H), 5.61 (1H, br q, $J=7$ Hz, 20-H). EI-MS m/z : 346 (M⁺), 328 (M⁺–H₂O), 314 (M⁺–MeOH), 296 (M⁺–H₂O, MeOH). Anal. Calcd for C₂₂H₃₄O₃: C, 76.36; H, 9.89. Found: C, 76.05; H, 9.72.

1 β -Hydroxy-6 β -methoxy-3 α ,5 α -cyclocholestan-23-one (13)—Meldrum's acid (950 mg) was acylated with isovaleryl chloride according to the published procedure.¹⁴⁾ The isovaleryl Meldrum's acid thus obtained was stored in dry CH₂Cl₂ (0.2 mmol/ml). Twenty-two ml of this isovaleryl Meldrum's acid solution was concentrated at 15–20°C and mixed with a solution of the allyl alcohol **10** (674 mg) in benzene (12 ml). The mixture was refluxed for 1 h. The benzene solution was washed with 5% NaHCO₃, H₂O, and saturated NaCl solution and the solvent was evaporated off. The residue was chromatographed over a column of silica gel (15 g) and eluted with a mixture of hexane–CHCl₃ (1 : 1) to give 700 mg of β -ketoester (**11**). It was dissolved in dry xylene (20 ml), then NaH (140 mg) was added and the mixture was refluxed for 2 h. Excess NaH was decomposed with a small amount of MeOH and the mixture was diluted with H₂O and extracted with Et₂O. After the usual work-up, the solvent was evaporated off. The residue was refluxed in 5% KOH in MeOH (20 ml) for 6 h, diluted with H₂O, and extracted with Et₂O. The extract was worked up as usual and the solvent was evaporated off. The residue was dissolved in MeOH (20 ml) and hydrogenated over 150 mg of PtO₂ catalyst at 65°C for 2 h. Filtration and evaporation of the solvent gave a residue, which was purified over a column of silica gel (20 g). Elution with 1% MeOH in CHCl₃ gave **13** (440 mg, 52% from **10**) as an oil, $[\alpha]_D +34^\circ$ ($c=0.91$, CHCl₃). IR ν_{\max}^{neat} cm⁻¹: 3440, 1705. ¹H-NMR (100 MHz, CDCl₃) δ : 0.73 (18-Me), 1.10 (19-Me), 0.86 (6H, d, $J=6$ Hz, 26,27-Me), 0.89 (3H, d, $J=6$ Hz, 21-Me), 2.72 (1H, m, 6 α -H), 3.33 (MeO–), 3.9 (1H, br d, $J=7$ Hz, 1 α -H). EI-MS m/z : 430 (M⁺), 412 (M⁺–H₂O), 398 (M⁺–MeOH).

Cholest-5-ene-1 β -3 β -diol (15)—Compound **13** (1.96 g) was dissolved in diethyleneglycol (80 ml), and hydrazine hydrate (100%, 11 ml) was added. The mixture was heated gradually from 20 to 125°C during 30 min and kept at 125–130°C for 10 min. Pellets of KOH (11 g) were added to the mixture and the temperature was raised gradually to 210°C during 30 min and kept at 210–215°C for another 3.5 h. After cooling, the mixture was poured into H₂O and the precipitate was extracted with Et₂O. The extract was worked up as usual and the solvent was evaporated off. The residue was dissolved in a 4 : 1 mixture of dioxane and H₂O (110 ml) containing 100 mg of conc. H₂SO₄, and the mixture was refluxed for 20 min. It was diluted with H₂O until the solution became slightly cloudy and was then concentrated *in vacuo* to ca. 70 ml. The precipitate was collected by suction and the filter cake was washed with H₂O. It was purified by chromato-

graphy over a column of silica gel (50 g). Elution with 2% MeOH in CHCl_3 gave **15** (0.81 g, 46% from **13**), mp 181—182.5°C, $[\alpha]_D -39^\circ$ ($c=0.78$, CHCl_3). EI-MS m/z : 402 (M^+), 384 ($\text{M}^+ - \text{H}_2\text{O}$), 366 ($\text{M}^+ - 2\text{H}_2\text{O}$), 351 ($\text{M}^+ - 2\text{H}_2\text{O}$, Me). Anal. Calcd for $\text{C}_{27}\text{H}_{46}\text{O}_2 \cdot 1/4\text{H}_2\text{O}$: C, 79.65; H, 11.51. Found: C, 79.91; H, 11.29.

