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# The reaction of aluminium with silicic acid in acidic solution: an important mechanism in controlling the biological availability of aluminium?

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### Abstract

The reaction of aluminium (Al) with monomeric silicic acid (Si(OH)<sub>4</sub>) to form an hydroxyaluminosilicate (HAS) has been well documented over the past 40 or so years. The formation of an aluminium hydroxide template, upon which Si(OH)<sub>4</sub> will condense in competition with Al, was demonstrated to be a prerequisite to HAS formation. This initial reaction results in the formation of a slowly aggregating HAS, with a Si:Al ratio of 0.5, in which silicon tetrahedra are bonded to Al octahedra through three Si–O–Al linkages. We have called this HAS<sub>A</sub>. In solutions in which the concentration of Si(OH)<sub>4</sub>  $\geq$  Al HAS<sub>A</sub> acts as a template for the incorporation of further silicon tetrahedra to give a rapidly precipitating HAS (that we have called HAS<sub>B</sub>), with a Si:Al ratio of 1.0, in which up to 50% of the constituent Al has adopted tetrahedral geometry. There are, at present, no reliable constants to describe either the formation or the solubility of these HAS. They are extremely insoluble and are likely to play an important role in the control of the release of Al from the edaphic to the aquatic environment. They may also have an important role in Al homeostasis in biota though the evidence to support this is more tentative. © 2002 Elsevier Science B.V. All rights reserved.

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## 1. Preface

The primary objective of this review was to critically evaluate scientific literature that has reported the interaction of aluminium (Al) with monomeric silicic acid (Si(OH)<sub>4</sub>) in acidic solution. (A comprehensive and authoritative review of all silicate complexes of Al has recently been published [1].) A secondary objective was

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to update the significance of this chemistry to the biological availability of Al. A particular bone of contention in this field is the definition of what constitutes Si(OH)<sub>4</sub>. We have attempted to reduce the ambiguity that surrounds this definition by only reviewing research in which every attempt had been made to ensure that the only reactive form of silicon in experimental solutions was the neutral monomer and was not charged or polymeric forms of this weak acid. Our interpretation of 'every attempt' has excluded any research in which: (i) the concentration of Si(OH)<sub>4</sub> in either stock or experimental solutions exceeded 2.00 mmol 1<sup>-1</sup> (Si(OH)<sub>4</sub> will autocondense at concentrations

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greater than 2.00 mmol  $1^{-1}[2]$ ; (ii) Si(OH)<sub>4</sub> was derived from the slow dissolution of inorganic silica (polysilicates are found in equilibrium with slowly dissolving silica [3,4]); (iii) Si(OH)<sub>4</sub> was derived from the hydrolysis of an organosilane and the success of the hydrolysis was not confirmed using the rapid formation of the molybdosilicic acid complex; (iv) the literature contained insufficient detail of the provenance of the Si(OH)4 used in experiments. We have also limited the scope of this review to acidic solutions (pH < 7.00) to reduce the possibility of significant contributions from deprotonated Si(OH)<sub>4</sub>. Our interpretation of Si(OH)<sub>4</sub> will not be accepted universally. It has resulted in many more exclusions than inclusions. However, until we have definitive data concerning the forms of silicon in undersaturated solutions of Si(OH)4, perhaps using <sup>29</sup>Si-enriched solutions and NMR, we shall continue to define solutions by using these criteria.

