

Efflux-Mediated Drug Resistance in Bacteria

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Abstract

Drug resistance in bacteria, and especially resistance to multiple antibacterials, has attracted much attention in recent years. In addition to the well known mechanisms, such as inactivation of drugs and alteration of targets, active efflux is now known to play a major role in the resistance of many species to antibacterials. Drug-specific efflux (e.g. that of tetracycline) has been recognised as the major mechanism of resistance to this drug in Gram-negative bacteria. In addition, we now recognise that multidrug efflux pumps are becoming increasingly important. Such pumps play major roles in the antiseptic resistance of *Staphylococcus aureus*, and fluoroquinolone resistance of *S. aureus* and *Streptococcus pneumoniae*. Multidrug pumps, often with very wide substrate specificity, are not only essential for the intrinsic resistance of many Gram-negative bacteria but also produce elevated levels of resistance when overexpressed. Paradoxically, 'advanced' agents for which resistance is unlikely to be caused by traditional mechanisms, such as fluoroquinolones and β -lactams of the latest generations, are likely to select for overproduction mutants of these pumps and make the bacteria resistant in one step to practically all classes of antibacterial agents. Such overproduction mutants are also selected for by the use of antiseptics and biocides, increasingly incorporated into consumer products, and this is also of major concern. We can consider efflux pumps as potentially effective antibacterial targets. Inhibition of efflux pumps by an efflux pump inhibitor would restore the activity of an agent subject to efflux. An alternative approach is to develop antibacterials that would bypass the action of efflux pumps.

Antimicrobial resistance is currently of great concern. Particularly, concerns have heightened over the increasing numbers of pathogenic bacteria that display resistance to multiple antibacterials.^[1,2] Biochemical mechanisms for antimicrobial resistance fall into three major categories: production of hydrolytic or modifying enzymes, alteration of targets such that they are no longer susceptible to antibacterial action, and modification of target accessibility, including permeability barrier and

energy-dependent antibiotic efflux pumps. Resistance genes occur either on the chromosome of wild-type strains or are carried on elements of extraneous origin, such as R plasmids and transposons. Table I summarises the mode of action of, and resistance mechanisms for, important antibacterial agents.

Antibiotic efflux in bacteria was first reported in the late 1970s for tetracyclines,^[3-6] although drug efflux, mediated by P-glycoprotein, was originally

Table 1. Mode of action of antimicrobial agents and mechanisms of antimicrobial resistance

Drug	Bacterial target	Mechanism of resistance
β -Lactams	Cell wall synthesis (PBPs)	β -Lactamases, alteration of PBPs, permeability barrier, active efflux
Aminoglycosides	Protein synthesis (30S ribosome inhibitors)	Aminoglycoside-modifying enzymes (ANT, APH, AAC), alterations of ribosomes, permeability barrier, active efflux
Cationic peptides	Cell membranes	Target alterations, active efflux
Coumarins	DNA synthesis (DNA gyrase B)	Target alterations, active efflux
Chloramphenicol	Protein synthesis (50S ribosome inhibitors)	Acetyltransferase, active efflux
Isoniazid	Fatty acid synthesis	Loss of drug activation, target alteration, efflux?
Glycopeptides	Cell wall synthesis	Target alteration
Macrolides	Protein synthesis (50S ribosome inhibitors)	Target alteration, active efflux
Oxazolidinones	Protein synthesis (50S ribosome inhibitors)	Target alteration, active efflux
Polymyxins	Cell membranes	Alterations of LPS
Quinolones	DNA synthesis (DNA gyrase and topoisomerase IV)	Alterations of DNA gyrase and topoisomerase IV, active efflux
Rifamycins	RNA synthesis (DNA-dependent RNA polymerase)	Alteration of β subunit of RNA polymerase, active efflux
Streptogramins	Protein synthesis (50S ribosome inhibitors)	Target alteration
Sulfonamides	Folic acid metabolism	Target modification, target by-passing, active efflux
Tetracyclines	Protein synthesis (30S ribosome inhibitors)	Active efflux, alteration of ribosomes, drug modification
Trimethoprim	Folic acid metabolism	Target by-passing, active efflux

AAC = *N*-acetyltransferase(s); **ANT** = *O*-nucleotidyltransferase(s); **APH** = *O*-phosphotransferase(s); **LPS** = lipopolysaccharide; **PBPs** = penicillin-binding proteins.

discovered in mammalian cancer cells even earlier.^[7] Since then, efflux-mediated resistance to a wide range of antibacterial agents has been reported in a variety of bacterial species, and a number of efflux determinants have been identified.

Over the past decade, efflux systems that accommodate multiple antibacterials or multidrug efflux pumps have gained much attention. When microbial genome sequences (as of 11 November 2003, 133 were available at the Institute of Genome Research (TIGR) website^[8]) are inspected, very wide distribution of putative drug efflux genes is confirmed. Outside the realm of bacteria, efflux-mediated multidrug resistance (MDR) also occurs in other pathogens such as *Candida albicans* (CaMDR1) and *Plasmodium falciparum* (PfMDR). Many of the multidrug efflux systems actively pump out a variety of compounds that include not only the conventional classes of antimicrobials but also dyes, detergents and organic solvents. Thus, they provide broad defence for bacteria and contribute significantly to intrinsic and acquired MDR.

In recent years, efflux-mediated drug resistance has become one of the most intensively studied topics in the area of antimicrobial therapy and a literature search found more than 5000 references, so not all could be included in this article. In addition to many minireviews, there are reviews^[9,10] and a book^[11] on drug efflux by bacteria.

1. Drug-Specific and Multidrug Efflux Transporters of Bacteria

Antibacterial efflux systems are examples of larger classes of transporters involved in the uptake of essential nutrients and ions, excretion of metabolic end products and deleterious substances, and communication between cells and the environment. Bacterial drug efflux transporters fall into five families. Two of these are very large and ancient superfamilies known as the adenosine triphosphate (ATP)-binding cassette (ABC) superfamily^[12,13] and the major facilitator superfamily (MFS).^[14] The other three are smaller families: the multidrug and toxic compound extrusion (MATE) family,^[15] the small MDR (SMR) family^[16] and the resistance-nodula-

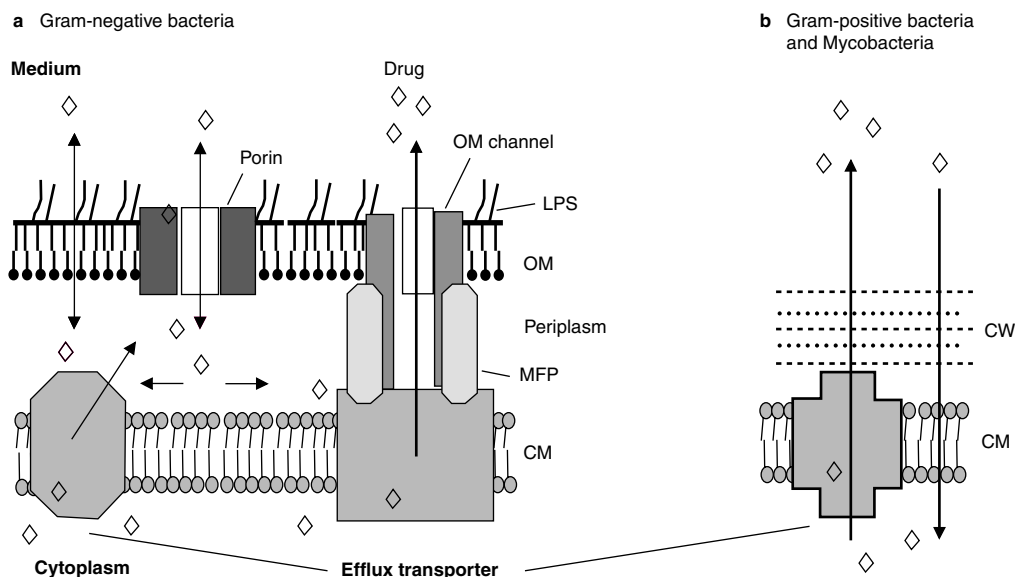


Fig. 1. Schematic models of bacterial drug efflux pumps. Organisation of typical drug efflux machinery in Gram-negative bacteria (**a**) and Gram-positive bacteria (**b**) is shown. In Gram-negative bacteria, drugs traverse the outer membrane (OM) either through the porin channel or through the lipopolysaccharide (LPS)/phospholipid asymmetric bilayer. Once the drug reaches the cytoplasm, they can be expelled into periplasm by simple transporters (shown as an octagon). Drugs are captured either from periplasm or from the outer leaflet of cytoplasmic membrane (CM) by tripartite transport complex that ejects drugs directly into the medium. In Gram-positive bacteria, simple transporters are able to pump out drugs into the medium, as the cell wall (CW) does not offer much resistance to diffusion of small molecules. **MFP** = membrane fusion proteins.

tion-cell division (RND) family.^[17] On the other hand, we can see that the transporters are organised in one of the two ways.^[18] Either they occur as single-component transporters catalysing the efflux of drugs across the cytoplasmic membrane (CM) (also called inner membrane [IM]), or as multiple-component systems containing not only the CM transporters but also the outer membrane (OM) channel proteins (OMP)^[19] and periplasmic membrane fusion proteins (MFP).^[20,21] The three components in the latter type function together to catalyse efflux across both CM and OM (figure 1).

1.1 ATP-Binding Cassette Superfamily

Driven by ATP hydrolysis, ABC transporters are involved in the transport of many substances including sugars, amino acids, ions, drugs, iron complexes, polysaccharides and proteins.^[12,22,23] The ABC transporter of bacteria often consists of an integral membrane protein with typically 6 trans-

membrane α -helical segments (TMSs) and an ATP-binding subunit localised at the cytoplasmic face of the membrane.^[12] The two proteins may be noncovalently associated or covalently linked in a single polypeptide chain, and the complete system usually is a dimer, containing 12 (6 + 6) TMSs. ABC-type drug efflux systems are not very common in bacteria, but include a multidrug pump LmrA of *Lactococcus lactis*^[24] and a drug-specific pump MacAB of *Escherichia coli*.^[25]

1.2 Major Facilitator Superfamily

These transporters include symporters and antiporters, involved in the transport of sugars, metabolites, anions and drugs, and are driven by the electrochemical gradient, typically proton-motive force (PMF).^[14,26,27] The transporters of this family usually function as single-component pumps (e.g. NorA of *Staphylococcus aureus*^[28]), but some in Gram-negative bacteria function with MFP and OM com-

ponents as multiprotein pumps (e.g. the EmrAB-TolC multidrug efflux pump of *E. coli*^[29]). Drug pumps usually belong to a few branches (families) of the superfamily, exhibiting 12- or 14-TMS.^[14] Within each branch, both single drug and multidrug transporters occur, a finding that suggests that there is no fundamental distinction between these two types of pumps.

1.3 Multidrug and Toxic Compound Extrusion Family

The MATE family exhibits a membrane topology similar to the MFS family,^[15] yet shows no homology to members of MFS. The family includes NorM of *Vibrio parahaemolyticus* and YdhE of *E. coli*,^[30] which mediate resistance to cationic dyes, aminoglycosides and fluoroquinolones utilising an electrochemical gradient, often a Na⁺ gradient, as the driving force.

1.4 Small Multidrug Resistance (MDR) Family

The SMR transporters are drug/proton antiporters driven by the PMF. They contain only about 110 amino acid residues and four TMSs, and possibly function in a trimeric form.^[31,32] The well-characterised examples of this family include the Smr protein of *S. aureus*^[33] and the EmrE protein of *E. coli*.^[34] Although they are multidrug pumps, their substrate ranges are limited to lipophilic cations, including antiseptics and disinfectants.

1.5 Resistance-Nodulation-Cell Division Superfamily

Initially thought to be a bacteria-specific family,^[17] the RND family is also found in eukaryotes.^[35] The RND family consists of at least seven distinct subfamilies.^[35] Some members of the RND transporters catalyse drug/proton antiport.^[17] RND drug transporters are typically encoded by chromosomes but heavy metal efflux pumps are often encoded by plasmids.^[36] A recent report identified the first example of RND drug transporter encoded by transmissible plasmids.^[37] It has become clear that RND-type pumps play a major role in both intrinsic and acquired resistance of Gram-negative bacteria to a

variety of clinically relevant antimicrobials.^[38] RND transporters usually form complexes with MFP and OM components and function as multiprotein systems. They possess an unusual topology consisting of 12 TMS with two large, external (periplasmic) loops between TMS1 and 2 and TMS 7 and 8. All RND drug pumps are multidrug transporters, and include AcrB (organised as AcrAB-TolC system) of *E. coli*^[39,40] and MexB (organised as MexAB-OprM system) of *Pseudomonas aeruginosa*.^[41,42]

2. Drug Efflux in Gram-Negative Bacteria

Most Gram-negative bacteria are more inherently resistant to antibacterials than Gram-positive bacteria. Earlier, the only known molecular mechanism that could explain this 'intrinsic resistance' was the OM permeation barrier.^[43] However, the OM alone is not a sufficient explanation because most drug molecules equilibrate, across even the rather impermeable OM of *P. aeruginosa*, in less than a minute.^[43-45] Now it is recognised that the intrinsic drug resistance of Gram-negative bacteria is a result of the cooperation between the OM barrier and the expression of broad-specificity multidrug efflux pumps^[46] (figure 1). Gram-negative bacteria also possess drug-specific efflux pumps which mediate resistance to certain classes of antibacterials.

2.1 *Escherichia coli* and Other Members of Enterobacteriaceae

Living in a natural habitat surrounded by high concentrations of bile salts and other antimicrobial inhibitors, *E. coli* cells are armed with the OM, as well as a wide range of efflux pumps. A survey of *E. coli* genome revealed the presence of at least 37 efflux transporters, either single drug or multidrug, putative or proven, which include 7 ABC, 19 MFS, 1 MATE, 5 SMR and 7 RND transporters.^[47] Nevertheless, the tripartite RND-type AcrAB-TolC system is the predominant pump in terms of efflux of commonly used antibacterial agents.^[18]

In 1965 Nakamura^[48] discovered that the so-called *acr* mutation on the chromosome of *E. coli* results in hypersusceptibility to basic dyes, detergents and antibacterials, which have different struc-

tures and different cellular targets. This phenotype was thought to be due to the increased OM permeability in the mutant but subsequent studies failed to detect alterations in the OM. The cloning and sequencing of the *acrAB* loci eventually revealed that the *acrAB* genes form a single operon and encode a periplasmic, IM-associated lipoprotein AcrA and an integral IM protein AcrB, which together produced acriflavine efflux.^[39] AcrAB functions with an OM protein TolC (which is encoded at a separate location of the chromosome) to form a tripartite transporter.^[40] The AcrAB-TolC efflux system is perhaps the best-characterised RND drug efflux pump to date. The system displays unusually broad substrate specificity, including the majority of clinically important antibacterials and other toxicants (dyes, detergents and organic solvents) [table II]. The system catalyses drug efflux at the expense of PMF as demonstrated by proteoliposome reconstitution.^[49]

E. coli also possesses other RND transporters such as AcrEF, AcrD, YhiUV and MdtABC, which were demonstrated to extrude antibacterials. All these systems (with the possible exception of AcrD^[58]) require TolC as the OM component.^[47] Inactivation of the *acrEF*, *yhiUV* and *mdtABC* (*yegMNOB*) genes does not change drug susceptibility of wild-type *E. coli* under the standard laboratory growth conditions, indicating that these pumps are not expressed to a significant extent in wild type cells.^[47,60,61,88] Originally reported to function as single component pump to efflux aminoglycosides,^[58] the AcrD pump, like its homologue AcrB, was recently found to require AcrA and TolC to perform efflux of at least bile salts and novobiocin.^[59] Deletion of *acrD* renders mutants hypersusceptible to aminoglycosides.^[58] YhiUV-TolC overexpression is associated with resistance to doxorubicin, erythromycin, deoxycholate and crystal violet, and MdtABC mediates resistance to bile salts and novobiocin.^[61,62] Intriguingly, the MdtABC system contains two RND transporters, MdtB and MdtC, which are both required for efflux.