5 α -Cholestane-1 β ,3 β ,5,6 β -tetrol (1)—A solution of **15** (140 mg) in THF (4.5 ml) was cooled in an ice bath. A mixture of 88% formic acid (2.3 ml) and 30% H_2O_2 (0.22 ml) was added dropwise at 0°C with stirring. The whole was further stirred for 18 h at room temperature, the excess H_2O_2 was decomposed with Na_2SO_3 solution. The mixture was diluted with H_2O , extracted with Et_2O and worked up as usual. The residue was hydrolyzed by refluxing it in 3% KOH in MeOH for 2 h. The mixture was concentrated at 20—30°C and diluted with H_2O . The precipitate was collected and purified over a column of silica gel (6 g) with a gradient (5—10%) of MeOH in CHCl_3 to give 90 mg (60%) of **1**; mp and mixed mp with the tetrol **1** from *S. glaucum*, 261—264°C (from acetone-hexane), $[\alpha]_D -6^\circ$ ($c=1.15$, MeOH). MS and $^1\text{H-NMR}$ (200 MHz, pyridine- d_5) spectra were identical with those of **1** from *S. glaucum*. Anal. Calcd for $\text{C}_{27}\text{H}_{48}\text{O}_4 \cdot 1/4\text{H}_2\text{O}$: C, 73.50; H, 11.07. Found: C, 73.38; H, 10.75.

(24S)-24-Methyl-5 α -cholestane-3 β ,5,6 β -triol(5 α -Ergostane-3 β ,5,6 β -triol, **19)**—a: The 5 α , 6 β -glycolation of **16b** (150 mg, mp 148—149°C, $[\alpha]_D -49^\circ$)³⁾ was carried out according to the same procedure as described for compound **1** and gave 130 mg of **19**, mp 241.5—244°C from acetone, $[\alpha]_D -4^\circ$ ($c=0.54$, MeOH). $^1\text{H-NMR}$ (200 MHz, CDCl_3), see text. $^1\text{H-NMR}$ (200 MHz, pyridine- d_5) δ : 0.75 (18-Me), 1.67 (19-Me), 0.82 (6H, d, $J=6.83$ Hz, 26,27-Me), 0.88 (3H, d, $J=6.84$ Hz, 28-Me), 0.99 (3H, d, $J=6.35$, 21-Me), 2.97 (1H, t, $J=12$ Hz, 4 β -H), 4.20 (1H, br s, 6 α -H), 4.8—5.0 (1H, m, 3 α -H). EI-MS m/z : 434 (M^+), 416 ($\text{M}^+ - \text{Me}$), 398 ($\text{M}^+ - 2\text{H}_2\text{O}$), 383 ($\text{M}^+ - 2\text{H}_2\text{O}$, Me), 380 ($\text{M}^+ - 3\text{H}_2\text{O}$).

b: Compound **4a** (184 mg) in a small flask was heated in an oil bath at 280°C for 5 min. Chromatography of the crude product over a column of silica gel (20 g) with 5% MeOH in CHCl_3 gave 115 mg of **18** mp 214—215°C, $[\alpha]_D -3.4^\circ$ ($c=0.64$, MeOH). EI-MS m/z : 432 (M^+), 414 ($\text{M}^+ - \text{H}_2\text{O}$), 396 ($\text{M}^+ - 2\text{H}_2\text{O}$). $^1\text{H-NMR}$ (200 MHz, pyridine- d_5) δ : 1.67 (6H, s, 19- and 27-Me), 4.82 (2H, br s, 26-H). A solution of **18** (110 mg) in EtOH (30 ml) and AcOH (1 ml) was hydrogenated over 10% Pd-C catalyst (110 mg). The catalyst and the solvent were removed and the residue was recrystallized from acetone-MeOH to give **19** (100%), mp 241.5—244°C. Mixed mp with the triol (**19**) in a), 241.5—244°C, $[\alpha]_D -2.4^\circ$ ($c=0.5$, MeOH). The MS and $^1\text{H-NMR}$ (200 MHz, CDCl_3 and pyridine- d_5) spectra were identical with those of the product obtained in a). Anal. Calcd for $\text{C}_{28}\text{H}_{50}\text{O}_3 \cdot 1/4\text{H}_2\text{O}$: C, 76.56; H, 11.59. Found: C, 76.37; H, 11.33.

Conversion of 5a to 2a—Compound **5a** (1 mg) in a small flask was heated gently over an open flame until the crystals melted and evolved gas. After cooling, the residue was hydrogenated over 10% Pd-C catalyst as above. The product was found to be virtually pure on TLC, and the $^1\text{H-NMR}$ spectrum (200 MHz, pyridine- d_5) was identical with that of **2a**. A portion of the product was recrystallized from EtOAc to give pure **2a**, mp and mixed mp 270—274°C.

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