# 2. Historical perspective

It is our opinion that the most appropriate technique for the preparation of solutions of Si(OH)<sub>4</sub> is the cation exchange of undersaturated solutions of sodium silicate. When, in the mid-60s, Polzer et al., used this method to prepare acidic (pH ca. 5.00) solutions of constant ionic strength containing Si(OH)<sub>4</sub> (0–1.63 mmol l<sup>-1</sup>) and Al (ca.  $0.30 \text{ mmol } 1^{-1}$ ) they were able to demonstrate the formation of amorphous precipitates of hydroxyaluminosilicate (HAS) with Si:Al molar ratios of between 0.5 and 1.0 [5]. The precipitates were separated by filtration (0.10 µm membrane filters) and their compositions were obtained from the differences in concentration of Al and Si(OH)<sub>4</sub> before and after filtration. The Si:Al molar ratio of one precipitate was measured directly by an unspecified wet chemical method. A later study by the same group using the same methods showed that all precipitates that were isolated from solutions in which Si(OH)<sub>4</sub> was present to considerable excess had Si:Al molar ratios of about 1.0 [6]. Using data for the concentrations of Al and Si(OH)4 that had passed through the 0.10 µm filter as estimates of Al<sup>3+</sup> and Si(OH)<sub>4</sub> in equilibrium with the solid phase and the postulated synthesis reaction shown below (assumption that HAS was kaolinite or halloysite);

$$2AI^{3+} + 2Si(OH)_4 + H_2O \leftrightarrow Al_2Si_2O_5(OH)_{4(s)} + 6H^+$$
 an equilibrium constant of  $10^{11.3}$  was estimated.

One of the most complete studies of the interaction of Al with Si(OH)<sub>4</sub> was carried out in the mid-70s by Luciuk and Huang [7]. They investigated the influence of solution age and OH/Al ratio on the precipitation of HAS from solutions containing Si(OH)<sub>4</sub> and Al (0.15 and 1.52 mmol 1<sup>-1</sup>) at a ratio of either 0.5 or 1.0. They

made a number of important observations which included; (i) the reaction between Al and Si(OH)<sub>4</sub> at the OH/Al ratio of 3 did not result in the significant release of H+ or H<sub>3</sub>O+; (ii) at the same OH/Al ratio and at the higher initial concentration of Al, the reaction of Si(OH)<sub>4</sub> with Al was proceeded by further reactions between Si(OH)<sub>4</sub> and the preformed HAS; (iii) at OH/Al ratios of 1 and 2 the presence of Si(OH)<sub>4</sub> both reduced the amount of precipitate that could be removed by filtration (0.025 µm filter) and increased the proportion of Al that had been experimentally classified as nonextractable; (iv) all precipitated HAS were amorphous to X-ray diffraction; (v) analyses of precipitates by IR showed that the formation of HAS at OH/Al of 3 resulted in the disappearance of peaks attributable to Al-OH vibrations and the appearance of peaks attributable to Si-OH vibrations; (vi) HAS precipitates formed after 100 days aging in solutions in which the Si:Al molar ratio was either 0.5 or 1.0 were composed of Si and Al in molar ratios of 0.45 and 0.67, respectively. These observations helped Luciuk and Huang to conclude that the HAS precipitates identified in their experiments had been formed by the condensation of Si(OH)<sub>4</sub> at hydroxyl bridges and/or Al-OH on aluminium hydroxide lattices.

The early work from the groups of JD Hem and PM Huang was supported and extended in its scope by Wada [8,9]. In particular, cation exchange was used to retain HAS and to identify their composition in solutions of fixed concentration of Al and different pH, concentrations of Si(OH)<sub>4</sub> and age. It was demonstrated that for solutions of  $OH/Al \ge 1$  the primary determinant of the Si:Al molar ratio of the HAS was the ratio of Si(OH)<sub>4</sub> to Al in the parent solution. In solutions that had been aged for 100 days the Si:Al ratio of HAS ranged from ca. 0.40 (for parent solutions with an excess of Al) to ca. 1.0 (for solutions with an excess of Si(OH)<sub>4</sub>). An increasing excess of Si(OH)<sub>4</sub> did not result in a higher content of Si in the retained HAS. Because of their composition, the HAS were likened to the soil aluminosilicates allophane and imogolite. However, unlike these structures they were amorphous to X-ray diffraction and had no distinct structure when viewed under the electron microscope [9].