A number of non-RND transporters are present in *E. coli*. Requiring TolC for its activity, EmrAB is an MFS efflux system that contributes to the intrinsic

resistance of *E. coli* to nalidixic acid and carbonyl cyanide *m*-chlorophenylhydrazone (CCCP), a proton conductor. Its overexpression, due to either induction or mutational upregulation, causes increased resistance to nalidixic acid, thiolactomycin, proton uncouplers and ethidium.^[29,89]

Another chromosomally encoded MFS transporter, MdfA (also known as CmlA, Cmr), is a multidrug pump but its substrate range is limited. It provides resistance to chloramphenicol,^[90-92] a compound that is often inactivated enzymatically by a specific chloramphenicol acetyltransferase (CAT), coded by a plasmid gene. MdfA-mediated chloramphenicol/H⁺ antiport has been experimentally demonstrated.^[93] Homologues of MdfA are present, either chromosomally or plasmid-borne, in many Gram-negative bacteria including members of Enterobacteriaceae,^[94-96] as well as *P. aeruginosa*,^[97] where CmlA contributes high-level chloramphenicol resistance. As yet undefined is the role of CmlA in resistance to florfenicol, a fluorinated chloramphenicol analogue that is not subject to CAT inactivation. Florfenicol and chloramphenicol resistance in *Pasteurella piscicida* (a fish pathogen) was due to a transferable plasmid carrying *pp-flo* gene which encodes an MFS protein sharing 50% similarity with CmlA.^[98] Almost identical to *pp-flo* (97% identity), the *floSt* gene was found among *Salmonella enterica* serovar typhimurium isolates and contributed to the dual resistance of the isolates to florfenicol and chloramphenicol.^[99,100] More recently, the *floEc* gene was found on a large plasmid isolated from florfenicol/chloramphenicol-resistant *E. coli* associated with bovine diarrhoea.^[101] Given the 21% identity between Flo_{Ec} and CmlA, Flo most likely functions as an exporter with altered substrate specificity for both florfenicol and chloramphenicol (unpublished observations).

An SMR transporter, EmrE, of *E. coli* is another well-studied efflux pump that provides intrinsic resistance to a number of lipophilic cations such as ethidium and methyl viologen.^[102] A wealth of data exist regarding proton/drug antiport coupling and substrate recognition.^[102-105] Besides EmrE, *E. coli* contains at least four other SMR transporters. Of

Table II. Resistance-nodulation-cell division (RND) family multidrug efflux pumps of Gram-negative bacteria

Organism	Efflux system component			Regulator	Substrate(s)	References
	MFP	RND	OMP			
<i>Acinetobacter baumannii</i>	AdeA	AdeB	AdeC	AdeT, AdeSR	AG, CM, EB, FQ, NO, TC, TM	50
<i>Agrobacterium tumefaciens</i>	IfeA	IfeB	?	IfeR	Coumestrol	51
	AmeA	AmeB	AmeC	AmeR	CB, DC, NO, SDS	52
<i>Bradyrhizobium japonicum</i>	RagD	RagC	?	RagAB	?	53
<i>Berkholderia cepacia</i>	CeoA	CeoB	OpcM		CM, FQ, TM	54
<i>B. pseudomallei</i>	AmrA	AmrB	OprA	AmrA	AG, ML	55
<i>Campylobacter jejuni</i>	CmeA	CmeB	CmeC	Cj0368c	AP, CM, CT, EB, EM, NA, FQ, PR, RF, TC	56
<i>Enterobacter aerogenes</i>	AcrA	AcrB	TolC	AcrR	AC, CM, FQ, MC, NO, SDS, TC	57
<i>Escherichia coli</i>	AcrA	AcrB	TolC	AcrR, MarA, SoxS, Rob, SdiA	AC, BL, BS, CM, CV, EB, FA, ML, NO, OS, RF, SDS, TX	39,40
	AcrA	AcrD	TolC	?	AG, DC, FU, NO	58,59
	AcrE	AcrF	TolC	AcrS	Similar to AcrAB-TolC	60
	MdtA (YegM)	MdtBC (YegNO)	TolC	BaeSR	DC, NO	61,62
	YhiU	YhiV	TolC	EvaAS	DC	63
<i>Haemophilus influenzae</i>	AcrA	AcrB	TolC	?	AC, CV, EB, EM, NO, RF, SDS	64
<i>Neisseria gonorrhoeae</i>	MtrC	MtrD	MtrE	MtrR, MtrA	EB, FA, TX	65,66
	FarA	FarB	MtrE	?	FA, TX	67
<i>Porphyromonas gingivalis</i>	XepA	XepB	XepC	?	AC, EB, PU, RF, SDS	68
<i>Pseudomonas aeruginosa</i>	MexA	MexB	OprM	MexR, NalC (PA3721)	AC, AG, BL, CM, CV, EB, ML, NO, OS, SDS, SF, TC, TM, TR	41,42,69
	MexC	MexD	OprJ	NfxB	CM, CP, FQ, TC, TR	70
	MexE	MexF	OprN	MexT	CM, FQ	71
	MexX (AmrA)	MexY (AmrB)	OprM	MexZ	AG, ML, TC	72-74
	MexH	MexI	OpmD	PA4203?	Vanadium	75
	MexJ	MexK	OprM	MexL	EM, TC, TR	76
<i>P. putida</i>	SrpA	SrpB	SrpC	SrpSR	OS	77
	TtgA/, ArpA/MepA	TtgB/ArpB/MepB	TtgC/ArpC/MepC	TtgR/ArpR/MepR	OS	77-79
	TtgD	TtgE	TtgF	?	OS	80
	TtgG	TtgH	TtgI	?	OS	81
<i>Stenotrophomonas maltophilia</i>	SmeA	SmeB	SmeC	SmeSR	AG, BL, FQ	82
	SmeD	SmeE	SmeF	SmeT	EM, FQ, OS, TC	83,84
<i>Serratia marcescens</i>	?	MexF-like	?	?	FQ	85
<i>Salmonella typhimurium</i>	AcrA	AcrB	TolC	AcrR (STM0477)	BL, FQ	86,87

AC = acriflavine; **AG** = aminoglycosides; **AP** = ampicillin; **BL** = β -lactams; **BS** = bile salts; **CB** = carbenicillin; **CM** = chloramphenicol; **CP** = cephalosporins; **CT** = cefotaxime; **CV** = crystal violet; **DC** = deoxycholate; **EB** = ethidium bromide; **EM** = erythromycin; **FA** = fatty acids; **FQ** = fluoroquinolones; **FU** = fusidic acid; **MC** = mitomycin; **MFP** = membrane fusion proteins; **ML** = macrolides; **NA** = nalidixic acid; **NO** = novobiocin; **OMP** = outer membrane channel proteins; **OS** = organic solvents; **PR** = protamine; **PU** = puromycin; **RF** = rifampicin; **SDS** = sodium dodecyl sulfate; **SF** = sulfonamides; **TC** = tetracyclines; **TM** = trimethoprim; **TR** = triclosan; **TX** = Triton X-100; ? = unknown.

these, SugE (initially known as a suppressor of *groEL* mutations) needs to be overexpressed to reveal its export function.^[106]

Drug-specific transporters occur in *E. coli*. The best-known examples are the plasmid-coded Tet pumps [e.g. TetA(B)] for tetracycline efflux^[107] from the cytosol to the periplasm.^[108] Tet proteins, which are MFS transporters, transport tetracycline-divalent cation complex^[109] and are the principal resistance mechanism for this class of antimicrobials in Gram-negative bacteria. Recently, MacAB was identified as a macrolide-specific pump of *E. coli*, providing resistance to 14- and 15-membered macrolides.^[25] MacA is an MFP and MacB is an ABC protein with four TMS and one nucleotide-binding domain. Thus, unlike all other drug pumps characterised in *E. coli*, this pump belongs to ABC transporters, representing the first example of an ABC transporter for drug efflux in Gram-negative bacteria. MacAB requires TolC for its function. Deletion of *macAB* (*ybjYZ*) genes from wild-type *E. coli* did not alter drug susceptibility,^[88] a result suggesting little expression of MacAB in wild-type cells or the masking of the role of MacAB by the AcrAB-TolC pump, which also pumps out macrolides. Mdl, which probably consists of MdlA and MdlB,^[110,111] is intriguing because the transmembrane domain and the ATPase domain are fused into a single polypeptide as in P-glycoprotein. However, overexpression of *mdlAB* did not increase minimum inhibitory concentrations (MICs) of various drugs.^[47]

2.2 *Pseudomonas aeruginosa* and Other Non-Fermentative Gram-Negative Bacteria

A notoriously opportunistic human pathogen, *P. aeruginosa* causes severe infections, especially in immunocompromised patients. It also infects plants and insects. A well-known feature of *P. aeruginosa* is its high-level intrinsic resistance to a variety of antimicrobial agents. This phenotype requires its low permeability OM^[112] but this is not a sufficient explanation. The discovery of the constitutive Mex AB-OprM multidrug efflux pump in *P. aeruginosa*^[41,42,113] has substantially changed our views on

the intrinsic resistance of *P. aeruginosa* and also served to emphasise the importance of efflux-mediated antibacterial resistance in general.^[112] It is now accepted that the intrinsic and acquired MDR of *P. aeruginosa* involves both the multidrug efflux systems and the low OM permeability.^[46,114,115]

To date, six RND-type multidrug efflux systems have been identified in *P. aeruginosa*: MexAB-OprM,^[41] MexCD-OprJ,^[70] MexEF-OprN,^[71] MexXY (also referred as MexGH- or AmrAB)-OprM,^[72-74] MexJK-OprM,^[76] and MexGHI-OpmD.^[75] Each is encoded by an efflux operon, and contains an RND transporter (MexB, MexD, MexF, MexX, MexK or MexI) in IM, an OM channel protein (OprM, OprJ, OprN or OpmD) and a periplasmic MFP (MexA, MexC, MexE, MexY, MexJ, MexH). In addition, the *P. aeruginosa* genome sequences reveal the presence of several additional RND-type systems.^[116]

2.2.1 MexAB-OprM

The MexAB-OprM system was originally identified during a study of siderophore-mediated iron transport systems.^[41,113] At the same time, accumulation assays of radiolabeled tetracycline, chloramphenicol, norfloxacin and β -lactams in intact cells of *P. aeruginosa* indicated that even wild-type strains can effectively pump out these antimicrobials, and that the efflux process is PMF-driven.^[42,44,45] Inactivation of any components of MexAB-OprM inactivates the drug efflux and leads to a multidrug hypersusceptibility phenotype, indicating that this system is responsible for the intrinsic resistance.^[42]

The overexpression of MexAB-OprM, causing acquired, elevated levels of MDR, is seen in at least two types of mutants, *nalB* and *nalC*, selected either *in vitro* or *in vivo*.^[117-120] The MexAB-OprM system has the broadest substrate specificity amongst the known multidrug efflux pumps of *P. aeruginosa*. Those antimicrobial agents that have been confirmed as substrates include various β -lactams (including β -lactamase inhibitors), older and newer quinolones, macrolides, tetracyclines (including the recent derivative, tigecycline), chloramphenicol, novobiocin, sulfonamides, trimethoprim, cerulenin and thiolactomycin.^[42,44,45,121-123] Moreover, the sub-

strates include non-antibiotic compounds such as dyes (acridine orange, acriflavine, crystal violet and ethidium bromide), detergents, triclosan and organic solvents.^[123-127] The overproduction or deletion of MexAB system, however, does not strongly affect the MIC of imipenem, a carbapenem,^[128] and this is in part due to the presence of the OprD channel in the OM which permits rapid penetration of imipenem,^[129] a process that may overwhelm the efflux. However, the antipseudomonal activity of other carbapenems such as panipenem and meropenem can be strongly influenced by the MexAB-OprM pump.^[117,130,131]

OprM, like its homologue TolC, can function in multiple efflux systems. Firstly, OprM works not only with MexAB^[42] but also independently of MexAB.^[132] In the latter case, OprM may function with MexXY^[72-74] or MexJK.^[76] Secondly, OprM can functionally replace the role of either OprJ of MexCD-OprJ or OprN of MexEF-OprN efflux systems, without affecting substrate profiles of these systems.^[133,134] Some yet uncharacterised *P. aeruginosa* RND transporter genes lack linked genes for OM components^[116] and perhaps OprM may work with those transporters as a universal OM channel.

Some scientists suspect that multidrug pumps function in the efflux not only of antimicrobial compounds but also of 'physiological' compounds made by the cells themselves. *P. aeruginosa*, like other bacteria, produces *N*-acyl homoserine lactones which diffuse into other cells of population and activate many processes, such as the production of pyocyanine, elastase, etc.,^[135] thereby, serving as quorum-sensing signals.^[136] Studies showing the connection between the MexAB-OprM and the diffusion in and out of *N*-acyl homoserine lactones therefore attracted much attention.

Pearson et al.^[137] examined the entry of labelled *N*-(3-oxododecanoyl) homoserine lactone (3OC₁₂-HSL) and a shorter chain *N*-butyryl homoserine lactone (C₄-HSL) into non-growing *P. aeruginosa* cells. The entry of the latter was not affected by the presence of MexAB-OprM but that of the former, a more lipophilic compound, was limited by efflux catalysed by MexAB-OprM, as

expected. (The authors' conclusion that "*P. aeruginosa* is not freely permeable to 3OC₁₂-HSL" is phrased in an unfortunate, misleading manner. Any lipophilic, uncharged compound is capable of freely entering and leaving bacterial cytosol, as predicted by physical chemistry.) Perhaps the emphasis on MexAB-OprM-catalysed acceleration of secretion of a 'natural' compound^[137] (a phenomenon expected to occur but for which there are no data) created a (mistaken) impression, often cited,^[75] that MexAB-OprM is necessary for, or at least enhances, the quorum sensing.

An earlier study by Evans et al.^[138] shows the situation to be contrary to this interpretation. They found that a *growing population* of MexAB-OprM-overproducing strain was defective in producing quorum-sensing response, including pyocyanine and elastase production, and was incapable of accumulating high levels of 3OC₁₂-HSL in the medium. The latter response occurs because in a successful quorum-sensing response, initially unstimulated cells become stimulated by the signal from the outside and then become producers of quorum sensing signals.

