

# Pharmacological Treatments for Basal Cell Carcinoma

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## Abstract

Basal cell carcinoma (BCC) is the most common non-melanoma skin cancer, and its incidence continues to rise. Current management options are numerous and focus on tumour eradication while maximising cosmetic and functional capacity. Although surgery continues to be considered the main treatment modality, new pharmacological agents, such as immunomodulators, topical chemotherapeutic agents and photodynamic therapy, have emerged and show promising results. Pharmacological agents offer the potential for lower morbidity and improved tissue preservation compared with surgery and radiotherapy. However, pharmacological treatments possess higher failure rates when compared with surgery, and most studies have investigated only low-risk lesions. Several prospective, randomised, double-blind, vehicle-controlled studies have established the efficacy of imiquimod for superficial BCC.

This review summarises the evidence regarding the mechanism, efficacy and safety of pharmacological agents based on the literature from the past 10 years. Experimental treatments that have been successfully utilised in the treatment of BCC are also discussed. Treatment of BCC with other agents, such as tazarotene, glycoalkaloid (BEC-5) cream, cidofovir and calcium dobesilate have been reported, but further studies are needed to ascertain the efficacy and adverse-effect profiles of these treatments.

Non-melanoma skin cancer is the most common form of cancer in the US, Canada, and Australia.<sup>[1-3]</sup> Of these cancers, basal cell carcinomas (BCCs) constitute the majority, with an estimated annual incidence ranging from 200 to 400 per 100 000.<sup>[1,2]</sup> Geographic variability exists and incidence rates of >2% per year have been reported in population-based studies from Australia.<sup>[4-6]</sup> Additionally, studies have demonstrated an increase in the incidence of BCC worldwide over the past several decades.<sup>[7-10]</sup> Of even greater concern is evidence that this trend may include aggressive-growth histological subtypes (table I, table II) and involve patients <40 years of age.<sup>[11,12]</sup>

The majority of BCCs develop on the face, and while typically slow growing and confined to the area of origin, these cancers can be considerably destructive. Given the continued increase in the incidence of BCC and the potential for damage to sensitive areas, treatment modalities that provide effective tumour eradication while optimising cosmetic and functional outcomes are particularly important.

Conventional treatments for BCC typically consist of simple excision, cryosurgery, or curettage and electrodesiccation for low-risk lesions, and surgical excision with frozen section control or Mohs' mi-

crographic surgery (MMS) for high-risk lesions. Surgical excision and MMS offer the advantage of histological evaluation and are associated with excellent long-term cure rates. Five-year efficacy rates exceeding 95% have been reported for primary BCCs treated with surgical excision with frozen section control, although these data are derived primarily from retrospective studies.<sup>[16-20]</sup> High 5-year recurrence rates of up to 26% have been reported for tumours with margin involvement.<sup>[21]</sup> MMS is a technique of tumour excision using 'en face' frozen section assessment of the margins. This allows for exceptionally high cure rates and maximal preservation of tissue. The technique is widely used for high-risk tumours, with reported recurrence rates ranging from 1% to 3% for primary tumours and 5–6% for recurrent tumours.<sup>[20,22,23]</sup>

Radiotherapy utilises ionising radiation, typically high energy photons and charged particles, to induce cell death in target cells, and has been shown to be an effective treatment for BCC. This approach may be particularly useful in elderly patients with tumours in difficult-to-treat locations and in those individuals for whom surgical treatment may not be appropriate. The biological effects of radiation are manifested chiefly by the loss of cellular regenerative capacity as a result of single- and double-strand-

**Table I.** Histological subtypes of basal cell carcinoma<sup>[13,14]</sup>

Subtype	Comments
Nodular	Most common (70%) and least invasive subtype
Superficial	10–15% of cases
Micronodular	More aggressive than the nodular type
Morpheaform/morpheic	Aggressive subtype
Infiltrative	Aggressive subtype
Basosquamous	Aggressive subtype
Mixed subtypes	

**Table II.** Features of high risk basal cell carcinoma<sup>[15]</sup>**Histological**

Subtype: morpheaform, basosquamous, infiltrative, micronodular, mixed

Deep and perineural invasion

**Clinical**

High-risk location (mask areas): central face, eyelids, eyebrows, periorbital, nose, lips, chin, mandible, preauricular and postauricular skin/sulci, temple, ears, hands, or feet

Size: >5–10mm in high-risk locations; >10mm in other areas of face (cheeks, forehead, scalp, neck); >20mm in other areas (trunk, extremities)

Poorly defined borders

Recurrent or incompletely excised tumours

Tumour at site of prior irradiation

Immunosuppression

ed breaks in DNA and indirect damage caused by generation of free radicals.<sup>[24]</sup> Cure rates of 86–97% have been reported for radiotherapy, with greatest efficacy in smaller, primary BCCs.<sup>[25,26]</sup> Studies have also suggested that tumour control and recurrence risk are related primarily to tumour size and stage, with higher efficacy rates being reported for stage I and II carcinomas (American Joint Committee on Cancer staging system)<sup>[27]</sup> and a diameter of <1cm.<sup>[28–32]</sup> Disadvantages of radiotherapy, however, include lack of tumour margin control, the potential for carcinogenesis, and inferior long-term cosmesis compared with surgery.<sup>[33]</sup>

Although effective therapies for BCC, these modalities may result in significant scarring, functional deficits, tissue loss and altered pigmentation. Pharmacological agents offer the potential for lower morbidity and improved tissue preservation compared with surgery and radiotherapy. While first-line therapy for BCC often involves surgical intervention, numerous nonsurgical treatments exist, and it is of great interest to ascertain whether these modalities can serve as viable alternatives or adjunctive options for maximising the treatment aims of complete tumour removal with preservation of function and cosmesis. The purpose of this study is to review the evidence regarding the mechanism, efficacy and safety of the wide range of pharmacological treatment modalities for BCC, including topical immunomodulators and chemotherapeutic agents,

injection therapies and photodynamic therapy (PDT).