Prominent in the field of the reaction of Si(OH)<sub>4</sub> with Al is Farmer's group in Aberdeen, Scotland, pioneers in the identification and structural characterisation of imogolite [10]; they also demonstrated the formation of HAS of Si:Al molar ratio of 0.50 in acidic solutions (pH 4.50–5.50) in which the concentration of Si(OH)<sub>4</sub> exceeded 0.10 mmol 1<sup>-1</sup> [11]. When these solutions were heated, they generated imogolite and this prompted Farmer to call the precursors to this phase, the aforementioned HAS, protoimogolite. It is unusual that Farmer's group did not observe the formation of HAS of Si:Al molar ratio of 1.0 when Si(OH)<sub>4</sub> was present to

excess in their solutions. This group have continued their investigations into 'proto-imogolite' and they have used potentiometry [12] to determine a formation constant of  $pK_{110} = 2.50 \pm 0.05$  for the putative species;

$$Al^{3+} + Si(OH)_4 \leftrightarrow AlOSi(OH)_3^{2+} + H^+$$

and equilibrium dialysis and the above formation constant to obtain a solubility expression,  $\log K_{so} = 7.02$ , for a protoimogolite sol [13];

$$2Al(OH)_{3(s)} + Si(OH)_4 \leftrightarrow (HO)_3Al_2O_3SiOH_{(s)} + 3H_2O$$

The inability of this solubility expression to explain the formation of HAS in both synthetic and natural waters has raised some discussion in the scientific literature [14–16].

We have been investigating the reaction of Al with Si(OH)<sub>4</sub> for the last 15 years with particular emphasis on the influence of this reaction on the biological availability of Al [17–19]. Initial research served, in the main, to confirm the aforementioned earlier studies and used both membrane filtration and cation exchange to demonstrate the formation in acidic solutions of HAS of Si:Al molar ratios 0.3-0.6 [19,20]. A lack of reliable quantitative data describing both the formation and solubility of HAS in acid solution prompted an investigation into HAS formation at an environmentally (physiologically) significant concentration of Al [21,22]. Equilibrium dialysis, using tubing with a nominal pore size of ca. 1 nm, was used to confirm the formation of HAS in acidic solutions containing  $0.10 \text{ mmol } 1^{-1}$  $Si(OH)_4$  and only 4.0 µmol  $1^{-1}$  Al. The dialysis experiment showed that HAS colloids were significantly smaller than hydroxyaluminium (HA) colloids formed and aged under the same solution conditions. It was proposed that the formation of HAS involved the poisoning of HA polymerisation by Si(OH)<sub>4</sub> [22]. Subsequent experiments using the same low concentration of Al used membrane filtration (40 nm nominal filter rating) to describe how Si(OH)<sub>4</sub> influenced the formation and precipitation of HAS in acidic solution [21]. In solutions in which Si(OH)<sub>4</sub> was present to considerable excess, the formation of HAS was instantaneous. The aggregation of colloidal HAS to a filterable size was significantly slower than the corresponding HA colloids. The latter showed an unchanged particle size distribution after about 3 weeks whereas HAS were still aggregating towards a filterable size after 12 weeks. In addition the pH of minimum solubility had shifted from ca. pH 6.50 for HA colloids to ca. pH 5.50 for HAS. It was interesting to note that this shift in the pH of minimum solubility corresponded closely to the baseneutralising capacity of the solutions. Solutions in which HAS were the predominant form of Al were unable to buffer base additions at pH greater than ca. 5.20 whereas in solutions of HA colloids, this buffering capacity was evident up to ca. pH 5.90. This research confirmed the formation of HAS in acidic solutions containing only 4.0  $\mu$ mol l<sup>-1</sup> total Al and it provided a great deal of support for the proposed mechanism of their formation. However, it was only recently that the next significant step forward towards the confirmation of this mechanism was made.