Thus, overproduction of MexAB-OprM, a very broad spectrum pump, prevents the entry of most lipophilic compounds (including, accidentally, quorum-sensing signals) from the medium. These data do not show that the efflux of endogenous quorum-sensing signals is the natural function of MexAB-OprM. Very interestingly, MexAB-OprM-deficient mutants were recently shown to be significantly less invasive *in vivo*.^[139] Although Hirakata et al.^[139] speculate that the pump extrudes "virulence factors", we cannot rule out other alternative interpretations at present.

2.2.2 MexCD-OprJ

Unlike MexAB-OprM, MexCD-OprJ is apparently not expressed in wild-type *P. aeruginosa* under normal laboratory conditions and disruption of the *mexCD-oprJ* operon does not alter antibacterial susceptibility.^[70,124] Overexpression of this operon in *nfxB*-type mutants significantly increases resistance to quinolones, tetracycline, chloramphenicol and fourth-generation cephalosporins such as

cefepime and ceftiofime.^[70,128] Similar to MexAB-OprM, the substrates for MexCD-OprJ also include other compounds, including cerulenin,^[123] triclosan,^[140] acriflavine, ethidium bromide and rhodamine 6G,^[141] and organic solvents.^[125] Still, the *nfxB*-type mutants show variability in antibacterial resistance patterns which can be classified into type A and type B. Type A mutants are resistant to ofloxacin, erythromycin and new zwitterionic cephalosporins (i.e. ceftiofime, cefclidin, ceftiofime and cefoselis), and type B mutants are resistant to these agents as well as to tetracycline and chloramphenicol. However, type B mutants are four to eight times more susceptible to many conventional penicillins (e.g. carbenicillin), atypical β -lactams (e.g. moxalactam and aztreonam), carbapenems (e.g. imipenem and biapenem) and aminoglycosides (e.g. gentamicin and kanamycin) than the wild-type PAO1.^[142] This hypersusceptibility is probably due to the down-regulation of the MexAB-OprM system^[143,144] and the AmpC β -lactamase^[145] in the MexCD-OprJ-overproducing mutants. Decreased MexAB-OprM expression would also decrease activity of the MexXY pump, which requires OprM for extruding aminoglycosides (see section 2.2.4). MexCD-OprJ expression can be induced by some non-antibiotic compounds including ethidium bromide, acriflavine, tetraphenylphosphonium and rhodamine 6G, all of them substrates of MexCD-OprJ.^[141]

2.2.3 MexEF-OprN

The *mexEF-oprN* system also is not expressed in wild-type strains of *P. aeruginosa* and disruption of the *mexEF-oprN* genes produces no alteration in antibacterial susceptibility.^[71] MexEF-OprN is highly expressed in *nfxC* mutants, which show increased resistance to chloramphenicol, quinolones and trimethoprim.^[71] Imipenem resistance is also seen in *nfxC* mutants, although this is apparently due to the downregulation of OprD expression.^[146] Overproduction of MexEF-OprN affects quorum sensing, as we have seen with MexAB-OprM overexpression,^[138] but interestingly the level of a short-chain signal, C4-HSL, is more strongly affected in this system.^[147]

2.2.4 MexXY-OprM

Without a gene for an OM protein linked to the *mexXY* operon, the MexXY system utilises OprM of the MexAB-OprM system.^[72,73] Initial expression study in *E. coli* showed resistance to fluoroquinolones and macrolides,^[73] but MexXY, together with OprM, was shown to provide natural resistance to aminoglycoside antibacterials in *P. aeruginosa*.^[72] Overexpression of the MexXY-OprM pump is probably responsible for aminoglycoside resistance in 'impermeability type' clinical isolates.^[74]

2.2.5 MexJK-OprM and MexHI-OpmD

MexJK pump is not expressed in wild-type cells.^[76] While MexJK requires OprM for extruding ciprofloxacin, erythromycin and tetracycline, it functions apparently independently of OprM for triclosan resistance.

MexGHI-OpmD contains an MFP MexH (mistakenly called an RND transporter), an RND transporter MexI (mistakenly called an MFP member), an OM channel OpmD and, in addition, a small integral membrane protein of unknown function, MexG.^[75] This system is operative in wild-type cells and mediates resistance to vanadium^[75] (vanadyl cation (VO²⁺) was added to the medium). Interestingly, *mexGHI-opmD* null mutants show increased resistance to tetracycline, netilmicin and ticarcillin plus clavulanic acid, and this may be due to the compensating overexpression of other MDR pumps.^[75,143] Possibly the same explanation applies to the lowered production in the growing culture of *N*-acyl homoserine lactones^[75] and the data do not support the conclusion of Aendekerk et al.^[75] that this system is involved in the transport of these signalling compounds.

2.2.6 Organisms Related to *P. aeruginosa*

Stenotrophomonas maltophilia, *Burkholderia cepacia* and *B. pseudomallei* display high-level intrinsic resistance to many antibacterial agents. Multidrug efflux systems were found in *S. maltophilia*.^[148,149] Many MDR mutants selected *in vitro* and several clinical isolates were shown to overexpress an OM protein (SmeM),^[149] which cross-reacted with antibodies against OprM of *P. aeruginosa*. Zhang et al.^[83] recently demonstrated

that the *SmeM*-overproducing strains overexpress *SmeDEF*, a tripartite multidrug efflux system^[83,84,150] that contains an RND pump. This system is expressed in wild-type cells, and contributes to the intrinsic resistance to fluoroquinolones, tetracyclines, chloramphenicol, macrolides and a limited number of β -lactams, as well as dyes.^[83] In addition, five genes arranged in two operons (*smeABC* encoding an RND-type efflux pump complex and *smeSR*, a two-component regulatory system) were identified in *S. maltophilia*.^[82] Overproduction of *SmeC*, possibly in conjunction with another, as yet unidentified efflux system but not *SmeAB*, is associated with elevated resistance to β -lactams, aminoglycosides and fluoroquinolones.^[82]

Multiple drug-resistant strains of *B. cepacia*, an opportunistic human pathogen, were selected with chloramphenicol and trimethoprim/sulfamethazole, and alterations in the OM protein profiles of these mutants were noted. Previously attributed to the low OM permeability,^[151] the resistance of these mutants is now known to be mediated via an efflux system, *CeoAB-OpcM*, which is highly homologous to *MexAB-OprM*.^[154] Recently, two types of MDR mutants of *B. cepacia* were obtained *in vitro*.^[152] Type I mutants were similar to the *CeoAB-OpcM* overproducers and resistant to quinolones, chloramphenicol and trimethoprim, whereas type II mutants were resistant to quinolones and β -lactams.^[152] *B. cepacia* probably also possesses other MDR pumps.

A multidrug efflux system, *AmrAB-OprA*, which is responsible for aminoglycoside and macrolide resistance, was identified in *B. pseudomallei*.^[55] Inactivation of the efflux system rendered the mutants 8- to 120-fold more susceptible to aminoglycosides and macrolides,^[55] suggesting that it provides intrinsic resistance to these antibacterials.

P. putida, a soil bacterium, was shown to possess up to four RND-type efflux pumps, (*SrpABC*,^[77] *TtgABC*,^[78,153] *TtgDEF*,^[80] and *TtgGHI*^[81]) [table II], that mediate organic solvent tolerance. Given that these proteins display strong similarity to components of *MexAB-OprM* of *P. aeruginosa*, it is likely that some of these efflux pumps also provide resistance to antibacterials. Indeed, a *tigB* mutant

showed increased susceptibility to ampicillin, chloramphenicol and tetracycline.^[78]

2.3 *Neisseria* spp

Mutations in multiple transferable resistance gene (*mtrR*) provide the human pathogen *Neisseria gonorrhoeae* with resistance to antibacterials, detergents and dyes.^[154] Contrary to the initial assumption of increased OM barrier function,^[155,156] it is now known that *mtrR* mutations increase expression of the *MtrCDE* efflux system,^[65,157] which contains an RND family transporter (table II). Using the PMF, *MtrCDE* expels many hydrophobic agents, including antibacterials (e.g. penicillins, macrolides and rifamycins), detergents (Triton X-100, spermidide nonoxynol-9), bile salts and steroid hormones.^[65,157-160] A survey of 51 consecutive clinical isolates obtained from males with acute gonococcal urethritis revealed that about half of these isolates displayed decreased susceptibility to azithromycin and erythromycin due to elevated *MtrCDE* expression.^[161] Isolates from rectal infections often have the resistance profile mediated by the *mtr* system,^[162,163] supporting the notion that at this site the presence of free fatty acids and bile salts promotes the selection of the *MtrCDE* overproducers.^[65] *N. gonorrhoeae* possesses another RND efflux system, *FarAB-MtrE*, which is homologous to *MtrCDE* and is involved in the fatty acid resistance.^[67] Not surprisingly, the homologues of the *MtrCDE* efflux systems were also identified in *N. meningitidis*.^[164]

2.4 *Vibrio cholerae*

A Gram-negative enteric pathogen, *V. cholerae* is the causative agent of cholera. Antimicrobial resistance, including MDR, is already known in *V. cholerae*.^[165] Two different drug-efflux pumps, *VceAB* (an MFS pump) and *VcmA* (a MATE pump), have been described (table III),^[166,167] and these two pumps, when expressed in *E. coli*, were able to extrude quinolones and other antibacterial agents. Increased norfloxacin efflux was identified in fluoroquinolone-resistant clinical isolates.^[168]

Table III. Non-resistance-nodulation-cell division family multidrug efflux pumps of Gram-negative bacteria

Organism	Family	Efflux system	Substrate(s)	References
<i>Bacteroides thetaiotaomicron</i>	MATE	BexA	EB, FQ	169
<i>Burkholderia cepacia</i>	MFS	BcrA	NA, TC	170
<i>B. vietnamiensis</i>	MATE	NorM	NF, PM	171
<i>Escherichia coli</i>	ABC	MacAB-TolC	ML	25
	MFS	EmrAB-TolC	CCCP, EB, TL	29,89
	MFS	EmrKY-TolC	DC	172
	MFS	EmrD	CCCP	173
	MFS	Dep	BM, CM, TC	174
	MFS	MdfA/Cmr/CmlA	CM, EB, IPTG, PU, RD, RF, TC, TPP	90,91
	MATE	YdhE	AC, FQ, TPP	30
	SMR	EmrE	AC, EB, MV, QAC	175
	SMR	SugE	QAC	106
	SMR	TehAB	DL, EB, KT, MV, PF	176
<i>Pseudomonas aeruginosa</i>	SMR	EmrE	AC, AG, EB	177
<i>Salmonella enterica</i> serovar Typhimurium	MFS	SmvA-OmpD	MV	178,179
	MFS	YddG-OmpD	MV	179
<i>Vibrio cholerae</i>	MFS	VceAB	CCCP, DC, NA, PCP, PMA	167
	MATE	VcmA	AC, DA, DO, EB, FQ, KM, SM	166
<i>V. parahaemolyticus</i>	MATE	NorM	EB, FQ, KM, SM	30

ABC = adenosine triphosphate-binding cassette superfamily; **AC** = acriflavine; **BM** = bicyclomycin; **CCCP** = carbonyl cyanide *m*-chlorophenylhydrazone; **CM** = chloramphenicol; **DA** = daunorubicin; **DC** = deoxychlorate; **DL** = dequalinium; **DO** = doxorubicin; **EB** = ethidium bromide; **FQ** = fluoroquinolones; **IPTG** = isopropyl- β -D-thiogalactopyranoside; **KM** = kanamycin; **KT** = potassium tellurite; **MATE** = multidrug and toxic compound extrusion; **MFS** = major facilitator superfamily; **ML** = macrolides; **MV** = methyl viologen; **NA** = nalidixic acid; **NF** = norfloxacin; **PCP** = pentachlorophenol; **PF** = proflavine; **PM** = polymyxins; **PMA** = phenylmercuric acetate; **PU** = puromycin; **QAC** = quaternary ammonium compounds; **RD** = rhodamine; **RF** = rifampicin; **SM** = streptomycin; **SMR** = small multidrug resistance; **TC** = tetracyclines; **TL** = thiolactomycin; **TPP** = tetraphenylphosphonium.

3. Drug Efflux in Gram-Positive Bacteria

Antibacterial resistance has become a major issue in Gram-positive bacteria, particularly with the emergence of methicillin-resistant *S. aureus* (MRSA), vancomycin-intermediate *S. aureus* (VISA), vancomycin-resistant enterococci (VRE) and penicillin-resistant streptococci.^[180,181] Resistance is caused by multiple mechanisms (table I). But the contribution of efflux, especially to fluoroquinolone and macrolide resistance, has clearly undermined the use of these agents against Gram-positive bacteria. Compared with the cell envelope of Gram-negative bacteria, the cell envelope of Gram-positive bacteria has a relatively simple structure that contains a CM and a usually thick layer of peptidoglycan. Therefore, the efflux pumps of Gram-positive bacteria are simpler in organisation and have only one component located in the CM (figure 1; table IV). Both drug-specific and mul-

tidrug efflux pumps have been described in Gram-positive bacteria as detailed in this section.

3.1 *Staphylococcus aureus*

Staphylococcal infections account for a significant proportion of hospital-acquired infections.^[208] Efflux pumps of *S. aureus* were first reported to be encoded on several *S. aureus* multidrug-resistant plasmids that code for multidrug efflux transporters, including QacA (an MFS member)^[209,210] and Smr (an SMR member).^[33] These are some of the earliest multidrug pumps studied. They are responsible for antiseptic and disinfectant resistance,^[33,196] a feature important in *S. aureus* as a nosocomial pathogen. A survey of 98 clinical isolates of MRSA revealed that 70% of the strains were antiseptic-resistant. One-third of the antiseptic-resistant strains carried *qacA* and/or *smr* genes usually on plasmids,^[211] highlighting the clinical relevance of the efflux mechanism.

Table IV. Drug efflux pumps of Gram-positive bacteria and Mycobacteria

Organism	Family	Efflux system	Substrate(s)	References
Gram-positive bacteria				
<i>Bacillus subtilis</i>	MFS	Blt	AD, EB, DO, FQ, RD, TPP	182,183
	MFS	Bmr	AD, EB, DO, FQ, RD, SD, TPP	182-184
	SMR	EbrAB	AC, EB, PY, SO	185
<i>Enterococcus faecalis</i>	ABC	ABC7	DA, DO, EB, OF	186
	ABC	ABC 11	CH, PT	186
	ABC	ABC 16	AZ, CR, EM	186
	ABC	ABC 23	QD, VM	186
	ABC	Lsa	CL, QD	187
	MFS	EmeA	AC, CL, EB, EM, FQ, NO	188
	?	?	CM, NF, TC	189
<i>Lactococcus lactis</i>	ABC	LmrA	DA, DO, EB, OL, RD, VB, VC	190
	MFS	LmrP	CL, ML, PG, TC	191
	MFS	MdtA ^a	LA, ML, SG, TC	192
<i>Listeria monocytogenes</i>	MFS	MdrL	CX, EB, ML	193
<i>Staphylococcus aureus</i>	ABC	MsrA	ML	194
	MFS	NorA	FQ	28,195
	MFS	QacA ^a	AC, CH, CV, DD, EB, QAC	196
<i>Streptococcus agalactiae</i>	MFS	MreA	CL, ML	197
<i>S. pneumoniae</i>	MFS	PmrA	FQ	198
	MFS	MefE	ML	199
<i>S. pyogenes</i>	MFS	MefA	ML	200
Mycobacteria				
<i>Mycobacterium fortuitum</i>	MFS	Tap	AG, TC	201
<i>M. smegmatis</i>	MFS	LfrA	FQ, EB	202
	?	?	Isoniazid	203
<i>M. tuberculosis</i>	ABC	DrrAB	DA, DO, EB	204
	MFS	EfpA	?	205
	MFS	P55	AG, TC	206
	MFS	Tap	TC	201
	SMR	Mmr	AC, EB, EM, TPP	207

a The genes encoding these pumps are plasmid-borne.