## 1. Literature Review

We reviewed the relevant medical literature by searching MEDLINE (1995 to February 2006) using the key words ‘basal cell carcinoma’ and ‘treatment’ in combination with the following terms: ‘immunomodulator’, ‘imiquimod’, ‘interferon’, ‘radiotherapy’, ‘5-fluorouracil’, ‘aminolevulinic acid’, ‘photodynamic therapy’, ‘retinoid’, ‘tazarotene’, ‘BEC cream’, ‘chemotherapy’, ‘bleomycin’, ‘paclitaxel’, ‘cisplatin’, ‘methotrexate’, ‘NSAID’, ‘dibesilate’ and ‘cidofovir’. Searches focused mainly on human studies published in peer-reviewed English language journals. Manual searches were conducted for cited references from identified trials, recent review articles and major medical textbooks. From these studies, 5424 abstracts were identified and reviewed, and those pertinent to our discussion were selected. Clinical studies were chosen if they were prospective, double-blind, randomised trials investigating the efficacy of a pharmacological agent versus placebo or other treatment modality. For pharmacological agents without studies meeting such criteria, nonrandomised open-label studies involving a larger number of patients with longer-term follow-up and/or histological analysis of lesion site for recurrent or residual disease following treatment were reviewed. Case series and reports that investigated experimental treatments were also included.

## 2. Pharmacological Agents for the Treatment of Basal Cell Carcinoma

### 2.1 Topical Immunomodulators

#### 2.1.1 Imiquimod

##### Mechanism of Action

Imiquimod {1-(2-methylpropyl)-1*H*-imidzo[4,5-*C*]quinolin-4-amine} is an imidazoquinoline immunomodulator that has been utilised to treat a number of common dermatological conditions, including actinic keratosis and external anogenital warts.<sup>[34,35]</sup> Its precise mechanism of action, while

not fully understood, involves stimulation of innate and cell-mediated immunity. Studies have shown that imiquimod promotes rapid development of intratumoral inflammatory cell infiltration and Langerhans cell migration from the skin to draining lymph nodes, thereby enhancing antigen presentation.<sup>[36,37]</sup>

The effects of imiquimod may be mediated in part through the activation of toll-like receptor 7 (TLR7). Toll-like receptors, a family of transmembrane receptors located on the surface of antigen-presenting cells, affect the transcription of pro-inflammatory genes through the recognition of specific microbial structures.<sup>[38,39]</sup> Activation of TLR7 by imiquimod ligand results in a subsequent upregulation via nuclear factor- $\kappa$ B of various cytokines, including interferon- $\alpha$ , tumour necrosis factor- $\alpha$ , and interleukins (IL) 1, 6 and 12, thereby upregulating the T helper-1 (T<sub>H</sub>1) immune response.<sup>[39-41]</sup>

Imiquimod has been shown to have apoptotic effects *in vitro*.<sup>[42,43]</sup> One study showed that imiquimod induced apoptosis in squamous cell cancer lines through the activation of caspase and Bcl-2-dependent cytosolic translocation of cytochrome c.<sup>[43]</sup> Additionally, levels of the anti-apoptotic protein Bcl-2 have been shown to decrease following administration of imiquimod.<sup>[36,42]</sup> However, studies investigating the expression of Fas and Fas ligand (FasL), which play important roles in programmed cell death, have shown inconsistent results.<sup>[43,44]</sup> The various actions of imiquimod as an immune response modifier may contribute to its antiviral and antineoplastic properties.

#### Efficacy

Several randomised, double-blind, vehicle-controlled studies have investigated the short-term therapeutic efficacy of imiquimod 5% cream for the treatment of superficial BCC (table III).<sup>[45-47]</sup> In a report of two multicentre studies, 724 patients with histologically confirmed superficial BCC were randomised to receive imiquimod once daily five or seven times weekly versus vehicle alone for 6 weeks.<sup>[45]</sup> Histological clearance rates at 12 weeks post-treatment for the five- and seven-day treatment groups were 82% and 79%, respectively, versus 3%

for the vehicle group. A third study of 166 patients treated daily for 6 weeks showed similar results, with histological clearance rates of 80% for the treatment group and 6% for the vehicle group.<sup>[46]</sup> In another study, treatment for 12 weeks at varying dosages (twice daily, once daily, five times weekly, three times weekly) demonstrated a dose-response gradient, with histological clearance rates of 100% (10/10), 87.1% (27/31), 80.8% (21/26) and 51.7% (15/29), respectively.<sup>[47]</sup> Negative predictive values ranged from 91% to 93%, suggesting accurate clinical assessment of tumour absence.<sup>[45,46]</sup>

Lower cure rates for nodular BCC have been reported for imiquimod.<sup>[49,50,52-54]</sup> For example, a randomised, double-blind, vehicle-controlled trial in 92 patients investigated the efficacy of imiquimod at varied dose administration schedules for the treatment of nodular BCC.<sup>[49]</sup> Histological response rates 6 weeks following treatment were 59–76%. Sterry et al.<sup>[50]</sup> conducted a randomised, open-label study seeking to examine the effect of occlusion following application of imiquimod. Six-week post-treatment results demonstrated lower clearance rates for nodular BCC compared with superficial BCC, with occlusion offering no statistically significant improvement in efficacy. Higher cure rates of 90–94% were reported with curettage followed by imiquimod administration.<sup>[52,53]</sup>