We began by using a combination of membrane filtration (0.1 µm membrane filter) and morin-Al fluorescence (estimate of the fast-reactive Al fraction) to demonstrate that HAS were only formed in solutions which were saturated with respect to amorphous aluminium hydroxide [23,24]. The next challenge was to understand the structure and stoichiometry of HAS that were formed under various solution conditions. This was achieved by collecting HAS formed in synthetic solutions in sufficient quantities to enable their structures to be probed by solid state NMR [24]. After 3 months aging at ca. pH 6.20 HAS were collected by filtration from solutions in which the Si(OH)<sub>4</sub> to Al ratio varied from 8:1 (2.0 mmol  $1^{-1}$  Si(OH)<sub>4</sub>) to 1:4 (0.5 mmol  $1^{-1}$  Si(OH)<sub>4</sub>). HAS that were formed in parent solutions in which the concentration of  $Si(OH)_4 \ge Al$  had aggregated sufficiently to be removed using a 2.0 µm membrane filter whereas those HAS that were formed in parent solutions in which Al was present to excess were collected using a 0.2 µm membrane filter. This was our first indication that we should expect to find more than one form of HAS in the parent solutions. Solid state <sup>29</sup>Si- and <sup>27</sup>Al-NMR combined with elemental composition by SEM-EDX revealed two distinct forms of HAS (Fig. 1). HASA had an ideal Si:Al ratio of 0.5 and its structure was dominated by Si coordinated through three Si-O-Al linkages (Q<sup>3</sup>(3Al)) to Al in an octahedral geometry. HAS<sub>B</sub> had an ideal Si:Al ratio of 1.0 and whilst it retained some of the structure of HASA its structure now included a significant framework of Si  $(Q^4(1-2AI))$  and  $Q^3(1-2AI)$  and Al tetrahedra. HAS<sub>B</sub> had no Al-associated protons and a maximum of one silanol group per Si. HASA was the predominant HAS formed in parent solutions in which Al was present to excess whereas HAS<sub>B</sub> predominated in parent solutions in which Si(OH)<sub>4</sub> was present to excess. We used atomic force microscopy (AFM) to confirm that the precipitates that we had isolated using filtration and analysed by NMR were representative of the colloidal HAS in the parent solutions (Fig. 2). We identified two distinct forms of colloidal HAS, rectangular (up to 170 nm in length) and discoid (up to 43 nm in diameter), and the occurrence of these forms in the parent solutions matched the occurrence of HASA (rectangular) and HAS<sub>B</sub> (discoid) in the precipitates that had been filtered from the same solutions. It was of note that HASB was not found in those solutions in which Al was present to excess whereas HASA was found in solutions in which Si was present to excess [23]. We have proposed structures for HASA and HASB and have suggested how HASB

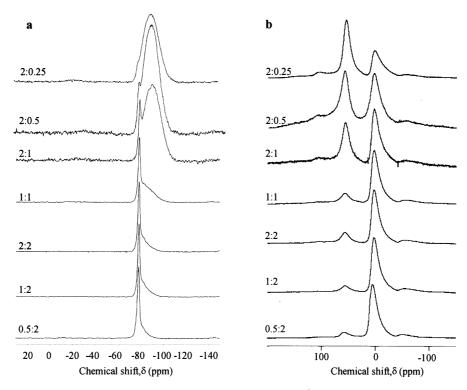


Fig. 1. The influence of different combinations of  $Si(OH)_4$  and Al (units are mmol dm<sup>-1</sup>) in treatment solutions on the structure of precipitated HAS. Representative spectra of two to three replicate samples are shown. (a) <sup>29</sup>Si- CP-MAS NMR. Field strength: 9.4 Tesla. Contact time: 5 ms. Sample spinning speed close to 5 kHz. Acquisition time: 129 ms. Pulse delay: 5 s. Chemical shifts referenced to Q8M8. Each spectrum was collected from 3500 to 5000 scans. (b) <sup>27</sup>Al- HD-MAS NMR. Field strength: 9.4 Tesla. Sample spinning speed close to 4 kHz. Acquisition time: 30 ms. Pulse delay: 1 s. Chemical shifts referenced to 1 M Al( $H_2O$ )<sub>6</sub><sup>3+</sup> solution. Each spectrum was collected from 5000 scans. (Reproduced with permission from [24].)

was formed from the interaction of HAS<sub>A</sub> with excess Si(OH)<sub>4</sub> [24].