ABC = adenosine triphosphate-binding cassette superfamily; **AC** = acriflavine; **AD** = acridine dyes; **AG** = aminoglycosides; **AZ** = azithromycin; **CH** = chlorhexidine; **CL** = clindamycin; **CM** = chloramphenicol; **CR** = clarithromycin; **CV** = crystal violet; **CX** = cefotaxime; **DA** = daunorubicin; **DD** = diamidines; **DO** = doxorubicin; **EB** = ethidium bromide; **EM** = erythromycin; **FQ** = fluoroquinolones; **LA** = lincosamides; **MFS** = major facilitator superfamily; **ML** = macrolides; **NF** = norfloxacin; **NO** = novobiocin; **OF** = ofloxacin; **OL** = olchicine; **PG** = ptogramins; **PT** = pentamidine; **PY** = pyronine Y; **QAC** = quaternary ammonium compounds; **QD** = quinupristin-dalfopristin; **RD** = rhodamine; **SD** = spermidine; **SG** = streptogramins; **SMR** = small multidrug resistance; **SO** = safranin O; **TC** = tetracyclines; **TPP** = tetraphenylphosphonium; **VB** = vinblastine; **VC** = vincristine; **VM** = virginiamycin; **?** = unknown.

A chromosomally-encoded multidrug efflux pump, NorA, was identified in *S. aureus* in 1990.^[28] This pump, an MFS member, extrudes quinolone compounds and contributes to low-level quinolone resistance.^[28,212,213] In many studies (for example, see Ng et al.^[213]), NorA was shown to produce resistance only to more hydrophilic fluoroquinolones and was totally ineffective against lipophilic

compounds such as sparfloxacin (efflux of quinolone compounds by both Gram-positive and Gram-negative bacteria was reviewed by Piddock^[214] and Poole^[215,216]). Purified NorA was recently reconstituted into proteoliposomes in which NorA-mediated proton-dependent drug transport was demonstrated.^[217] Because *norA* is weakly expressed in wild-type cells, the NorA-mediated resistance is depen-

dent on the induced or mutational up-regulation of the *norA* expression.^[218] Indeed, mutations in *norA* promoter confer fluoroquinolone resistance.^[219,220]

Expression of *norA* is also affected by a two-component system.^[195] Besides NorA, at least ten putative proteins that share sequence homology with NorA have been identified within the *S. aureus* genome.^[221] One such transporter provides resistance to fluoroquinolones and monocationic organic compounds such as acriflavine, ethidium and tetraphenylphosphonium bromide, and the pump expression is also induced by its substrates.^[221] Non-NorA-mediated efflux mechanism was also reported in clinical isolates.^[222] Together with other resistance mechanisms such as target alterations, the NorA and other efflux pumps can produce high level fluoroquinolone resistance in *S. aureus*.^[222-224]

Resistance to macrolides and streptogramin B involves an ABC transporter system, which includes MsrA that corresponds to two ATP-binding domains.^[194] Originally identified in an *S. epidermidis* plasmid,^[225] MsrA has been found in other staphylococcal species, including *S. aureus*.^[194] Although the transmembrane component of the MsrA-containing efflux system has not been identified, this pump clearly provides resistance to 14-membered (clarithromycin, dirithromycin, erythromycin and roxithromycin) and 15-membered (azithromycin) macrolides and streptogramin B.^[194,225,226] The resistance is inducible by these macrolide substrates but not streptogramin B. Clindamycin is neither a substrate nor an inducer, and thus the MsrA strains are fully susceptible to this antibacterial.^[227] In a recent European survey, the *msrA*-related resistance occurred in 13% of *S. aureus* isolates.^[228]

3.2 Streptococci

A leading cause of bacterial respiratory infections, *Streptococcus pneumoniae* has shown increasing resistance to β -lactams, macrolides, quinolones and tetracyclines.^[180,229] Although resistance in *S. pneumoniae* is often related to target alterations, such as in penicillin-binding proteins (PBPs) [for penicillin resistance] or DNA gyrase/topoisomerase IV (for quinolone resistance), efflux pumps

clearly make an important contribution.^[229-231] For example, 45% of 273 ciprofloxacin-resistant clinical isolates owed their resistance largely to efflux.^[232] Ethidium-bromide-resistant *S. pneumoniae* mutants selected in the laboratory display cross-resistance to fluoroquinolones and this resistance can be reversed by the efflux pump inhibitor (EPI) reserpine (see section 10.2), again indicating the involvement of a multidrug transporter in this organism.^[233] Active efflux of ciprofloxacin was documented in both wild-type and resistant strains of *S. pneumoniae*.^[234-236] Initially identified in 1999,^[198] the PmrA pump is a homologue of NorA of *S. aureus* (24% identity) and produces resistance to fluoroquinolones and dyes.^[198,237,238] Disruption of *pmrA* in wild-type strains does not alter drug susceptibility, suggesting that the gene is not likely to be expressed in wild-type cells.^[198] As with NorA, PmrA-mediated efflux could be inhibited by reserpine. Studies also suggest the presence of additional multidrug transporters in *S. pneumoniae*.^[238,239]

Efflux pumps also play an important role in macrolide resistance in *S. pneumoniae*. In the genus *Streptococcus*, *mef(A)* genes encode an MFS efflux pump that can be found in clinical isolates of *S. pneumoniae*, *S. pyogenes* and in other species of streptococci (oral streptococci, group C and G streptococci, and *S. agalactiae*).^[227] The MefA pump was originally identified in *S. pyogenes*,^[200] while its homologue, MefE, was reported later in *S. pneumoniae*.^[199] The two pumps are substrate-specific pumps mediating resistance to 14- and 15-membered macrolides but not to 16-membered macrolides, lincosamides or analogues of streptogramin B.^[199,200,240] Thus the *mef*-mediated efflux systems produce a characteristic resistance pattern that can be readily distinguished by susceptibility data.^[241,242]

3.3 Enterococci

Enterococci are the constituent of normal human flora, typically colonising the intestinal tract and skin. However, they are capable of causing diseases as opportunistic pathogens. Over the past decade, MDR enterococci have emerged and they constitute

a serious threat to public health.^[243,244] Resistance in enterococci often seems to be the result of target alterations, as with vancomycin and fluoroquinolones.^[245] Still, enterococci are inherently far more resistant to numerous antibacterials, including fluoroquinolones, than most Gram-positive bacteria, suggesting the presence of efflux mechanism. Efflux of fluoroquinolones and chloramphenicol was, in fact, demonstrated in wild-type cells of *E. faecalis* and *E. faecium*.^[189] Also, 34 potential drug-efflux genes were identified in the *E. faecalis* genome.^[186,188] Among them, EmeA, a NorA homologue, was recently shown to provide resistance to norfloxacin and ethidium bromide, and the efflux could be reversed by known efflux inhibitors such as reserpine, lansoprazole and verapamil.^[188] Genome-wide inactivation of the putative efflux pumps yields evidence that several pumps have different but somewhat overlapping broad substrate profiles and contribute to intrinsic resistance of this organism^[186] (table IV).

3.4 *Bacillus subtilis*

Although a non-pathogenic organism, *Bacillus subtilis* is an excellent model for studying resistance in Gram-positive bacteria. Two multidrug pumps, Bmr and Blt, have been well studied, including their mechanisms, substrate profiles,^[246] putative physiological function^[184] and regulation.^[182,183,247,248] The knowledge on these pumps has helped us greatly to understand drug efflux pumps in general. Bmr and Blt are homologous to NorA, and thus belong to MFS.^[249] Bmr is constitutively expressed in wild-type cells to mediate intrinsic resistance, but Blt expression requires mutational or physiological upregulation. Substrates for these two pumps include fluoroquinolones and non-antibiotic compounds such as ethidium bromide and energy inhibitors.

3.5 *Lactococcus lactis*

L. lactis is important in the food industry. The studies on the *L. lactis* multidrug efflux pumps LmrA and LmrP^[250,251] provide us with excellent examples for understanding the molecular mechanisms of drug efflux. LmrA was the first multidrug

ABC transporter identified in bacteria.^[252] It has a putative topology of six α -helical transmembrane segments in the N-terminal domain, followed by a large hydrophilic domain containing the ATP-binding site. LmrA functions as a homodimer that resembles human P-glycoprotein in topology and in which the two membrane domains form the solute translocation path.^[253,254] Interestingly, LmrA was successfully expressed in human lung fibroblast cells and complemented the P-glycoprotein defect.^[255] LmrA captures amphiphilic substrates from the inner leaflet of CM and extrudes them into the external medium, a mechanism sometimes referred to as 'hydrophobic vacuum cleaner'.^[190,256] Substrates of LmrA include anticancer drugs, DNA intercalators, peptides and many other lipophilic compounds^[250] (table IV). When overexpressed in a drug-hypersusceptible *E. coli*, LmrA shows increased resistance to 17 of 21 clinically used antibacterials, including aminoglycosides, lincosamides, macrolides, quinolones, streptogramins and tetracyclines^[257] (table IV).

In addition to LmrA, *L. lactis* possesses an MFS efflux pump, LmrP.^[24,191] It shows a broad substrate specificity, including not only lipophilic cations (such as daunomycin, ethidium bromide, rhodamine 123 and tetraphenylphosphonium)^[258] but also clinically relevant antibacterials (such as 14- and 15-membered ring macrolides, lincosamides, streptogramins and tetracyclines).^[259] Like LmrA, LmrP was shown to function as a 'hydrophobic vacuum cleaner'.^[256]

4. Drug Efflux in Mycobacteria

Mycobacterium tuberculosis causes infections in one-third of world population.^[260] Mycobacteria are Gram-positive bacteria that are intrinsically highly resistant to a variety of antibacterials,^[261] and this property is attributed, at least in part, to the unique cell wall structure. The cell wall of mycobacteria is rich in unusual lipids, including long chain (C60-C90) mycolic acids, which are covalently linked to the peptidoglycan-associated polysaccharide, arabinogalactan. Moreover, mycobacterial porins, the water-filled channel proteins which form

the hydrophilic permeation pathways, are sparse.^[262] A major porin of *M. smegmatis*, MspA, was recently reported to form a tetrameric complex with a single central pore.^[263] The density of the MspA pores in *M. smegmatis* envelope was 50-fold lower than that of porins in *E. coli* OM.^[263] Thus mycobacterial cell wall functions as a permeation barrier that is probably more effective than the OM of Gram-negative bacteria.^[264]

The first mycobacterial MDR efflux pump, LfrA, was identified in 1996 in *M. smegmatis*.^[202] Since then, several other mycobacterial drug efflux pumps have been reported but most are still not well characterised. LfrA is an MFS member, homologous to QacA of *S. aureus*, and when expressed on a plasmid it mediates low-level resistance to fluoroquinolones and other compounds, including ethidium bromide.^[202,265] Inactivation of the chromosomal *lfrA* gene makes the mutant more susceptible to norfloxacin, ciprofloxacin and ethidium bromide (2- to 16-fold decrease in MIC values) [unpublished observations].^[266] *M. smegmatis* carrying the cloned *lfrA* gene on plasmids seems to generate high-level resistant mutants more readily. Thus, short-term resistance mediated by *lfrA* may aid the development of permanent, high-level fluoroquinolone resistance.^[202]

In *M. tuberculosis*, a gene encoding an MFS efflux pump, EfpA, was reported, and the *efpA*-homologous genes appear to be widely distributed in mycobacteria.^[205] Still, the role of EfpA in drug resistance as well as its substrate specificity has not been established. Interestingly, genome-wide microarray analysis of the *M. tuberculosis* genes revealed that the *efpA* expression was increased in the presence of isoniazid, one of front-line anti-tuberculosis drugs.^[267] In this connection, efflux of isoniazid was observed in wild-type^[203] and in a *katG* mutant (unpublished observations) of *M. smegmatis*, and efflux may provide explanation for some isoniazid-resistant *M. tuberculosis* isolates that apparently lack mutations in *katG*, *inhA* or *kasA*, which encode isoniazid-activating enzyme or target proteins. Interestingly, a recent study^[268] reported that successive subculturing of *M. tuberculo-*

sis in isoniazid-containing media produced genetically unstable high-level resistance, which was greatly decreased in the presence of efflux inhibitor reserpine. Efflux of pyrazinoic acid, the active derivative of pyrazinamide, now offers the explanation for the high-level intrinsic resistance of *M. smegmatis* (and perhaps many other mycobacteria) to pyrazinamide.^[269] (The EmrAB-TolC efflux pump was found to contribute to pyrazinoic acid resistance in *E. coli*.^[270])

Rifampicin is another front-line antituberculosis agent. Drug accumulation by intact cells in the presence and the absence of EPIs revealed small but reproducible difference in *M. tuberculosis*, *M. aurum* and *M. smegmatis*.^[271] In this connection, early studies demonstrated lower accumulation of rifamycins in rifamycin-resistant mycobacteria including *M. tuberculosis*,^[272,273] which might be reinterpreted as a contribution of drug efflux. Tap and P55 are two other MFS pumps reported in several mycobacteria (table IV), and when overexpressed from plasmids these pumps produce modest increase in resistance to aminoglycosides and tetracyclines.^[201,206]

The genes encoding ABC transporters occupy 2.5% of the *M. tuberculosis* genome.^[274] In fact, an ABC transporter, homologous to the DrrAB doxorubicin transporter known in the related organism *Streptomyces peuceticus*,^[275,276] was recently shown to mediate low-level resistance to doxorubicin and several other antibacterials in *M. smegmatis* and *E. coli*.^[204] The resistance phenotype could be abolished by reserpine and verapamil. Overexpression of an ABC transporter, the phosphate-importer (Pst), was reported to cause increased resistance to ciprofloxacin and decreased accumulation of the drug.^[277] Inactivation of the *pstB* gene (encoding the ATPase subunit of Pst) promoted the fluoroquinolone hypersusceptibility as well as loss of high affinity phosphate uptake.^[278] Bhatt et al.^[278] claim that the Pst importer is also responsible for fluoroquinolone efflux. However, they have not ruled out the possibility that the expression of Pst affects the expression of other efflux transporters. In fact, ABC transporters catalysing export (such as DrrAB) are

quite different in their sequence from ABC importers^[279] and Pst sequence clearly shows that it is an importer, not an exporter.