Two ongoing open-label, multicentre studies are currently investigating the long-term safety and efficacy of imiquimod 5% cream for the treatment of superficial BCC.<sup>[55,56]</sup> In both studies, patients with evidence of clinical clearance 12 weeks post-treatment were enrolled for long-term follow-up. In one study, following a 6-week treatment with imiquimod five times weekly, 89.6% (163/182) were clinically clear at 12 weeks post-treatment, and 162 patients were enrolled for long-term follow-up of 5 years.<sup>[55]</sup> At 24-month follow-up, 14 patients who were clinically clear at 12 weeks post-treatment demonstrated clinical evidence of superficial BCC recurrence, and a total of 26 patients were reported to have discontinued from the study for reasons other than recurrence. In the second study, of 157 patients entering the long-term follow-up period, 14

**Table III.** Comparison of studies investigating imiquimod for the treatment of basal cell carcinoma (BCC)

Study (year)	Design	Subjects	Intervention	Outcome measures	Results	Adverse effects
Geisse et al. (2004) <sup>[45]</sup>	Prospective, randomised, double-blind, vehicle-controlled	724 patients, sBCC, min 0.5cm <sup>2</sup> area, max 2cm diameter	5% imiquimod cream: 1) 5 × per wk for 6wk 2) 7 × per wk for 6wk	Clinical and histological evidence of BCC 12wk post-treatment	Clinical + histological clearance rate: 1) 5 × per wk: 75% (139/185) 2) 7 × per wk: 73% (130/179) 3) vehicle: 2% (6/360) Histological clearance rate: 1) 5 × per wk: 82% (152/185) 2) 7 × per wk: 79% (142/179) 3) vehicle: 3% (11/360)	At least one adverse event in 58% of 5 × per wk for 6wk group; 64% of 7 × per wk for 6wk group; 36% in vehicle group. Application site reactions most common, including itching, burning and pain
Schulze et al. (2005) <sup>[46]</sup>	Prospective, randomised, double-blind, vehicle-controlled	166 patients, sBCC, min 0.5cm <sup>2</sup> , max 2cm diameter	5% imiquimod cream daily for 6wk	Clinical and histological evidence of BCC 12wk post-treatment	Clinical + histological clearance rate: 77% for treatment group vs 6% for vehicle group Histological clearance rate: 80% for treatment group vs 6% for vehicle group	At least one adverse event in 52% of treatment group; 18% of vehicle group. Application site reactions most common, including itching and burning
Beutner et al. (1999) <sup>[48]</sup>	Prospective, randomised, double-blind, vehicle-controlled	35 patients, sBCC (28 patients, 0.5–2cm <sup>2</sup> ), nBCC (7 patients, 0.5–1.5cm <sup>2</sup> )	5% imiquimod cream in one of five dosage regimens (24/35) vs vehicle (11/35) Administration 2wk after clinical clearance or up to 16wk	Clinical and histological evidence of BCC 6wk post-treatment	Clearance rates: overall 83% (20/24) 1) bid, 10wk: 100% (7/7) 2) od, 13wk: 100% (4/4) 3) 3 × per wk, 14.5wk: 100% (4/4) 4) 2 × per wk, 16wk: 80% (3/5) 5) 1 × per wk, 16wk: 50% (2/4) 6) vehicle, 16wk: 9% (1/11)	Application site reactions in 92% (22/24) of treatment group, 64% (7/11) in vehicle group, including itching, erythema, papular rash and discharge. Severe local reactions (erosion, induration, ulceration) observed only in bid and od groups
Geisse et al. (2002) <sup>[47]</sup>	Prospective, randomised, double-blind, vehicle-controlled	128 patients, sBCC (0.5–2cm <sup>2</sup> ) 24 patients withdrew from treatment portion of study	5% imiquimod cream in one of four dosage regimens for 12wk	Clinical and histological evidence of BCC 6wk post-treatment	Clearance rates: 1) bid: 100% (10/10) 2) od: 87% (27/31) 3) 5 × per wk: 81% (21/26) 4) 3 × per wk: 52% (15/29) 5) vehicle: 19% (6/32)	118/128 reported at least one adverse event. Most frequently reported application site reactions included itching, pain and tenderness at application site