# 3. The mechanism of formation of HAS

It has proven to be an easier task to identify the formation of HAS than to elucidate their mechanism of formation. In the early 1990s we proposed that the formation of HAS involved the inhibition of the growth of aluminium hydroxide by the substitution of hydroxylated Al by Si(OH)<sub>4</sub> [22]. Luciuk and Huang had come to the same conclusion almost 20 years earlier [7]! Both groups, and others [5,6,8,9], had observed that the presence of Si(OH)<sub>4</sub> in a saturated solution of Al acted to both increase the proportion of Al that passed through a membrane filter and reduce the fraction of Al that was experimentally defined as being in a monomeric form. The consensus of opinion was that Si(OH)<sub>4</sub> had reacted with a HA template to form HAS which had subsequently grown at a very much reduced rate to that of aluminium hydroxide in equivalent solutions in which Si(OH)<sub>4</sub> was absent. Other consistent observations have been the reduced base-neutralising capacities of Al solutions containing Si(OH)<sub>4</sub> [7,21] and the dependence of the Si:Al ratio of HAS precipitates on the ratio of Si(OH)<sub>4</sub> to Al in parent solutions [9,24].

The recent elucidation of the structures and stoichiometries of two distinct HAS, HAS<sub>A</sub> and HAS<sub>B</sub> [24], which are probably identical to the HAS that have been identified by other means in earlier work will now help in elucidating their mechanisms of formation. For example, it would now seem very likely that the HAS of Si:Al molar ratio of 1.0 identified by Hem and coworkers [5,6] were neither kaolinite nor halloysite but rather an HAS (HAS<sub>B</sub>) in which Al was present as a 50:50 mixture of octahedral and tetrahedral geometries. We also know that this HAS was formed as the result of the continued incorporation of Si(OH)<sub>4</sub> into another HAS (HAS<sub>A</sub>) [24], a reaction that had been alluded to in an earlier publication [7]. A summary of proposed reaction schemes for the formation of the simplest precursors to HASA colloids is presented in Fig. 3. It is interesting that Schemes 1-3 show Si(OH)<sub>4</sub> condensing with hydroxyl or water groups on an aluminium hydroxide framework in which the adjacent Al atoms are joined by two hydroxy bridges. These doublehydroxy bridges are the main repetitive units in the hydrated structures of the crystalline forms of both aluminium hydroxide, such as gibbsite, bayerite and nordstrandite, and a number of aluminosilicates, includ-