Mycobacteria also contain SMR transporters. Mmr is an SMR pump of *M. tuberculosis*, and is homologous to EmrE of *E. coli*.^[207] Although it is not clear if Mmr mediates intrinsic drug resistance, introduction of the cloned *mmr* gene into *M. smegmatis* yielded increased resistance to erythromycin and dyes (table IV).^[207] The purified Mmr protein was also demonstrated *in vitro* to function as proton/drug antiporter.^[280]

Examination of genome sequences of *M. tuberculosis* and *M. smegmatis* suggests the presence of at least a dozen putative drug-efflux transporters in each organism. An open question is how big a role these transporters play in producing intrinsic or acquired resistance. Currently, multidrug-resistant clinical isolates of *M. tuberculosis* have been shown to carry several specific mutations that mediate resistance to individual antimicrobials.^[281] The extent of drug efflux in these strains is simply unknown.

5. Recognition of Substrates by Multidrug Efflux Transporters

Multidrug transporters often pump out a wide range of substrates, with little or no common features in their structure; an extreme example is the AcrB of *E. coli*.^[18] How would a protein recognise such an array of diverse compounds? One study that shed light on this question was the work on BmrR.^[282] This repressor of the Bmr multidrug transporter binds various compounds that act as inducers, and the range of inducer compounds is more or less similar to that of the substrates. Zheleznova et al.^[282] crystallised BmrR, a soluble protein, in the presence and absence of an inducer (and a substrate) tetraphosphonium. High-resolution X-ray crystallographic structures indicate that the drug binds mostly: (i) via stacking and van der Waals interactions; and (ii) via electrostatic interaction. The involvement of various residues in binding was further ascertained by site-directed mutagenesis.^[283] A similar situation was also found for

the binding of inducers to QacR, a repressor of the *qac* antiseptic efflux gene.^[284]

Although BmrR and QacR are regulatory proteins, transporters can reasonably be assumed to bind their substrates by a similar mechanism. In both cases, the drug-binding pockets are large and flexible, and contain unusually large numbers of aromatic residues and one or two negatively charged residues that would neutralise the cationic charge of the inducers of these pumps.^[285] The implications of this finding are profound and are presented persuasively by Neyfakh.^[286] His arguments can be summarised as follows. We usually think that the ligand-binding pocket of a protein must present a very tight 'fit' to the ligand but this is because most examples we know about come from the binding of hydrophilic ligands. To remove these ligands out of the stable, hydrogen-bond-stabilised environment of water and to bring them to the generally lipophilic protein interior requires much energy, so the fit has to be tight in order to counteract this energy requirement. However, for lipophilic ligands that multidrug efflux pumps usually deal with, we do not need expenditure of much energy to take them out of water and, thus, a loose-fitting binding pocket will suffice, as long as there are weak van der Waals and stacking interactions and neutralisation of charge. In the examples Neyfakh discusses,^[286] uncharged lipophilic ligands were shown to become bound to the same binding pocket of porcine odourant-binding protein in several different orientations,^[287] and this shows clearly that the binding of lipophilic ligands is quite different from what we have learned with the binding of hydrophilic substrates to soluble enzymes.

6. Components of the Tripartite Drug Transporters and Efflux Mechanisms

Regardless of energy source, drug transporters in Gram-negative bacteria are often organised as multicomponent pumps, typically composed of an IM-associated periplasmic MFP, an IM transporter and an OM channel. Examples of such systems such as MacAB(ABC)-TolC, EmrAB(MFS)-TolC and AcrAB(RND)-TolC of *E. coli* have individually been described in section 2. These multicomponent

pumps provide the structural and functional basis for the direct drug efflux into the external medium, bypassing the periplasm. While the IM transporter and the MFP are typically encoded by the same operon, the location of the gene for OM channel is variable – it may be in the same operon or in a remote region of the chromosome. To date, the best-studied tripartite transporters are AcrAB-TolC of *E. coli* and MexAB-OprM of *P. aeruginosa*, which both contain RND family transporters (see section 2). The binding of drugs to the RND transporter AcrB is described in section 6.1.

6.1 Inner Membrane Efflux Transporters

The crystal structure of AcrB transporter was recently determined at 3.5 Å resolution,^[288] representing the first high-resolution structure of a multidrug transporter. Three AcrB protomers are assembled as a homotrimer in the shape of a jellyfish. Each protomer is composed of a 70 Å high, periplasmic headpiece and a transmembrane region (50 Å thick) containing 12 transmembrane helices,^[288] which agree with the prediction.^[39,289] Given the high homology among RND transporters, it is expected that many other RND transporters would adopt a structure similar to AcrB. The folding topology of the MexB and MexD pumps of *P. aeruginosa* was experimentally tested,^[290,291] and is similar to that of AcrB, containing 12 TMS with very large periplasmic loops of about 300 amino acids between TMS1 and 2, as well as TMS 7 and 8.

The IM transporters are responsible for drug recognition, as shown by combining components of different tripartite systems. For example, in *P. aeruginosa*, the hybrid MexAB-OprJ complex, but not the MexCD-OprM complex, confers the β -lactam resistance, a characteristic of the MexB pump.^[124,292] Several recent studies further demonstrated that the two large periplasmic loops of the RND transporters, in fact, determined the substrate specificity of the transporters.^[59,293,294] Similarly, amino acid alterations in the large loops of MexB were responsible for its loss of function to extrude carbenicillin (unpublished observations). These results are in agreement with the crystal structure of

AcrB, where ‘vestibules’ between the periplasmic domains of neighbouring protomers were suggested to correspond to the site of entry, and perhaps of recognition, of substrates.^[288]

Indeed, biochemical data suggested earlier that most substrates may be captured either from the periplasm or from the outer leaflet of IM. Firstly, the substrates of this system usually contained lipophilic domains; this suggested that the substrates become concentrated in IM by spontaneous partitioning.^[18,86] Secondly, the diverse ionic nature of the substrates, which include non-ionic, anionic, cationic and zwitterionic compounds, was unusual. If these substrates were pumped out from the cytoplasm, the alterations in membrane potential must be adjusted by complex compensatory mechanisms. Finally, the system exported substrates that do not get into the cytoplasm.^[86] These results suggested that the complex prefers to take up substrates from periplasm, or perhaps from the outer leaflet of the cytoplasmic membrane where the amphiphilic substrates become concentrated.^[18] This concept is in agreement with the crystal structure of AcrB.^[288] Furthermore, this mechanism may explain how some RND pumps, such as MexY or AcrD, can extrude aminoglycosides, which are polycationic drugs that do not reach the cytoplasm readily by spontaneous diffusion.

Recently, the X-ray crystallographic structures of AcrB with ligands (ethidium, rhodamine 6G, dequalinium and ciprofloxacin) have been obtained.^[295] The drug molecules are bound to the walls of the large internal cavity formed by the three transmembrane domains of AcrB trimer, and are located approximately at the level corresponding to the outer limit of the membrane bilayer, suggesting that the drugs diffuse laterally through the ‘vestibules’ between the AcrB monomers,^[288] while the drugs are associated with the outer leaflet of the lipid bilayer. Most interestingly, there are no anionic amino acid residues nearby that could neutralise the cationic charges of these substrates, an observation leading to the hypothesis that the positive charges of the substrates are neutralised by the anionic head groups of the phospholipids in the cavity.^[295,296]

According to this view, the substrate-binding sites in AcrB are composite sites involving both the phospholipids and protein side-chains, and the flexibility and mobility of the phospholipids are probably important in creating an unprecedented wide substrate range to efflux pumps of this class.

It seems reasonable to assume that RND pumps such as AcrB also catalysed the efflux of drugs from the cytosol or at least from the inner leaflet of IM.^[45,86] However, at present there is no experimental evidence that this occurs. The structure of AcrB also does not suggest a pathway for entry of drug molecules from cytosol and this remains a topic for future study.

Sequence alignments identify the highly conserved amino acid residues of the RND transporters.^[297-299] These include several membrane-embedded charged residues in the transmembrane domain, for example, Asp407-Asp408 in TMS4, and Lys940 (AcrB) or Lys939 (MexB) in TMS10. Substitution of any of these residues completely abolishes the transport function of the pumps and, therefore, they are functionally required for the transporters. AcrB structure reveals that these three residues form ion pairs,^[288] which may function in proton translocation, as was suggested earlier from the study of CzcA RND pump that extrudes toxic metal cations.^[297]

6.2 Membrane Fusion Proteins

The IM-associated, periplasmic MFPs constitute a protein family that is involved in the transport of large and small molecules across the OM of Gram-negative bacteria.^[21] Examples of the MFP members involved in drug resistance are given in table II. No functional MFP family member has been identified in Gram-positive bacteria, archaea or eukaryotes, although one homologue was found in *B. subtilis*.^[20] The MFPs are of fairly uniform size (ca. 380 to 480 residues).

MFPs are essential for drug efflux in intact cells.^[39] Using a lipid-deficient derivative of AcrA, Zgurskaya and Nikaido^[300] demonstrated that AcrA is a highly asymmetric protein with the length of 10–20nm. This is compatible with the notion that the

MFP coordinates the association and operation of the IM and OM efflux components. Purified AcrA accelerated the efflux reaction catalysed by AcrB in reconstituted proteoliposomes.^[49] This was provisionally interpreted as a result of bridging between liposome vesicles by AcrA but we cannot rule out the possibility that AcrA simply activates AcrB by binding to it. AcrA can be cross-linked to other AcrA molecules as well as to AcrB in intact cells.^[301] Low resolution crystal structure of AcrA shows that it is indeed an elongated protein.^[302]

Many MFPs such as AcrA and MexA contain the lipoprotein consensus sequence,^[303] suggesting that they are lipid-modified at their N-terminal conserved cysteine residue, after the cleavage of signal sequence. AcrE of the *E. coli* AcrEF pump was experimentally shown to be a lipoprotein.^[304] Lipoprotein MFPs are likely to be associated with the IM via this lipid group. However, the N-terminal lipid modification may not be always necessary because AcrA^[300] and MexA,^[305] with a substitution or removal of the N-terminal cysteine, still remained fully functional. The N-terminal half of most MFPs contains a conserved, interrupted coiled-coil sequence, which is flanked on both sides with sequences homologous to lipoic acid-binding sites of various enzymes.^[20] This discovery led to the idea that MFP may fold upon itself, using the coiled coil sequence, to bring the two membranes together;^[306] however, this hypothesis remains to be tested. C-terminal regions of MFPs may be important for their function. For instance, mutations in the highly conserved C-terminal domain of CvaA, MFP of the CvaAB-TolC protein exporter in *E. coli*, render it inactive.^[307,308] Similarly, in HlyD (the MFP component of another protein exporter, the *E. coli* HlyBD-TolC haemolysin translocator),^[12] the C-terminus of HlyD seems to be important for its stability and function.^[309]

6.3 Outer Membrane (OM) Channels

A family of OM proteins, called Outer Membrane Factor (OMF) family,^[12,19] are required, in addition to the MFPs and the IM transporters, to form functional multiprotein efflux complexes that

export proteins, carbohydrates, heavy metals or drugs. These OM proteins exhibit fairly uniform size (ca. 400–500 residues), and the examples involved in drug resistance are listed in table II.

TolC, the OM component of many multicomponent transporters in *E. coli*, is so far the best-studied OM channel.^[310,311] The TolC crystal structure consists of three protomers, which are assembled into a remarkable α -helical trans-periplasmic cylinder (tunnel) about 10nm long, which is connected to a contiguous β -barrel (channel) embedded in the OM. The periplasmic end of the TolC tunnel is sealed by a set of coiled helices, which could be untwisted to open the tunnel. This 'channel-tunnel' structure is long enough to span, not only the OM, but also much of the periplasm.^[310,311] When the end of TolC tunnel contacts the top of the periplasmic domain of AcrB,^[288] a 17nm long conduit is created, a length sufficient to span the entire depth of periplasm. Other OM channels of the OMF family are likely to adopt a topology similar to TolC. Although TolC and its homologue OprM of *P. aeruginosa* share only 20% identity at the amino acid level, mutational analysis of OprM supports the idea that OprM protomer exists as a largely periplasmic protein with four OM-spanning regions.^[312,313]

OprM and many other homologues (such as OprJ, OprN, SmeC, SrpC, OpcM) [table II], however, contain a N-terminal lipoprotein box.^[303] Therefore, after the cleavage of signal peptides, these proteins are likely to be modified with covalently linked acyl and diglyceride residues at their N-terminal Cys residue. However, OprM with the substitution of Cys or the replacement of lipoprotein signal sequence with a non-lipoprotein sequence was still functional.^[313,314]

Reconstitution of TolC and OprM into black lipid system or proteoliposomes showed only weak pore-forming activities, at best.^[315-317] This is consistent with the closed end of the tunnel, observed in the crystal structure of TolC.^[310] Interestingly, TonB, which is involved in the opening of gated OM receptor proteins,^[318] is needed for the full efflux activity of *P. aeruginosa* MexAB-OprM,^[319] although it is not needed for that of *E. coli* AcrAB-

TolC. Recent studies also confirmed the involvement of TonB in drug efflux in *P. putida*^[320] and *N. gonorrhoeae*.^[321] It is not known how TonB performs its function or why *E. coli* TolC behaves differently from other proteins.

6.4 Tripartite Transporter Complex and Efflux Mechanisms

A wealth of genetic evidence indicates that all of the tripartite components are required for drug efflux. Interaction between the components may be needed also for their stability and assembly. For example, in the MexEF-OprN pump of *P. aeruginosa*, absence of native MexF was found to affect proper processing of MexE and to lead to degradation of OprN.^[322] Also with the *E. coli* HlyBD-TolC exporter, the absence of HlyB and/or TolC made HlyD unstable.^[309]

Models of the AcrAB-TolC complex have been proposed, particularly on the basis of the three-dimensional structures.^[288,310] It is tempting to assume that the periplasmic tip of AcrB will fit the end of TolC tunnel because of their similar dimensions. Nevertheless, the precise location of AcrA in the complex remains unknown and it is not known if AcrA directly contacts TolC.