*Continued next page*

Table III. Contd

Study (year)	Design	Subjects	Intervention	Outcome measures	Results	Adverse effects
Schumack et al. (2002) <sup>[49]</sup>	Prospective, randomised, double-blind, vehicle-controlled	92 patients, nBCC (0.5–1.5cm <sup>2</sup> )	5% imiquimod cream in one of three dosage regimens for 12wk	Clinical and histological evidence of BCC 6wk post-treatment	Clearance rates: 1) daily for 7 days/wk: 76% (16/21) 2) daily for 5 days/wk: 70% (16/23) 3) daily for 3 days/wk: 60% (12/20) 4) vehicle: 13% (3/24)	Local skin reactions in all treatment groups, mild to moderate in intensity. Eight patients discontinued because of local skin reactions. Application site reactions most common, including itching, tenderness and burning
Sterry et al. (2002) <sup>[50]</sup>	Two prospective, randomised, open-label	Study 1: 93 patients, sBCC (0.5–2cm <sup>2</sup> ) Study 2: 90 patients, nBCC (0.25–1.5cm <sup>2</sup> )	Four groups: 5% imiquimod cream 2 × per wk or 3 × per wk with and without occlusion	Clinical and histological evidence of BCC 6wk post-treatment	Clearance rates: 1) 3 days/wk, occlusion: 87% (sBCC, 20/23) / 65% (nBCC, 15/23) 2) 3 days/wk, no occlusion: 76% (sBCC, 19/25) / 50% (nBCC, 12/24) 3) 2 days/wk, occlusion: 43% (sBCC, 9/21) / 50% (nBCC, 11/22) 4) 2 days/wk, no occlusion: 50% (sBCC, 12/24) / 57% (nBCC, 12/21)	Application site reactions in all treatment groups. Four with severe adverse events. Most frequently reported adverse events included itching, burning and hypopigmentation
Shumack et al. (2004) <sup>[51]</sup>	Prospective, nonrandomised, open-label	66 patients, sBCC >2cm in one dimension (median 4.3cm <sup>2</sup> )	5% imiquimod cream 5 × per wk for 6wk	Clinical and histological evidence of BCC in punch biopsy specimens 12 wks post-treatment	83% overall clearance of all treated tumours: 1) 2–5.9 cm <sup>2</sup> (n = 45): 89% 2) 6–9.9 cm <sup>2</sup> (n = 16): 81% 3) 10–13.9 cm <sup>2</sup> (n = 3): 33% 4) >14 cm <sup>2</sup> (n = 2): 50%	Not specifically discussed
Wu et al. (2006) <sup>[52]</sup>	Prospective, nonrandomised, open-label	17 patients (34 lesions), nBCC	Curettage without electrodesiccation + 5% imiquimod cream daily for 6–10wk; (6 lesions with 30 applications, 1 lesion with 28 applications)	Clinical and histological evidence of BCC 12wk post-treatment	32/34 lesions histologically cleared of BCC	Local skin reactions at tumour site and surrounding area: erythema 74%, scabbing/crusting 47%, flaking/scaling 44% and erosion 44%
Spencer (2006) <sup>[53]</sup>	Prospective, randomised, double-blind, vehicle-controlled	20 patients, histologically confirmed nBCC	Curettage with electrodesiccation + 5% imiquimod cream (n = 10) or vehicle daily (n = 10) for 4wk	Clinical and histological evidence of BCC 8wk post-treatment	Residual tumour in 10% of treatment group vs 40% of vehicle group	Painless inflammation and crusting beyond the borders of the curettage and electrodesiccation wound

**bid** = twice daily; **max** = maximum; **min** = minimum; **nBCC** = nodular basal cell carcinoma; **od** = once daily; **sBCC** = superficial basal cell carcinoma.

subjects displayed clinical evidence of BCC recurrence at 24-month follow-up. Histological results of these 14 individuals were available for 11, all of whom had histological evidence of superficial BCC.<sup>[56]</sup>

#### Safety

Imiquimod is administered topically and, while its effects are localised primarily to the site of treatment, systemic absorption has been observed in pharmacokinetic studies.<sup>[57]</sup> In a study of 58 patients with actinic keratosis who were treated with imiquimod 5% cream three times weekly for 16 weeks, mean peak serum concentrations at the end of the treatment period were found to be 0.1, 0.2 and 3.5 ng/mL for the face (dose 12.5mg), scalp (dose 25mg) and hands/arms (dose 75mg), respectively.<sup>[58]</sup> Systemic absorption increased with dose, but this increase was not proportional. The mean half-life was approximately 24 hours, and urinary excretion was minimal, with mean recoveries of the estimated applied dose ranging from 0.1–2.4%.<sup>[57-59]</sup>

In all studies, local reactions such as itching, burning and tenderness at the application site were common, with up to 50–60% of individuals reporting at least one adverse event. Other local adverse effects included erythema, erosion, oedema and ulceration, most of which were mild to moderate and well tolerated. Some patients required a temporary cessation of treatment because of the severity of the local site reaction. In addition, a dose-response gradient has been reported, with increases in the incidence and severity of reactions being linked to increased application frequency.<sup>[47]</sup> While systemic adverse effects were minimal, flu-like symptoms, angioedema and exacerbation of psoriasis have been reported in patients using topical imiquimod.<sup>[60-64]</sup>

#### Summary

Imiquimod 5% cream has been shown to be superior to placebo in the treatment of BCC in several randomised, double-blind, vehicle-controlled studies. Adverse effects consisted primarily of local site reactions and were well tolerated. However, these series typically included only smaller superficial BCCs and nodular BCCs, and as such, their results cannot be extrapolated to larger BCCs

or those with more aggressive growth patterns. Moreover, studies have suggested less successful cure rates for nodular BCCs than for superficial BCCs. Smaller, open-label studies have suggested similar cure rates for larger BCCs measuring  $\geq 2$  cm in at least one dimension (treated tumours ranged in size from 2 to 48 cm<sup>2</sup>; median 4.3 cm<sup>2</sup>) (range 2–48 cm<sup>2</sup>; median 4.3 cm<sup>2</sup>) but lower rates of 47–58% for multiple BCCs, particularly for lesions located in the lower extremities.<sup>[51,65]</sup> Furthermore, histological examination was utilised as a surrogate for long-term follow-up in these studies, which could have resulted in residual nests of BCC being missed. Studies investigating long-term cure rates with imiquimod are currently underway.

Imiquimod may be useful for the treatment of primary superficial BCCs in low-risk sites where recurrence is unlikely to result in substantial morbidity, particularly while further studies with long-term follow-up, inclusion of other subtypes of BCC, and head-to-head comparison of imiquimod with other conventional treatment modalities are completed. Adjuvant treatment with imiquimod prior to MMS may diminish tumour size and allow for a smaller cosmetic defect.<sup>[66]</sup> Higher cure rates are attainable with twice-daily treatment, although local site reactions exhibit a dose-response gradient and may be limiting. Treatment durations of 6 and 12 weeks have been associated with similar cure rates, although longer treatment durations may be required for nodular BCC, and once-daily regimens may provide a balance between an acceptably high cure rate and fewer adverse effects.