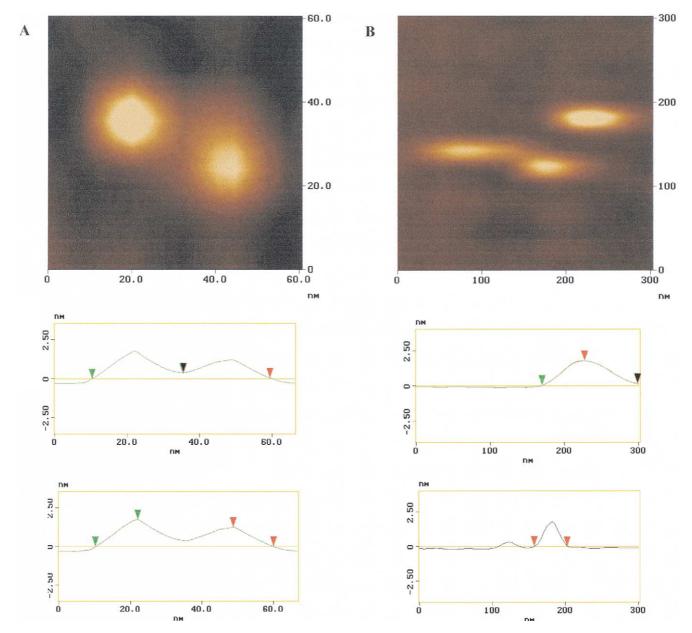


Fig. 2. Close up AFM images of representative individual HAS structures and line profiles representing the section analysis of these two structures: (A) discoid HAS, depth 1–2 nm, diameter 23–25 nm; (B) rectangular HAS, depth 1–2 nm, width 40–45 nm, length 87–170 nm. (Reproduced with permission from [23].)

ing imogolite, kaolinite and halloysite. The HAS that are formed from the interaction of Si(OH)<sub>4</sub> with Al are amorphous to both wide angle and small angle X-ray diffraction spectrometry [5–7,24] and do not show any distinct structural features under the electron microscope [24]. The amorphous nature of HAS has been one of the most consistent observations made by researchers in the field over the years and this must bring into question the appropriateness of reaction schemes which suggest that Si(OH)<sub>4</sub> will condense at or across groups which are supported by a double-hydroxy bridge structure? For example, whilst the crystalline alumino-

silicate imogolite will apparently satisfy much of the structural and stoichiometric data available for  $HAS_A$ , (Si:Al ratio = 0.50; Si coordinated through three Si-O-Al linkages to octahedral Al),  $HAS_A$  is an amorphous mineral with no gross structural similarity to imogolite. It is also easy to imagine how  $Si(OH)_4$  could be trapped within the hexagonal framework of individual gibbsite units through condensation across alternate hydroxy bridges, these units then coalescing to build a structure with a Si:Al ratio of 0.5 (Fig. 4). However, it is difficult to see how the incorporation of  $Si(OH)_4$  in such a structure would lead to a significant reduction in the

Fig. 3. Schematic showing possible reaction schemes for the formation of the precursors to HAS<sub>A</sub> (Scheme 1-4) and HAS<sub>B</sub> (Scheme 5).

growth of the gibbsite (aluminium hydroxide) sheet since the growth sites have not been blocked by the inclusion of Si(OH)<sub>4</sub>. The growth sites would be blocked if the imogolite sheet curled to form tubes. However,

these structures or even fragments of these structures are not formed in HAS prepared at room temperature. Whilst it is has been shown that boiling a solution of an HAS prepared in a similar manner to HAS<sub>A</sub> will result

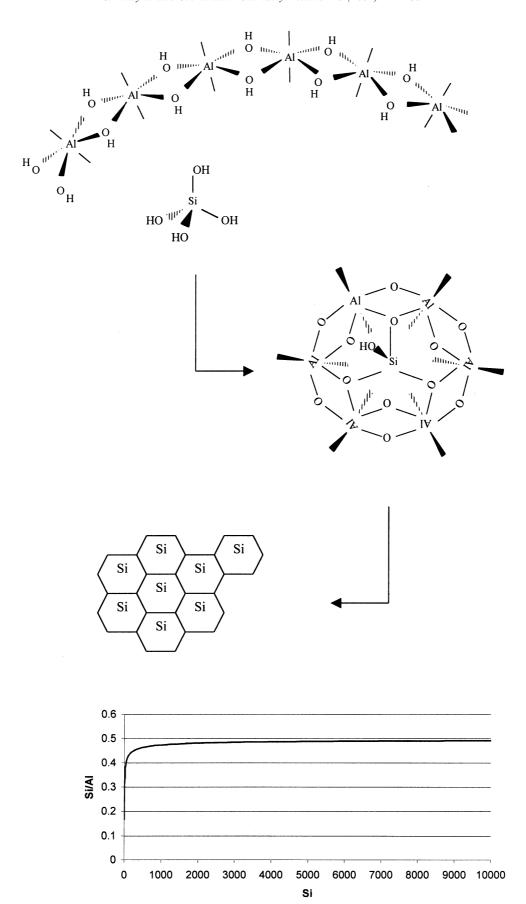


Fig. 4. Schematic showing a possible chain of events leading to the formation of protoimogolite.