7. Regulation of Drug Efflux Pump Expression

The broad substrate specificity of some multidrug pumps suggests that they may even pump out normal metabolites, a possibility recently borne out by experiments with AcrAB.^[323] In fact, the over-expression of AcrAB was found to be toxic for *E. coli* already in the first cloning experiments of the corresponding genes.^[39] Perhaps this toxicity is one of the reasons why the expression of many pumps is controlled by an elaborate mechanism. Substantial progress has been made in understanding regulation of bacterial multidrug pumps. While expression of most RND and MFS transporters is known to be regulated at the transcription level, no evidence exists for such regulation of SMR pumps. Regulation of drug efflux pumps has recently been reviewed.^[324]

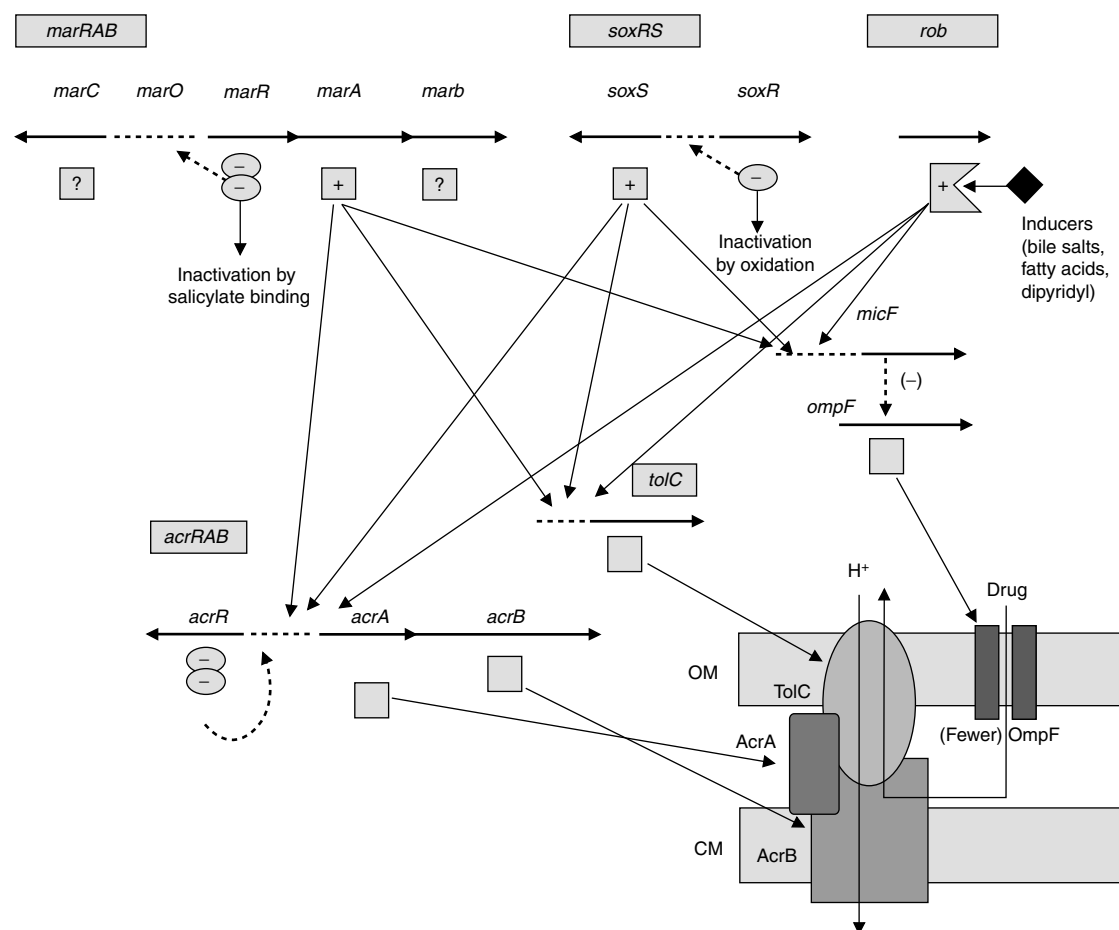


Fig. 2. Regulation of AcrAB-TolC expression. The *acrAB* operon is negatively regulated by the AcrR repressor (bottom left). In addition, *acrAB* and *tolC* are positively regulated by the three global activators, depicted on top, MarA, SoxS and Rob. The activators are shown by squares and a polygon with plus signs (+) in them; the repressors are shown by ellipses with minus (-) signs in them. The levels of MarA and SoxS are regulated by repressors MarR and SoxR, and the activity of Rob is apparently regulated by small ligands such as bile salts. These three activators also up-regulate *micF*, whose transcript inhibits the translation of *ompF* porin mRNA. Thus, all three activators increase the expression of efflux complex AcrAB-TolC, at the same time decreasing the influx of drugs through decreased expression of OmpF. For clarity, we have omitted the depiction of cross-regulation (e.g. SoxS and Rob both increase the production of MarA), as well as minor regulators such as MppA and SdiA. Please see sections 7.1 and 7.3 for these features.

7.1 Local Repressors and Activators

The expression of many multidrug pumps is controlled by local regulators, mostly repressors (table II). For example, in *E. coli*, *acrR*, which is divergently transcribed from the *acrAB* genes, encodes a repressor that belongs to the TetR repressor family^[325] (figure 2). AcrR binds to promoters of *acrAB* and *acrR*, and thus represses *acrAB* transcription

and its own transcription. Repression of *acrAB* by AcrR perhaps serves merely to prevent the unwanted overexpression of AcrAB. The loose repression allows the constitutive expression of AcrAB. As is discussed in section 7.3, the AcrAB pump is predominately regulated by global regulators. Expression of AcrEF, another RND transporter of *E. coli*, is likely to be repressed by AcrS, another member of TetR family, that is encoded by a divergently tran-

scribed *acrS* gene.^[60] In fact, many known local repressors of multidrug pumps (such as MepR, MexL, MexZ, MtrR and SmeT; see table II) belong to the TetR family.

TetR^[326,327] binds as a homodimer to its target operator DNA of *tetR* and *tetA*, and precludes the production of TetA, a tetracycline-specific efflux pump, which on the other hand makes the cells more vulnerable to certain toxic compounds.^[328] Repression by TetR persists until tetracycline binds to TetR.^[326] Given the inducible feature of TetA expression via ligand-repressor interaction, it would not be surprising to see the inducible expression of some pumps that are repressed by TetR-like repressors. MexXY expression are indeed induced by antibacterial agents that they pump out^[329] and the organic solvent pump TtgABC is induced by toluene,^[330] both apparently as a consequence of interaction between the local repressor protein and the inducer. Similarly, the *E. coli* multidrug exporter genes *emrAB* are repressed by the local repressor EmrR (of the MarR family), and this repression is relieved by the binding of inducers to the repressor protein.^[331] This local regulator participates also in the regulation of an additional system, the *mcb-ABCDEF*G operon responsible for microcin B17 production.^[332] Compounds that induce the *emrAB* operon repress the *mcb* operon.^[332]

Each of the RND multidrug efflux systems of *P. aeruginosa* is regulated by the linked regulatory gene encoding repressor or activator (table II). The gene *mexR*, located upstream of *mexAB-oprM* and transcribed divergently, encodes a transcriptional repressor of MarR family. Inactivation of the *mexR* gene resulted in overexpression of MexAB-OprM and an MDR phenotype.^[69] Originally discovered amongst mutants resistant to nalidixic acid,^[333] 'nalB' strains overproducing MexAB-OprM often carry mutations in *mexR*.^[119,127,334-336] Purified MexR binds to the promoter regions of *mexR* and *mexAB-oprMin* *in vitro*.^[337] The crystal structure of MexR recently became available.^[338] Four MexR dimers in the asymmetric unit were observed in multiple conformations and this high degree of flexibility is distinct from the rather rigid MarR protein,

suggesting possibly different mechanism of repression.^[339] Ligands for MexR, which could act as inducers, remain unknown.^[338] Intriguingly, some *nalB*-type mutants expressed moderate levels of MexAB-OprM and did not show any mutations in either *mexR* or its promoter region, suggesting a second gene, dubbed *nalC*, has been mutated in these mutants.^[119] A recent study indicated that mutations in a gene encoding a putative TetR family repressor (PA3721) of a two-gene operon (PA3720-3719) are involved in the NalC phenotype.^[340]

Regulation of MexCD-OprJ is by the NfxB repressor, which is encoded by a gene located upstream of *mexCD-oprJ* operon.^[70] NfxB shows similarity to several proteins of the LacI-GalR repressor family^[341] and exhibits a conserved N-terminal helix-turn-helix motif characteristic of this family.^[70] Purified NfxB binds upstream of the *nfxB* coding region, indicating it negatively autoregulates the expression of *nfxB* itself.^[342] Expression of the *mexXY* operon is controlled by the TetR-like repressor MexZ, which is encoded by *mexZ* that lies upstream of the *mexXY* genes and is transcribed in the opposite direction.^[72] That the cloned *mexZ-mexXY* gene cluster produced little resistance, while the cloned *mexXY* genes provided resistance, supports the notion that MexZ represses MexXY expression.^[72]

The *mexEF-oprN* operon is positively regulated by a transcriptional activator, MexT,^[343] which belongs to the LysR family of transcriptional regulators,^[344] in contrast to the *P. aeruginosa* RND operons described so far in this section, which are all negatively regulated. The *mexT* gene is located upstream of *mexEF-oprN* and transcribed in the same direction as the efflux genes.^[343] When overexpressed, MexT induces expression of the *mexEF-oprN* operon and decreases expression of OprD.^[146] Thus, MexT negatively regulates OprD expression and this explains carbapenem resistance of *nfxC* mutants. Intriguingly, the *mexT* gene is not altered in the *nfxC* mutants that overproduce MexEF-OprN; thus it is likely that the *nfxC* gene is located far away from the *mexT/mexEF-oprN* complex.^[343]

In Gram-positive bacteria, BmrR of *B. subtilis* is a local activator of MerR family and activates tran-

scription of *bmr*. The activity of BmrR depends on the binding of cationic lipophilic ligands; other MerR regulators also have, in addition to the homologous N-terminal DNA-binding domains, different C-terminal domains that enable them to bind specific ligand molecules.^[248] Similarly, the regulator QacR (a TetR repressor) of *S. aureus* can bind to toxic compounds and promote the expression of transporter gene *qacA*.^[345]

7.2 Two-Component Regulatory Systems

These systems are associated with expression of some multidrug pumps (table II and table IV). Two-component regulatory systems are widely present in bacteria and allow them to monitor their environment.^[346] In response to stimuli, the sensor histidine kinases phosphorylate the cognate response regulators, which then activate or repress target genes.^[346] Two-component systems that regulate drug efflux pumps include AlrSR (for the MFS transporter NorA) of *S. aureus*,^[195] AdeSR (for ABC transporter AdeABC) of *Acinetobacter baumannii*,^[50] BaeSR (for RND transporter MdtABC)^[61,62] and EvgAS (for RND transporter YhiUV)^[63] of *E. coli*, SmeSR (for RND transporter SmeABC) of *S. maltophilia*,^[82] and SrpSR (for RND transporter SrpABC) of *P. putida*^[347] (table II). In these systems, the genes encoding two-component sensors and regulators are all located upstream or downstream from the efflux gene operons, except *alrSR*. These response regulators all function as activators. When overexpressed on plasmids, they can usually activate the transcription of target genes on its own, without the simultaneous overexpression of the related sensor kinases.^[61-63,82] A two-component regulatory system often regulates a range of genes. For instance, elevated SmeSR expression was also associated with overproduction of a class A L2 β -lactamase in *S. maltophilia*.^[82]

7.3 Global Regulators

Control of AcrAB-TolC of *E. coli* is the best-studied example for the global regulatory mechanisms of multidrug pumps. There are at least four global transcriptional activators, MarA, SoxS, Rob

and SdiA. The first three are shown in figure 2. The *mar* (multiple antibiotic resistance) locus consists of two divergent transcriptional units (*marRAB* and *marC*) expressed from a central operator/promoter region (*marO*).^[348] While MarR and MarA are repressor and activator, respectively, the functions of MarB and MarC remain unclear. The MarR repressor forms a dimer, with each protomer containing a winged-helix DNA binding motif^[339] and negatively controls *marRAB* expression, thus determining the cellular levels of MarA. Binding of MarR to *marO* DNA was inhibited by some inducers such as salicylate^[349] and plumbagin.^[350] The detailed mechanism has been provided by the crystal structure of MarR with or without the presence of its ligands.^[339] MarA is a member of the XylS/AraC family of transcription activators^[351] but is unusually small (129 amino acids), containing only the DNA-binding domain. Thus, regulation via the *mar* system must operate exclusively by the regulation of MarA levels. MarA is now known to control differential expression of over 60 chromosomal genes.^[352] MarA also activates transcription of *marRAB* operon, resulting in autocatalytic activation of the system. Importantly, MarA activates the transcription of *acrAB* operon, increasing the drug efflux. In fact, the involvement of *mar* system in antibacterial resistance, often referred as Mar phenotype, is mostly explained by the increased expression of AcrAB.^[353] Interestingly, *E. coli* strains carrying a null mutation in *mppA*, a gene encoding a periplasmic murein peptide-binding protein, overproduced MarA, and thus, displayed a Mar phenotype.^[354]

In addition, another small MarA homologue, SoxS, also increases the transcription of *acrAB* and, thus, mediates elevated MDR, as was reported by Ma et al.,^[355] and subsequently confirmed.^[356,357] SoxS is the effector of the global superoxide response regulon SoxSR. Again, because SoxS contains only the DNA-binding domain, regulation via *sox* system takes place only by the alteration of the steady-state levels of SoxS in the cell and increases in SoxS occurs by oxidation and inactivation of SoxR repressor (containing FeS centers) caused by the presence of superoxide in the environment.^[358]

This mechanism allows *E. coli* to increase its antibacterial resistance in the presence of superoxide radicals; for example, in tissues with the migration of polymorphonuclear leucocytes.

In contrast to MarA and SoxS, the third AraC/XylS family regulator, Rob, is twice as large and contains an additional domain in addition to the DNA-binding domain.^[359] Rob was found to be involved in the regulation of *acrAB* operon because overproduction of plasmid-coded Rob resulted in resistance to organic solvents,^[357,360,361] and was shown to activate the transcription of genes of *mar-sox* regulon *in vitro*.^[362] However, Rob appears to be synthesised constitutively, unlike MarA and SoxS. Recently, the transcriptional activation of *mar-sox* regulon genes (including *acrAB*) by Rob was shown to occur through the binding of inducers such as dipyriddy,^[362] medium-chain fatty acids and some bile acids.^[363] In the case of both fatty acids and bile acids, the lipophilic inhibitors that are present in the normal environment of *E. coli* were indeed shown to increase the MIC of amphiphilic antibacterials only in those cells producing the intact Rob protein.

A putative *mar/sox/rob* box has been identified upstream of the *tolC* gene and TolC expression was indeed increased upon overproduction of MarA, SoxS or Rob.^[364] Moreover, overexpression of MarA and SoxR decreases the synthesis of the porin OmpF of *E. coli* by induction of *micF*, whose anti-sense RNA product interacts with *ompF* mRNA to prevent OmpF translation.^[365,366] Since antibacterials prefer the OmpF porin with its larger channel,^[367,368] the decreased synthesis of OmpF,^[365] synergistically with the increased expression of AcrAB,^[355] prevents the entry of drugs into bacterial cells.

Recently, SdiA, an *E. coli* protein that is homologous to the receptor of acyl homoserine lactone quorum-sensing signal, was found to positively regulate the AcrAB expression.^[369] Null mutants of *sdiA* show somewhat increased susceptibility to drugs. However, *E. coli* K-12 lacks the genes for the production of acyl homoserine lactones and it is not clear what signal SdiA is responding to in pure cultures of K-12.

MarA homologues are also present in several other bacteria including *M. smegmatis*.^[348] MtrA is an AraC-like transcriptional activator^[351] identified in *N. gonorrhoeae*, and it is required for inducible overexpression of the RND-type MtrCDE pump by inducers such as Triton X-100.^[158] (MtrCDE is also negatively controlled by a local repressor, MtrR^[66]). RamA, a MarA homologue, provides multiple resistance in *K. pneumoniae* when overproduced.^[370] Bmr and Blt pumps of *B. subtilis* are positively regulated by a global regulator, Mta of the MerR family.^[183,247] The presence of at least six RND pumps in *P. aeruginosa* suggests that the expression of these pumps may also be controlled by global regulators. Interestingly, Li et al.^[143] showed an inverse relationship between expression of the MexAB-OprM pump and expression of the MexCD-OprJ and MexEF-OprN systems.