## 2.2 Intralesional Chemotherapy

### 2.2.1 Interferon

#### Mechanism of Action

Interferons are a family of naturally occurring glycoproteins that exhibit a broad spectrum of antiviral, immunomodulatory and antiproliferative activities. Three major classes of human interferons exist, classified as type I (interferon- $\alpha$ , interferon- $\beta$ ) and type II (interferon- $\gamma$ ).<sup>[67]</sup> Binding of specific cell-surface receptors by interferon initiates a series

of intracellular events via the Janus kinase-signal transducer and activator of transcription (Jak/STAT) signalling pathway.<sup>[68]</sup> Specifically, binding of interferon initiates the activation of two receptor-associated tyrosine kinases, Jak1 and Tyk2, which phosphorylate receptor subunits and transcription factors, including cytosolic STAT proteins. These transcription factors translocate into the nucleus and initiate the transcription of specific target genes within immune cells.<sup>[69,70]</sup> The effects of interferon include stimulation of macrophage and natural killer cell activity, augmentation of lymphocyte cytotoxicity, promotion of cell differentiation and increased expression of major histocompatibility antigens.<sup>[71-75]</sup>

Studies have shown that the mechanism by which interferon promotes regression of BCC may be mediated in part through increased expression of Fas, an important component of interferon-induced apoptosis in BCC. In a study of 15 patients with nodular BCC, Buechner et al.<sup>[76,77]</sup> found that while specimens from untreated patients were strongly positive for FasL, Fas was not detectable. Specimens from interferon- $\alpha$ -treated patients, however, exhibited expression of both Fas and FasL, as well as the presence of a dense dermal lymphoid infiltrate of CD4+ T cells surrounding BCC nests. Elevated levels of Fas and apoptosis have been shown to result from interferon- $\alpha$ -induced inhibition of the sonic hedgehog pathway-induced mitogen-activated Erk-regulating kinase.<sup>[78]</sup>

#### Efficacy

The short-term efficacy of recombinant forms of interferon, including interferon- $\alpha$ -2a and interferon- $\alpha$ -2b, have been investigated in multiple studies (table IV). In these, efficacy rates ranging from 67% to 86% with good cosmesis have been reported, although few large, double-blind studies have been conducted.<sup>[79-83]</sup> A randomised, double-blind, vehicle-controlled trial of 172 patients compared the efficacy of intralesional injections of interferon- $\alpha$ -2b versus vehicle.<sup>[83]</sup> At 20 weeks, a treatment failure rate of 14% (17/120) was reported for the interferon group versus 71% (30/42) for the placebo group. The cure rate was independent of tumour

type and size. Another randomised, open-label study of 45 patients compared the efficacy of intralesional interferon- $\alpha$ -2a, - $\alpha$ -2b and the combination of  $\alpha$ -2a and - $\alpha$ -2b in the treatment of superficial, nodular and morphoeic BCC.<sup>[82]</sup> No increase in effectiveness with combination therapy at 8 weeks post-treatment was seen, with treatment failures of 33.3%, 33.3% and 26.6% being observed on cytological examination for the three types of BCC, respectively. Edwards et al.<sup>[81]</sup> evaluated the differential effects of different dose administration schedules of intralesional interferon- $\alpha$ -2b, comparing a single dose of 10 million IU versus the same dose once weekly for 3 weeks, in a randomised study of 65 patients. A significant difference was found in favour of weekly injection for 3 weeks, with early treatment failure rates of 48% (16/33) versus 20% (6/30) at 16 weeks post-treatment in the single injection group being documented. The long-term efficacy of perilesional interferon- $\alpha$ -2b was studied in 50 patients with biopsy-proven superficial or nodular BCC.<sup>[84]</sup> Clinical cures were noted in 95/98 lesions, with a mean follow-up of 10.5 years (range 9 months to 18.5 years; 31% had <10 years' follow-up).

#### Safety

The most frequently reported adverse effects of interferon consisted of local reactions at the site of injection, which included erythema, oedema and tenderness. Local inflammatory reactions were typically graded as moderate.<sup>[79]</sup> However, injections of interferon were also associated with flu-like symptoms of fever, chills, headache, myalgia, nausea and vomiting, particularly within the first few weeks following treatment initiation.<sup>[85]</sup> In one study, 82% of patients experienced at least one severe adverse reaction, defined as necessitating an interruption in daily activities.<sup>[81]</sup> Fever, rigors and myalgia were relatively common, with 83%, 82% and 75%, respectively, reporting such adverse reactions in the same study. In a randomised, open-label study of 45 patients, Alpsy<sup>[82]</sup> reported reversible leukopenia in four patients and thrombocytopenia with increased liver function enzymes in two patients receiving interferon therapy. Adverse effects were usually