in the formation of imogolite [25] this is not direct evidence that HAS<sub>A</sub> has either the structure of imogolite or that it would, in time, form imogolite in the natural environment. It is very likely that the act of boiling will bring with it its own influences on the arrangement and rearrangement of the Si tetrahedra and Al octahedra in producing the extremely stable crystalline phase of imogolite.

It is clear from experiments that the condensation of Si(OH)<sub>4</sub> at growth sites on aluminium hydroxide is competitive with further condensation reactions with HA units. To be competitive the reaction with Si(OH)<sub>4</sub> must be kinetically and thermodynamically preferable. Single replacements of Al-OH or Al-OH<sub>2</sub> with Al-OSi(OH)<sub>3</sub> are unlikely to be competitive. The instability of the putative  $AlSiO(OH)_3^{2+}$  species in competition with OH - is testimony to the unfavoured nature of this reaction in solutions which are saturated with respect to an amorphous aluminium hydroxide phase [12,26]. We have speculated that the initial condensation reaction will involve Si(OH)<sub>4</sub> bridging Al-OH on adjacent Al atoms (Fig. 3; Scheme 4) and that the interaction with Si(OH)<sub>4</sub> will be stabilised further by a third Si-O-Al linkage upon the aggregation of these HAS units [24]. This interaction would favour growth in one particular direction and this is in fact what we have observed for HAS<sub>A</sub> using AFM (Fig. 2). Such a reaction scheme is also supported by titration data which together suggest that the interaction with Si(OH)<sub>4</sub> does not involve any proton release [7,21].

In much of the earlier research on the formation of HAS Si(OH)<sub>4</sub> was present in solutions to excess and we now know that under these conditions the predominant form of HAS would be HAS<sub>B</sub> [24]. The structure of HAS<sub>B</sub> was a surprise and not least because of the high proportion of tetrahedrally coordinated Al but also because of the room temperature dehydroxylation reactions which allowed the further incorporation of Si(OH)<sub>4</sub> into the HAS<sub>A</sub> structure. HAS<sub>B</sub> must have a smaller unit structure than HASA since its growth sites are severely limited by the inclusion of further Si(OH)<sub>4</sub> and the switch in geometry of up to 50% of the coordinated Al. The smaller unit size of HAS<sub>B</sub> was supported by AFM (Fig. 2). However, HAS<sub>B</sub> is likely to be uncharged, at least in acidic solution, and will aggregate much more rapidly than HASA. This explains the ease with which it can be filtered from solution in comparison to both HASA and aluminium hydroxide [24].

There has been up until now only one valid attempt to determine the solubility of HAS formed from the interaction of Si(OH)<sub>4</sub> with Al and this was only applied to HAS equivalent to what has now been identified as HAS<sub>A</sub> [13]. It is likely that this has significantly underestimated the solubility of this HAS and it may turn out that HAS<sub>B</sub> is an even more insoluble HAS. We have

been following the dissolution of both of these HAS for over 18 months now and we have yet to record any measurable release of Al. We are in the process of quantifying the formation and solubility of HAS<sub>A</sub> and HAS<sub>B</sub> and we hope to be able to report on the progress of this research in the near future.