8. Development of Efflux-Mediated MDR Strains and Impact on Antibacterial Therapy

Bacteria exhibit a remarkable ability to develop defences against even the most sophisticated antibacterials. In many cases, drug efflux contributes to the final level of resistance. In terms of intrinsic resistance, it is well known that many antibacterials and chemotherapeutic agents are limited to Gram-positive bacteria in their efficacy. A 1993 survey of antibacterials that were new at the time of survey, showed that more than 90% of them lacked activity against a typical Gram-negative bacterium, *E. coli*.^[371] This typical intrinsic resistance of Gram-negative bacteria is due to the combination of OM barrier and multidrug efflux pumps,^[46] and inhibition or genetic inactivation of the major pump (for example AcrAB-TolC in *E. coli*) makes *E. coli* susceptible to most antibacterials as much as typical Gram-positive bacteria. For example, the genetic inactivation of this pump in *E. coli* K-12 decreased the MIC of oxacillin, a penicillin hitherto thought to be effective only against Gram-positive bacteria, from 256 µg/mL to only 0.5 µg/mL,^[372] and a similar situation was also found with *Salmonella enterica* serovar typhimurium.^[86]

The intrinsic resistance can be augmented by the overproduction of multidrug efflux pumps. For example, a vast majority of carbenicillin-resistant clinical isolates of *P. aeruginosa*, isolated in the British Isles in the late 1970s and early 1980s, owed their resistance entirely to the overproduction of MexAB-OprM efflux pump (see section 8.3). A survey of levofloxacin-resistant isolates of *P. aeruginosa* from Japan revealed that the increased activity of MexAB-OprM system plays a significant role in resistance in 96% of the strains.^[373]

8.1 *In Vitro* Development of Efflux-Based Resistance

Spontaneous antibacterial-resistant mutants can often be selected *in vitro* on plates containing either a single antibacterial or multiple antibacterials. A single antibacterial (tetracycline or chloramphenicol) at concentrations slightly above the MIC readily selected resistant mutants of *E. coli* at a frequency of 10^{-6} to 10^{-7} , and these mutants displayed simultaneous cross-resistance, which is now known to be efflux-mediated, to other antibacterials including β -lactams, quinolones, rifampicin and puromycin.^[374,375] Spontaneous MDR mutants of *P. aeruginosa* can arise at frequencies of 10^{-9} to 10^{-12} .^[333] We and others have also selected various types of MDR mutants *in vitro* by exposure of wild-type *P. aeruginosa* strains to β -lactams, quinolones, aminoglycosides and/or chloramphenicol.^[45,118] At least four types of MDR mutants of *P. aeruginosa* overexpressing efflux systems were selected *in vitro*, including the *nalB* or *nalC* type mutants overproducing MexAB-OprM, the *nfxB* type overproducing MexCD-OprJ, and the *nfxC* type overproducing MexEF-OprN.^[118,119]

Importantly, MDR mutants can also be selected by antiseptics or other toxic chemicals. Such mutants of *P. aeruginosa* have also been selected by an organic solvent, *n*-hexane.^[127] Similarly, efflux-based MDR mutants of *E. coli* and *P. aeruginosa* were selected by triclosan, a broad-spectrum antiseptic (a lipid biosynthesis inhibitor) used in soaps, toothpastes, plastics, and even included in a commercially available selective growth medium for *P.*

aeruginosa.^[76,356] Triclosan is a known substrate for the MDR pumps. The relationship between biocide usage and antibacterial resistance has already received some attention.^[376]

Finally, antibacterial resistance of many bacteria is often transiently induced by salicylate, a compound existing naturally in plants. Salicylate and its derivatives are important components of drugs used clinically (such as aspirin). In *E. coli*, salicylate binds and inactivates MarR and, thus, increases MarA production culminating in the Mar phenotype,^[339,377] while in *P. aeruginosa* it decreases expression of OprD, an OM channel responsible for imipenem influx and produces imipenem resistance.^[118,146,378] Salicylate-inducible drug resistance is also documented in *B. cepacia*,^[379] *K. pneumoniae*,^[380] *M. tuberculosis*^[381] and *S. aureus*.^[382-384] When resistance is induced by physiologically relevant signals (see the case of superoxide and bile salts for *E. coli*, in section 7.3), this transient resistance will likely facilitate selection of resistant mutants.

8.2 *In Vivo* Development of Efflux-Based Resistance

Clinical isolates of MDR bacteria are often obtained during antimicrobial therapy. Reports in the early 1980s revealed that up to 15% of *P. aeruginosa* strains from British hospitals were resistant to carbenicillin, an antipseudomonal β -lactam widely used in the treatment of *P. aeruginosa* infections in the 1960s and 1970s.^[385] Moreover, more than 80% of these carbenicillin-resistant strains displayed resistance to multiple antibacterials,^[385] and they are now known to be MexAB-OprM overproducers,^[44,45] as mentioned in section 2.2.1. In another study from France, about one-third of ticarcillin-resistant clinical isolates of *P. aeruginosa* presented a resistance profile characteristic of *nalB* type, MexAB-OprM overexpression mutants.^[386] Of 21 pairs of *P. aeruginosa* isolates susceptible (pre-therapy) and resistant (post-therapy) to antipseudomonal β -lactams, 10 post-therapy isolates with β -lactam resistance overexpressed AmpC β -lactamase and the other 11 isolates had increased resistance to both β -lactams and non- β -lactams as a result of MexAB-

OprM overexpression.^[120] Similarly, clinical isolates of the *nfxB*^[336,387] and *nfxC*^[388] types have been described. All 12 isolates of *P. aeruginosa* from animal sources were reported to express significant levels of the MexAB-OprM pump, whereas two isolates additionally expressed the MexEF-OprN or MexXY systems.^[389] These studies clearly suggest that *in vivo* exposure of *P. aeruginosa* to antibacterials selected the mutants with increased expression of multidrug pumps. The high frequency of MDR in *P. aeruginosa* may also be related to the often persistent nature of *P. aeruginosa* infections (e.g. those in patients of cystic fibrosis), that require repeated exposures to antibacterials.^[390]

Clinical MDR strains, at least in part due to increased efflux, have also been reported in many other Gram-negative bacteria, including *Campylobacter jejuni*,^[391] *E. coli*,^[392,393] *Enterobacter cloacae*,^[394,395] *K. pneumoniae*,^[396] *Morganella morganii*,^[397] *Proteus vulgaris*,^[398,399] *Serratia marcescens*^[85] and *Shigella dysenteriae*.^[400]

In Gram-positive bacteria, efflux-based resistance is also seen in clinical isolates, particularly among fluoroquinolone- or macrolide-resistant isolates. A national survey carried out in Spain reported that erythromycin and ciprofloxacin resistance occurred in 35% and 7%, respectively, of 1684 clinical isolates of *S. pneumoniae*, and in 20% and 3.5%, respectively, of 2039 isolates of *S. pyogenes*.^[401] Of the erythromycin resistant-strains, efflux accounted for 5% of the *S. pneumoniae* isolates and 90% of *S. pyogenes*.^[401]

Active efflux is also a common mechanism for biocide resistance.^[402] Indeed, the relationship between the emergence of MDR mutants and the use of non-antibiotic biocides in clinical settings have recently attracted much attention.^[403-405] Two early studies revealed that chlorhexidine- or benzethonium chloride-resistant isolates of *P. aeruginosa* were isolated with incidence rates of 81% and 52%, respectively.^[406,407] Current data continue to support the association of biocide usage with antibacterial resistance. A statistically significant inverse correlation was shown between intensity of chlorhexidine use and the overall susceptibility of several nosoco-

mial pathogens including *S. aureus*, coagulase-negative staphylococci, *K. pneumoniae*, *P. aeruginosa*, *A. baumannii* and *C. albicans*.^[408] The abuse of biocides clearly should not be ignored.^[409] In some cases, the contribution of biocide usage could be indirect. Many plasmids in *S. aureus* containing antibacterial resistance genes also contain classical biocide (quaternary amine) efflux genes *qacA* or *qacB*.^[410,411] Use of antiseptics in hospitals has, in this case, selected R plasmid-containing strains, which happened to contain genes causing antibacterial resistance by mechanisms not usually involving efflux.

The high percentage of the efflux mutants from clinical settings highlights the significance of the multidrug efflux systems as the clinically relevant mechanism of antibacterial resistance.

8.3 Which Drugs Are Important in the Development of Efflux-Based MDR?

As described in section 8.1, drugs of various classes can select for efflux-based MDR mutants *in vitro*. However, if non-efflux-based resistant strains are already available in the local population of the pathogens, they are likely to become prevalent as they impose less 'cost' on the bacteria than a broad specificity efflux does. This is why β -lactamase-producing strains usually emerge after treatment with older generations of β -lactams and aminoglycoside-modifying enzymes tend to be responsible for aminoglycoside-resistant strains. However, pharmaceutical companies have been successful in developing derivatives that resist these conventional mechanisms of drug inactivation. Thus, paradoxically, what typically selects for efflux-based resistance in the clinical setting is the most recently developed, sophisticated class of agents that cannot easily be made useless by the conventional resistance mechanisms.

Thus among β -lactams, carbenicillin was very effective in selecting for MexAB-OprM overproducers in *P. aeruginosa*, at the time when carbenicillin-hydrolysing β -lactamases were rare^[385] (see section 8.2). It is probably the third- (or even fourth-) generation cephalosporins that selected for such mu-

tants in the more recent study in Besançon, France.^[120]

Of all the classes of antibacterials, quinolones are perhaps the most studied group as regards selection of antibacterial-resistant mutants.^[181,412-415] Fluoroquinolones were first introduced into clinical use in the 1980s and exert their antibacterial action by interfering with type II topoisomerases (i.e. DNA gyrase and topoisomerase IV).^[414] Fluoroquinolones were not expected to generate resistant mutants readily, because these compounds were totally synthetic and because their targets are essential. Although they turned out to produce resistance caused by mutations in a small, limited domain of target (quinolone-resistance-determining region; QRDR),^[414] this occurs with low frequency and produces only modest resistance levels. These factors, which give advantages to fluoroquinolones as antimicrobial agents, paradoxically made these compounds prime selective agents for efflux pump overproducers because efflux was the only readily available mechanism for resistance. It has also been speculated that the mutagenic ability of quinolones to damage bacterial DNA and trigger the error-prone SOS DNA repair system^[416,417] may help in the generation of mutants.

All three MDR pump overproducers of *P. aeruginosa* – MexAB-OprM, MexCD-OprJ, and MexEF-OprN – were originally isolated in the laboratory after the use of quinolone drugs such as nalidixic acid (*nal*) and norfloxacin (*nfx*) for selection, as their names (*nalB*,^[333] *nfxB*^[387] and *nfx*^[388]) imply. Mutants of *P. aeruginosa* PAO1 selected for resistance to one of the 12 different quinolone compounds were predominantly efflux-based MDR types, with the newer fluoroquinolones selecting the MexCD-OprJ overproducers while older quinolones exclusively selecting the MexEF-OprN or MexAB-OprM overproducers.^[413] This differential selection was further demonstrated *in vivo* using a rat model, where trovafloxacin and ciprofloxacin preferentially selected overproducers of MexCD-OprJ and MexEF-OprN, respectively.^[412] A 4-day therapy with ciprofloxacin resulted in the emergence of a double mutant carrying MexAB-OprM overexpression and

a *gyrB* mutation.^[418] Serial exposure of *P. aeruginosa* strains to fluoroquinolones yielded multiple antibacterial-resistant mutants with alterations simultaneously in both DNA gyrase and efflux systems.^[419] Clinical isolates of *E. coli* showing high-level fluoroquinolone resistance are AcrAB pump overproducers (although they also contain target mutations), and this is likely to be due to *acrR* mutations that constitute additional genetic basis for quinolone resistance.^[392,393] As well, fluoroquinolones also select the NorA and PmrA overproducing mutants of Gram-positive bacteria as described in section 3.

9. Interplay Between Drug Efflux and Other Resistance Mechanisms

In response to the widespread use of antibacterial agents, bacteria have developed diverse mechanisms of resistance (table I). Various mechanisms interact with each other usually positively (either additively or multiplicatively).

9.1 Interplay Between Efflux Pumps

Given the presence of multiple efflux pumps in a single bacterial cell and the overlapping substrate specificity of many pumps, it is obvious that the simultaneous presence of pumps with common substrates would increase the efflux capability to produce a higher resistance level. Indeed, genetic inactivation of multiple efflux genes of *E. coli* and *P. aeruginosa* renders the strains more susceptible to antibacterials than a single pump inactivation.^[88,177,420] Lee et al.^[421] contributed an important study in Gram-negative bacteria, which showed two kinds of positive interactions are possible. If the two pumps have the same type of mechanism (either efflux into the periplasm via a simple transporter located in CM, or efflux into the medium via a multiprotein complex containing MFP and OM channel in addition to the transporter), then the two pumps work in parallel and the augmentation effect should be additive. But if one simple transporter pumps out the drug into periplasm, and the second one, a tripartite pump, captures the drug from the periplasm (as described in section 6.1) and extrudes

it into the medium, then the two pumps work in series, and the augmentation should be multiplicative. This theory was validated with various combinations of pumps.

It is at first surprising that simple pumps like the Tet pump can create strong resistance in Gram-negative bacteria when we consider that they extrude lipophilic drugs only into periplasm^[108] and that the drugs can diffuse back into the cytoplasm readily. However, tripartite pumps of wide specificity, such as AcrAB-TolC and MexAB-OprM, are usually constitutively expressed, and perhaps synergy with these pumps is in part responsible for making single-component pumps in CM more effective than first appears possible.

9.2 Efflux Pumps and the OM Permeability Barrier

The OM of Gram-negative bacteria is an asymmetric bilayer containing lipopolysaccharide (LPS), which greatly retards the entry of amphiphilic and hydrophobic compounds.^[422,423] Disruption of LPS barrier (e.g. due to inactivation of *waaP* gene in *Salmonella* and *E. coli*^[424,425] or by the addition of OM perturbant polymyxin B nonapeptide^[426]) makes bacteria hypersusceptible to multiple antibacterial agents. Mutations in LPS and TolC together enhance the drug hypersusceptibility in *E. coli*.^[427] MtrCDE-mediated MDR is also dependent on the lipooligosaccharide structures in *N. gonorrhoeae*.^[428]

Since the OM barrier and the efflux by the tripartite systems act in series on drug molecules, the considerations similar to those described in section 9.1 predict that these two factors augment each other in a multiplicative fashion. Small hydrophilic agents readily penetrate the OM via water-filled porin channels.^[114] Thus, a decrease or loss of porins reduces antibacterial uptake and contributes to antibacterial resistance.^[429] Nevertheless, this contribution of the OM barrier is not seen clearly unless its effect is multiplicatively amplified by an additional (intrinsic) resistance mechanism, such as drug efflux or drug inactivation following their influx.^[18,430] On the other hand, the synergistic interplay between the

OM permeability barrier and the MexAB-OprM pump is seen very clearly in *P. aeruginosa*^[431] because this organism has low OM permeability to both hydrophilic and hydrophobic compounds.^[432] Either the inactivation of MexAB-OprM system or the permeabilisation of OM with polymyxin nonapeptide had very similar, strong effect to make the organism hypersusceptible,^[44-46] showing the importance of OM barrier in the efflux-mediated resistance. For example, tetracycline MIC of 16 µg/mL in the wild type PAO1 decreases to 0.5 µg/mL on inactivation of the tripartite pump and to 1 µg/mL on OM permeabilisation.^[431] One might expect that the assay of intracellular accumulation of fluorescent dye^[433] may allow us to see if the two mechanisms interact truly multiplicatively, but the data cannot be interpreted quantitatively because we do not know the degree of OM permeabilisation or the exact activity of the pump system.