**Table IV.** Comparison of studies investigating interferon (IFN) for the treatment of basal cell carcinoma (BCC)

Study (year)	Design	Subjects	Intervention	Outcome measures	Results	Adverse effects
Cornell et al. <sup>[83]</sup> (1990)	Prospective, randomised, double-blind, vehicle-controlled	165 patients, sBCC, nodulo-ulcerative, mean lesion 83mm <sup>2</sup>	IFN $\alpha$ -2b 1.5MU 3 $\times$ per wk for 3wk (n = 130) vs placebo (n = 42)	1) histological evidence of BCC at 20wk 2) cosmetic outcome at 1 year	Response rate: 1) IFN $\alpha$ -2b: 86% (103/120) 2) placebo: 29% (12/42) 3) 83% of patients and 61% of physicians rated cosmetic outcome as excellent for IFN group	Adverse reactions in 75% of IFN group vs 50% of placebo group. Mainly local reactions at injection site and flu-like symptoms, mild or moderate in severity, occurring during treatment period
Alpsoy (1996) <sup>[82]</sup>	Prospective, randomised, open-label	45 patients, sBCC, nBCC, morphoeic, 0.5-8.9cm <sup>2</sup>	IFN $\alpha$ -2a, IFN $\alpha$ -2b, or combination of both in doses of 15 (lesion size <2 cm <sup>2</sup> ) or 30MU (lesion size >2 cm <sup>2</sup> ) 3 $\times$ per wk (total 10 injections)	Clinical and cytological evidence of BCC 8wk post-treatment	Response rate: 1) IFN $\alpha$ -2a: 66.6% (10/15): 8/12 nBCC, 0/1 sBCC, 2/2 morphoeic 2) IFN $\alpha$ -2b: 66.6% (10/15): 7/11 nBCC, 1/2 sBCC, 2/2 morphoeic 3) $\alpha$ -2a plus $\alpha$ -2b: 73.3% (11/15), 9/11 nBCC, 1/2 sBCC, 1/2 morphoeic	Local discomfort at the treatment site in all patients during injection. Almost every patient reported flu-like symptoms, including fever, chills, headache, fatigue and myalgia, especially within first 2wk of treatment
Edwards et al. (1990) <sup>[81]</sup>	Prospective, randomised, open-label	65 patients, sBCC (2cm largest diameter), nBCC (0.5-1.5cm)	IFN $\alpha$ -2b protamine zinc chelate sustained-release single-dose 10MU vs same dose wkly for 3wk	1) histological evidence of BCC at 16wk 2) cosmetic outcome, independent ratings by patient and investigator	Response rate: 1) single injection: 52% (17/33) 2) 3 $\times$ weekly: 80% (24/30) Cosmetic outcome: 51% excellent, 22% very good, 14% good, 10% satisfactory, 3% poor	All patients with at least one adverse reaction, particularly flu-like symptoms (fever, rigor, myalgia, headache, nausea). Reactions began on day of treatment, generally lasting 5-8h
Kowalick et al. (2002) <sup>[79]</sup>	Prospective, nonrandomised, open-label	139 patients, problematic BCC (i.e. location, patient refusal to undergo surgery or radiotherapy)	Intratumoral rIFN $\alpha$ -1a 3 $\times$ per wk for 3wk, (total dose = 9.0MU)	1) clinical and histological evidence of BCC 16wk post-treatment initiation 2) cosmetic outcome, patient rating	1) response rate: 66.9% 2) cosmetic result: 83% rated as good or very good	Local reactions, erythema most commonly reported symptom, 48% moderate, 35% intense, 6% very intense. 81 systemic adverse reactions in 32 patients
Tucker et al. (2006) <sup>[84]</sup>	Retrospective, nonrandomised	50 patients (98 lesions), sBCC, nBCC treated during 1985-1992	Nine total perilesional and intradermal injections of 5 million units of IFN $\alpha$ -2b over 3-6wk	Clinical evidence of BCC	95/98 lesions clinically free of tumour at final follow-up visit (mean 10.5y, range 9 months to 18.5y, 31% with <10y follow-up)	Flu-like symptoms in all patients, well tolerated

**nBCC** = nodular basal cell carcinoma; **rIFN** = recombinant interferon; **sBCC** = superficial basal cell carcinoma.

transient and were typically successfully moderated with paracetamol (acetaminophen).

#### Summary

Interferon has been shown to be superior to placebo in a randomised, double-blind, vehicle-controlled study for the treatment of BCC.<sup>[83]</sup> However, studies have suggested high failure rates for aggressive subtypes of BCC, with only 4 of 15 patients exhibiting a complete response to intralesional injections of interferon- $\alpha$ -2b in one study.<sup>[86]</sup> Additional randomised, double-blind, vehicle-controlled studies with long-term follow-up are needed to better characterise the efficacy and safety profile of interferon for the treatment of BCC, particularly with respect to more aggressive subtypes.

The major limitation of interferon is the high incidence of systemic adverse effects that can disrupt the daily activities of patients during treatment. This may prevent interferons from being commonly utilised as a treatment modality for BCC, given that similarly effective but better tolerated alternatives are available.<sup>[87]</sup>

### 2.2.2 Fluorouracil

#### Mechanism of Action

Fluorouracil is a pyrimidine antimetabolite that exerts its cytotoxic effect primarily by blocking DNA formation through inhibition of thymidylate synthetase. Specifically, fluorouracil is converted through a series of steps into fluorodeoxyuridine monophosphate, which, through its covalent interaction with thymidylate synthetase, inhibits the formation of thymidylate from uracil. This results in a deficiency of thymidylate, a precursor of thymidine phosphate, one of four deoxyribonucleotides necessary for DNA synthesis. Additional effects of fluorouracil include misincorporation into DNA leading to single strand breaks and aberrant incorporation into RNA, with subsequent interference with normal RNA function.<sup>[88,89]</sup> Rapidly multiplying tumour cells, which require more DNA and RNA because of their proliferative activities, are therefore most sensitive to the cytotoxic effects of fluorouracil.

#### Efficacy

Many studies have investigated the efficacy of fluorouracil for the treatment of BCC over the past 40 years (table V), although well designed, randomised, double-blind, vehicle-controlled trials are limited. While clinical resolution of up to 90% of superficial BCCs has been reported with fluorouracil, treatment of other BCCs – including non-superficial, nodular and recurrent lesions – has been associated with lower reported cure rates, and one study reported a 5-year recurrence rate of 21%.<sup>[89-91]</sup> The efficacy of six treatment regimens of fluorouracil/epinephrine gel was investigated in an open-label, randomised study of 122 patients with biopsy-proven superficial and nodular BCCs.<sup>[92]</sup> At 12 weeks post-treatment, analysis of excision specimens revealed an overall efficacy rate of 91%, with no statistically significant difference among regimens. A double-blind, randomised pilot study of 13 patients suggested that use of a phosphatidyl choline-based cream versus a petrolatum-based cream may improve cure rates.<sup>[93]</sup> Relatively high recurrence rates have been reported with longer-term follow-up, ranging from 21% to as high as 72%, with higher rates for non-superficial and recurrent BCCs.<sup>[89-91]</sup> Reports have suggested that combination therapy with cryotherapy may improve cure rates.<sup>[94]</sup> Furthermore, studies have shown that treatment with fluorouracil may result in an apparent clinical cure despite persistent dermal disease, which may account for higher rates of recurrence for non-superficial BCCs.<sup>[95,96]</sup>