# 4. HAS and the biological availability of Al

It is not yet clear at which level Si(OH)<sub>4</sub> will have a significant impact upon the biological availability, and hence toxicity of Al. There has been much speculation about the amelioration of Al toxicity by Si(OH)<sub>4</sub> though we have found very few experiments which have investigated, indirectly or directly, the toxicity of HAS in biota. We found that this was particularly the case when we applied our criteria for excluding studies in which there was some ambiguity about the reactive form of silicon. Even our own 'seminal' study [27] has failed these criteria as we were unable to guarantee that Si(OH)<sub>4</sub> was the only form of reactive silicon in the stock solutions used in these experiments!

The research which has shown a protective effect of Si(OH)<sub>4</sub> in Alzheimer's disease [28–30] and Al-related renal disease [31] was circumstantial in that it did not demonstrate a direct involvement of HAS. However, it was interesting that each of these studies demonstrated that Si(OH)<sub>4</sub> was only protective at concentrations in excess of 150–200 μmol 1<sup>-1</sup>. The question as to the mechanism of these protective effects has not been answered though it may have involved both non-systemic (e.g. reduced absorption of Al [32]) and systemic (e.g. accelerated excretion of Al [33]) formation of HAS.

Al toxicity in plants was ameliorated by Si(OH)<sub>4</sub> acting, apparently, both ex planta [34] and in planta [35]. In the former study the authors demonstrated a reduced concentration of monomeric Al (total [Al] of 60 and 120  $\mu$ mol 1<sup>-1</sup>) in the presence of 4.0  $\mu$ mol 1<sup>-1</sup> Si(OH)<sub>4</sub> at pH 4.0. However, the low pH of the solution would make it difficult to ascribe the protective effect of Si(OH)<sub>4</sub> to the ex planta formation of HAS. In another study Si(OH)<sub>4</sub> both increased and decreased the toxicity of Al in barley. Again, the low solution pH used in this study (pH 4.2) would probably have prevented any ex planta formation of HAS. The ability of Si(OH)<sub>4</sub> to increase the biological availability of inorganic phosphate in algae in the presence of Al was attributed to the formation of HAS [36]. Al limited the biological availability of phosphate in both a diatom, Navicula pelliculosa, and a green alga, Chlorella vulgaris, and this effect was abolished in the presence of Si(OH)<sub>4</sub> in excess of 100  $\mu$ mol 1<sup>-1</sup>. This prompted the suggestion that a mechanism of silicon essentiality in biology was to maintain the biological availability of phosphate in the presence of Al.

The only experiment to have prepared HAS, identified their presence in solution and, thereafter, tested their toxicity was carried out in fish in acidic water [37]. HAS prepared from stock solutions which included 2.0 mmol  $1^{-1}$  Si(OH)<sub>4</sub> and 1.0 mmol  $1^{-1}$  Al (most probably a mixture of what we now know as HAS<sub>A</sub> and HAS<sub>B</sub>) were, upon being diluted into a fish assay at pH 5.5 to give a total concentration of Al of ca. 13.0  $\mu$ mol 1<sup>-1</sup>, completely non-toxic. The same concentration of Al added from a stock solution in which there was not any Si(OH)<sub>4</sub> resulted in 100% death of fish within 48 h exposure. Clearly preformed HAS which have been allowed to aggregate to a filterable size (ca. > 100 nm) were stable when they were diluted into the fish assay system. What is not yet known is the degree of aggregation that would be required to result in biologically inert HAS.

The formation of HAS is an important control of the biological availability of Al. However, it would seem that this control is mainly geochemical in nature with HAS contributing to Al solubility control in the natural environment [21]. There is some in vitro evidence that the formation of HAS might act directly in limiting the biological availability of Al (for example, in preventing Al being bound by biomolecules [38,39]) though we do not yet have a mechanism to explain how stable HAS might be formed in vivo. The ubiquity of Al in the earth's crust is slowly being matched by the ubiquitous number of applications of Al in modern life. If we are to sustain this 'Al Age' we must ensure that Al will be used safely and its unique inorganic chemistry with Si(OH)<sub>4</sub> may be important in achieving this aim.

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