9.3 Efflux Pumps and Antibacterial-Inactivating Enzymes

P. aeruginosa and most species of the Enterobacteriaceae produce chromosomally encoded inducible (constitutive in *E. coli*) β -lactamases that hydrolyse many β -lactams.^[434] Mutational derepression of the enzymes produces resistance. This resistance should be augmented, in an additive manner, by efflux catalysed by tripartite pumps, as both mechanisms act in parallel to lower the periplasmic drug concentrations. A theoretical analysis was attempted but it was possible only with the assumption of 'maximal' efflux.^[435] Comparisons of MICs in *E. coli* strains lacking either *acrAB* or the constitutive *ampC* β -lactamase^[372] are roughly compatible with this notion, although quantitative treatment is not possible because the kinetic constants of the efflux system are not known. As expected, efflux was a predominant contributor for the intrinsic resistance of *E. coli* to lipophilic penicillins (cloxacillin, oxacillin, etc.), and enzymatic hydrolysis was the major factor for hydrophilic cephalosporins of earlier generations (e.g. cephalothin, cephaloridine and cefamandole).

For many β -lactams, the interplay between the MexAB-OprM-catalysed efflux and the AmpC β -lactamase-catalysed hydrolysis in *P. aeruginosa* PAO1 was similar.^[436-438] For example, the enzymatic hydrolysis plays a predominant role in resistance to amoxicillin, whereas efflux plays a major role in resistance to carbenicillin, piperacillin, aztreonam and cefsulodin.^[437] However, unexpected data were obtained for some compounds. For example, the cefuroxime MIC of 800 $\mu\text{g/mL}$ in the wild type decreases only 2-fold to 400 $\mu\text{g/mL}$ on deletion of MexAB-OprM, and remains unchanged at 400 $\mu\text{g/mL}$ on inactivation of the *ampC* gene. But the deletion of both of these resistance genes results in a precipitous fall of MIC to 0.2 $\mu\text{g/mL}$.^[437] This effect is certainly not additive and is far more than multiplicative. Currently we cannot explain these data. In *S. maltophilia*, an aminoglycoside-modifying acetyltransferase (6')-Iz and an MDR efflux pump augment each other to enhance aminoglycoside resistance.^[439]

9.4 Efflux Pumps and Antibacterial Target Alterations

The increased expression of NorA in *S. aureus* and PmrA in *S. pneumoniae* may occur together with *gyrA/parC* target mutations to provide high-level quinolone resistance.^[231,237,238,440] In nine out of ten clinical isolates of *E. coli* showing high-level resistance (MIC $\geq 3 \mu\text{g/mL}$) to ciprofloxacin, AcrAB was overexpressed in addition to the mutations in the targets.^[392] Strains of *P. aeruginosa* overexpressing both an efflux pump (MexAB-OprM or MexCD-OprJ) and DNA gyrase mutations were significantly more resistant to quinolones than those carrying only one of these resistance mechanisms.^[420,441] Deletion of MexAB-OprM in a PBP mutant also modestly compromised β -lactam resistance of a *P. aeruginosa* mutant,^[438] suggesting some involvement of efflux mechanisms in PBP-mediated β -lactam resistance. In *N. gonorrhoeae*, loci designated *penA*, *penB* and *mtr* contribute additively to penicillin resistance^[163] and the target-altered penicillin resistance also requires the MtrCDE pump overexpression.^[442]

10. Overcoming Efflux Activity: The Development of Efflux Pump Inhibitors and Antibacterials that Bypass Efflux Pumps

We can consider efflux pumps as potentially effective antibacterial targets. Currently used antibacterials target a surprisingly small number of vital cellular functions (table I), and instances of resistance to these antibacterials are widespread, in many cases caused or exacerbated by efflux. Exploring EPIs resembles the application of β -lactamase inhibitors to combat β -lactamase-mediated resistance in bacteria.^[443] The genetic studies of efflux genes (for example, those coding for the RND multidrug pumps of *P. aeruginosa*)^[42] have shown that their inactivation renders the strains markedly hypersusceptible to a wide variety of antibacterials. Inhibition of efflux pumps by an EPI would restore the activity of an agent subject to efflux. An alternative approach is to develop antibacterials that would bypass the action of efflux pumps.

10.1 Inhibitors for Drug-Specific Pumps

Inhibition of Tet efflux pumps has been studied for many years,^[444-447] with a focus on tetracycline analogues. Of the inhibitors screened, an intact 4-membered naphthalene structure seemed necessary for maximal inhibition of efflux and 13-cyclopentylthio-5-OH tetracycline (13-CPTC) was the most potent inhibitor of TetA(B) pump with an IC₅₀ value of 0.4 to 1 $\mu\text{mol/L}$. 13-CPTC alone is ineffective against *E. coli* harbouring Tet pumps but it potentiated markedly the activity of doxycycline against such strains. Intriguingly, 13-CPTC alone was active against *S. aureus* containing TetK and *E. faecalis* containing TetL with MIC values at 0.39–1.56 $\mu\text{g/mL}$.^[445,448] 13-CPTC apparently binds to Tet pumps and, thus, blocks tetracycline efflux.

TetK and TetL proteins are efflux determinants of tetracycline resistance in Gram-positive bacteria. Low molecular weight inhibitors of these pumps were studied, and among these inhibitors there was an indan compound (RO 07-3149; 1,1-dimethyl-5-(1-hydroxypropyl)-4,5,6-trimethylindan) and its derivatives, which increased antibacterial activity of

tetracycline against TetK/L-containing *S. aureus*.^[449,450] Additionally, some natural compounds such as ginsenosides (obtained from ginseng) and indole derivatives were identified as putative inhibitors for TetK or TetC pump.^[448] Despite these efforts, none of the Tet pump inhibitors is yet in clinical use.

10.2 Inhibitors for Multidrug Efflux Pumps

With the increasing role of multidrug pumps in resistance, inhibitors for these pumps have been looked for.^[451-453] Several compounds inhibit multidrug pumps of bacteria, parasites or mammalian cells. For instance, verapamil, a calcium channel antagonist, is an inhibitor for MDR pumps of mammalian cancer cells^[454] and a parasite (*P. falciparum*).^[455] It also enhances the antibacterial activity of tobramycin against *B. cepacia* but not *P. aeruginosa*.^[456] Reserpine, a plant indole alkaloid, is an inhibitor of mammalian MDR pumps as well as Gram-positive bacterial MDR pumps such as Bmr and NorA.^[249] In fact, reserpine is now routinely used to determine if resistance is caused by multidrug efflux in Gram-positive bacteria,^[232,249,457-461] as it largely reverses, at 10 µg/mL, NorA/PmrA-mediated resistance to fluoroquinolones. Unfortunately reserpine is toxic to humans at the concentrations required for pump inhibition.

Structurally diverse inhibitors were identified among synthetic chemical libraries using NorA of *S. aureus* as target and some of these compounds were more potent than reserpine.^[460] These potent inhibitors also decrease the frequency of emergence of ciprofloxacin-resistant mutants by >50-fold.^[460] More recently, Stermitz et al.^[462] identified a NorA inhibitor from the extracts of the leaves of *Berberis fremontii* as 5'-methoxyhydrnocarpine (5'-MHC), a flavonoid. 5'-MHC enhanced the antimicrobial activity of another alkaloid present in the same plant (berberine) by inhibiting NorA-catalysed efflux of the latter. The fact that a plant simultaneously contains both an efflux substrate and an efflux inhibitor may indicate that plants have developed this combination to ward off bacterial invasion.

As described in section 2, RND transporters play a particularly important role in drug resistance of Gram-negative bacteria, for example, *P. aeruginosa*. A series of inhibitors have been developed to target specifically the RND transporters in order to potentiate the activity of fluoroquinolones, for which efflux is a crucial resistance determinant. The first broad-spectrum inhibitor reported for RND pumps, the compound MC-207,110 (phenylalanyl-arginyl-β-naphthylamide) virtually lacked antibacterial activity on its own, but at 10 µg/mL potentiated the activity of levofloxacin 8-fold against wild-type *P. aeruginosa*.^[463] The potentiation of levofloxacin activity (measured by MIC) even reached 64-fold in MexAB-overexpressing *P. aeruginosa*.^[463] Further chemical modifications of MC-207,110 led to other peptides that showed potentiation activity for *P. aeruginosa* strains producing the three best characterised Mex pumps and *E. coli* strains with AcrAB-TolC pump.^[464,465] These inhibitors also dramatically reduced the frequency with which resistant bacteria emerged spontaneously.^[465]

Effectiveness of efflux inhibitors was also confirmed in animal models of *P. aeruginosa* infection.^[466] Thus, the EPIs worked to potentiate activities of fluoroquinolones, macrolides and florfenicol against a number of other Gram-negative bacteria, including *K. pneumoniae*, *H. influenzae*, *E. coli* and *S. typhimurium*, all of which possess RND efflux pumps (table II). More recently, peptidomimetics of the lead compound were prepared to achieve biological stability against proteases.^[467] In addition, benastatins isolated from fermentation of an actinomycete were active against *P. aeruginosa* MexAB-OprM, reducing MIC of levofloxacin 4-fold at a concentration less than 1 µg/mL.^[468] Altogether, these studies clearly indicate the feasibility of the combination of an efflux inhibitor with an antibacterial to restore the antibacterial activity against resistant organisms *in vitro* and *in vivo*. Nevertheless, the development of these inhibitors is still complicated by the need to combine them with antibacterial drugs of similar pharmacokinetic characteristics.

10.3 Bypassing Efflux Mechanisms

Some newly developed fluoroquinolones such as clindafloxacin, gatifloxacin, premafloxacin and trovafloxacin appear to be less affected by the presence of NorA and PmrA pumps of Gram-positive bacteria.^[198,469-471] However, it has not been convincingly shown that this difference is due to their resistance to efflux, rather than to their higher affinity for the target. A new class of macrolides, ketolides, are often thought not to be pumped out efficiently, because their MIC values remain low even in MefA-overexpressing strains.^[472] However, these compounds are active against wild-type strains at much lower concentrations than erythromycin and a more detailed study is needed to show that the difference is not simply due to the higher affinity to the target.

A different type of semisynthetic macrolide, CP544372, in which a carbamate substituent is added to 4'-position of cladiose moiety, shows only very minor change in MIC upon the overexpression of MefA or MsrA pump,^[473,474] and this compound may indeed bypass the pumps. The new class of tetracyclines, glycylcyclines, indeed appear to be transported inefficiently by the TetA pump.^[475] Nevertheless, a variety of newer fluoroquinolones as well as a glycylcycline (i.e. tigecycline) are substrates for the RND pumps of Gram-negative bacteria, including those of *E. coli*, *P. aeruginosa*, *B. cepacia* and *S. maltophilia*.^[83,152]

11. Conclusions

Antibacterial resistance in bacteria is known to occur usually by the 'classical' mechanisms such as drug inactivation. In many cases, the origin of resistance genes has been traced to the producing organisms; for example, genes coding for aminoglycoside-inactivating enzymes.^[476-478] As another example, vancomycin resistance gene complex of the resistant isolates from clinical sources is strikingly similar to that in the producing organisms.^[479] Although this concept may not apply to the origin of β -lactamases, the production of β -lactams is a widespread trait among many diverse bacteria and fungi, and it is very likely that bacteria, especially soil

bacteria, developed the capability to produce these enzymes in response to the presence of β -lactam-producing organisms in their environment.

The approach of the pharmaceutical industry in the last several decades has been to develop compounds that withstand the prevailing mechanisms of resistance. One approach advocated was to develop totally synthetic chemicals to which bacteria were not exposed during their evolution. Fluoroquinolones are good examples of this approach. Even for these compounds, mutational modification of the target is possible. However, if the target is an essential protein which requires precise changes in critical residues to develop resistance and yet to maintain the physiological function, such mutations should occur rarely, a condition satisfied by fluoroquinolones.

It was an unexpected outcome that these 'advanced' compounds would be affected most by the up-regulation mutants of multidrug efflux pumps. In retrospect, this is not surprising because bacteria have few other ways to develop resistance to these compounds. Up-regulation of broad-spectrum pumps, however, often produces selective disadvantages for the bacteria and this may limit the emergence of this resistance mechanism to some extent. On the other hand, selection, in one step, of resistance to many or most of the available antibacterial agents is a major danger presented by the multidrug efflux mechanisms. Furthermore, selection of such mutants by widely used biocides is a major concern.

The evolutionary origin of multidrug efflux pumps has been debated. Some scientists feel that they must function in the efflux of endogenous compounds, as exemplified by the notion that RND pumps are involved in the secretion of quorum-sensing signals in *P. aeruginosa*. However, there is little evidence to support this idea. In 1997, the fact that the *B. subtilis* *blt* gene is a part of the polyamine metabolism gene complex^[184] was thought to implicate Blt in the metabolism of these 'natural' compounds, the polyamines. However, the force of this argument is now weakened somewhat because of the discovery of a global regulator, Mta.^[183] (In this connection, it is most interesting that Krulwich and

coworkers^[480] discovered that the tetracycline efflux transporters of *B. subtilis*, Tet(K) and Tet(L), also function in the transport of monovalent cations. Although inactivation of Tet(L) produces mutants that have difficulty in growing in K⁺-limiting or alkaline media [in the absence of tetracycline],^[481] it seems likely that the tetracycline efflux function is a more recently acquired additional capacity of Na⁺ or K⁺ transporters.^[480]

Bacteria, in their evolution, had to survive in the presence of many lipophilic toxic chemicals and we feel that the broad-spectrum multidrug efflux pumps probably evolved to prevent the influx of such compounds. In fact, the observation that *E. coli* AcrAB-TolC has properties optimised for the efflux of bile salts,^[49] the major inhibitors in its natural environment, fits this idea. We should note also that RND pumps are of ancient origin and exist in all three kingdoms,^[35] consistent with the notion that organisms had to move lipophilic toxic chemicals all the time. In any case, this ancient origin of multidrug efflux pumps casts a shadow on future development of new antimicrobials. Restoring or increasing antibacterial activity through efflux pump inhibitors and developing compounds that are not pumped out now appear to be attractive approaches for pharmaceutical industry.

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