#### Safety

Adverse effects of fluorouracil are typically confined to the site of treatment and include transient, moderate to severe stinging, erythema, oedema, ulceration and erosions.<sup>[92,93]</sup> Romagosa et al.<sup>[93]</sup> reported a high occurrence of hyperpigmentation (83%) and ulceration (43%) at the site of treatment. Although a rapid inflammatory reaction is thought to be an indication of treatment efficacy, reactions may be severe, with serous oozing and secondary infections. Rare cases of contact dermatitis have been reported, as well as photosensitivity during treatment periods. Uncommon adverse effects re-

Table V. Comparison of studies investigating fluorouracil (FU) for the treatment of basal cell carcinoma (BCC)

Study (year)	Design	Subjects	Intervention	Outcome measures	Results	Adverse effects
Romagosa et al. <sup>[93]</sup> (2000)	Prospective, randomised, double-blind	13 patients (17 lesions), nonsuperficial BCC ≥0.7cm in diameter	FU in phosphatidyl choline vs FU in petrolatum bid for 4wk	Histological evidence of BCC at 16wk	Response rate: 1) FU in phosphatidyl choline: 90% (9/10) 2) FU in petrolatum: 57% (3/7)	Local irritation, erythema, ulceration and tenderness; well tolerated. Minimal itching and discomfort reported
Miller et al. <sup>[92]</sup> (1997)	Prospective, randomised, open-label	122 patients, size 6–15mm largest diameter, median 80 mm <sup>2</sup>	FU/epinephrine gel, six treatment regimens	Histological evidence of BCC 12wk post-treatment	Overall efficacy: 91% 1) 1.0mL 1 × per wk for 6wk: 90% (18/20) 2) 0.5mL 1 × per wk for 3wk: 95% (20/21) 3) 1mL 2 × per wk for 3wk: 94% (17/18) 4) 0.5mL 2 × per wk for 3 wk: 79% (15/19) 5) 0.5mL 2 × per wk for 4wk: 90% (19/21) 6) 0.5mL 3 × per wk for 2wk: 100% (17/17)	Transient, moderate to severe stinging, burning and pain at time of injection. Erythema, swelling, desquamation and erosions. Hyperpigmentation (83%) and ulceration (47%)

ported following topical fluorouracil administration include myocardial ischaemia, systemic toxicity, hypertrophic scarring and bullous pemphigoid.<sup>[89,97,98]</sup>

Summary

Topical fluorouracil has been shown to be an effective treatment modality for superficial BCC, particularly for multiple superficial BCCs at low-risk locations, such as may be found in patients with basal cell nevus syndrome.<sup>[89,99]</sup> However, high recurrence rates have been reported with longer-term follow-up, particularly with high-risk BCCs, and well designed trials are scarce. Adverse effects are typically moderate to severe and localised to the site of treatment, although severe adverse events may occur uncommonly. An important limitation of fluorouracil is evidence suggesting incomplete destruction of tumour in deeper cells. Post-treatment biopsies of lesions with clinical appearance of cure have demonstrated persistent dermal disease.<sup>[95,96]</sup> On the basis of these findings, the role of fluorouracil may be limited to treatment of superficial BCCs in low-risk locations.

2.2.3 Other Chemotherapeutic Agents

Chemotherapeutic agents, including bleomycin and cisplatin, have been investigated for the treatment of BCC, particularly in studies utilising adjunctive electric pulses to enhance entry of drug into target cells.<sup>[100-103]</sup> Glass et al.<sup>[102]</sup> treated 20 patients (54 lesions) with intralesional bleomycin and electric pulses delivered through needle electrodes. A response rate of 98% (53/54 lesions) was reported 6 weeks after treatment, with no evidence of tumour on histopathology. Adverse effects included erythema, crusting and ulceration. Studies utilising intravenous chemotherapy for metastatic BCC have shown relative unresponsiveness, although some studies have reported limited success.<sup>[104-108]</sup>

2.3 Photodynamic Therapy (PDT)

PDT utilises the combination of light, a photosensitiser and oxygen to selectively damage and destroy pathological cells. Following the uptake of administered photosensitiser into the target tissue,

exposure to light of a specific wavelength activates a cascade of reactive oxygen species, resulting in cell death.<sup>[109-111]</sup> In addition to direct cytotoxicity, vascular damage resulting in tissue infarction, apoptosis through stimulation of multiple signal transduction reactions, and upregulation of immune mediators, such as IL-1 and IL-6, have been shown to further promote tumour destruction.<sup>[112-115]</sup>

Porfimer sodium, a haematoporphyrin derivative, was among the earlier photosensitisers utilised in PDT. While effective and widely used for the treatment of non-dermatological tumours such as oesophageal and lung cancers, its limitations of prolonged photosensitivity associated with systemic administration, low initial selectivity between neoplastic and normal tissue, and long duration requirement between administration of the photosensitiser and exposure to light have led to a general preference for topical photosensitisers for the treatment of superficial lesions.<sup>[116,117]</sup>

### 2.3.1 Topical PDT

#### Mechanism of Action

Topical PDT involves the application of the prodrug aminolaevulinic acid or its derivatives, such as methyl aminolaevulinate, which are metabolised intracellularly by the intrinsic haem biosynthetic pathway into photoactive porphyrins, particularly protoporphyrin IX.<sup>[109,118,119]</sup> Selective accumulation of protoporphyrin IX in neoplastic tissue compared with normal tissue occurs after administration of aminolaevulinic acid and is thought to be due, in part, to abnormal architectural changes and diminished integrity in the epidermal layers of diseased tissue, subsequently resulting in increased permeability and penetration of aminolaevulinic acid through cellular membranes.<sup>[120,121]</sup> Additional factors contributing to preferential accumulation of protoporphyrin IX in neoplastic cells may involve variations in specific transport systems, altered activities of enzymes in the haem biosynthetic pathway, and disparities in iron availability and uptake.<sup>[122]</sup>

#### Efficacy

Multiple studies have investigated the short-term efficacy of topical PDT for the treatment of BCC (table VI), although well designed studies with randomisation, double-blind analysis, post-treatment histopathology, and long-term follow-up are limited. Moreover, many studies lack specific endpoints and instead utilise clinical observations to assess efficacy. While response rates for superficial BCC range from 79% to 100% with good cosmesis, lower rates of <50% have been reported for pigmented and morphoeic BCCs, and recurrence rates of up to 63% have been reported.<sup>[110,123-136]</sup> However, another study has suggested longer-term maintenance of cure rates at 1 year post-treatment.<sup>[137]</sup> Postulated reasons for lower efficacy rates for other subtypes when compared with superficial BCCs include inability to administer light to deeper tumour depths and absorption of photoactivating light by melanin.<sup>[138,139]</sup> It has also been suggested that tumour thickness and subsequent depth of photosensitiser penetration may be an important determinant of efficacy.<sup>[140]</sup>

The effectiveness of aminolaevulinic acid-PDT and cryotherapy in the treatment of superficial and nodular BCC was compared in a non-blinded, phase III clinical trial of 88 patients.<sup>[132]</sup> Histologically verified recurrence rates at 1 year were statistically comparable between the two modalities: 25% (11/44) for the PDT group and 15% (6/39) for the cryosurgery group. Cosmetic outcome, including scarring and pigmentation defects, was superior in the PDT group. Rhodes et al.<sup>[141]</sup> conducted a randomised study comparing methyl aminolaevulinate-PDT versus standard excision surgery for the treatment of histologically confirmed nodular BCC in 101 patients. Lesions with an incomplete response to PDT received an additional treatment cycle. Complete response rates assessed clinically at 3 months post-treatment were 98% for the surgical group and 91% for the PDT group. There was higher recurrence in the PDT group than the surgical group, with 85% versus 60% of patients being free of tumour at 2 years' follow-up, respectively. A third randomised study investigated the short-term efficacy of methyl aminolaevulinate-PDT compared with

**Table VI.** Comparison of studies investigating topical photodynamic therapy (PDT) for the treatment of basal cell carcinoma (BCC)

Study (year)	Design	Subjects	Intervention	Outcome measures	Results	Adverse effects
Wang et al. <sup>[132]</sup> (2001)	Prospective, randomised, open-label	88 pts, sBCC, nBCC	ALA-PDT (47 lesions, 22 sBCC, 25 nBCC) or cryosurgery, two freeze-thaw cycles (41 lesions, 17 sBCC, 24 nBCC); re-treatment (13 pts) for partial responses	1) Clinical and histological evidence of BCC in punch biopsy specimens 12 months post-treatment 2) Cosmetic outcome (scarring, tissue defects, pigmentation) 12 months post-treatment, grading by physician and two non-medical scientists	Histological recurrence rate at 12 months: 1) PDT group: 25% (11/44; 8/21 sBCC, 3/23 nBCC) Cryotherapy group: 15% (6/39; 1/15 sBCC, 5/24 nBCC) 2) Cosmetic outcomes significantly better with PDT	Trend towards increased pain and discomfort during and after treatment with PDT than cryotherapy. Other adverse effects included leakage, oedema and crusting
Rhodes et al. <sup>[141]</sup> (2004)	Prospective, randomised, open-label	101 pts, nBCC	MAL-PDT (52 pts), simple surgical excision (49 pts)	1) Clinical inspection for evidence of lesion 3 months post-treatment 2) Cosmetic outcome, investigator- and patient-rated, 4 point scale at 3, 12 and 24 months	Complete clinical response rate: 1) PDT group: 91% (48/53) Surgery group: 98% (51/52) 2) Cosmetic result favourable in PDT group vs surgery group	Adverse events reported by 52% (27/52) in PDT group vs 29% (14/49) in surgery group. Most transient and local, included burning, pain and erythema
Foley <sup>[142]</sup> (2003)	Prospective, randomised, double-blind, vehicle-controlled	66 pts, nBCC	MAL-PDT vs placebo cream; re-treatment of lesions with partial response at 3 months	Histological evidence of BCC 6 months post-treatment	Response rate: PDT group: 68% Placebo group: 19%	Transient local reactions, mild to moderate, without systemic or serious adverse events
Thissen et al. <sup>[143]</sup> (2000)	Prospective, nonrandomised, open-label	23 pts (24 lesions), nBCC	ALA-PDT 3wk after prior debulking	1) Clinical and histological evidence of BCC 12wk post-treatment 2) Cosmetic results, investigator- and patient-rated	1) Complete response in 92% (22/24) 2) Cosmesis good (1/22 cured BCCs), excellent (21/22 cured BCCs)	Erythema, oedema in all treated lesions. No other serious adverse effects reported
Haller et al. <sup>[136]</sup> (2000)	Prospective, nonrandomised, open-label	6 pts (26 lesions), sBCC	ALA-PDT, double treatment, 7-day interval between treatment sessions	Clinical evidence of BCC	4% recurrence rate, median follow-up 27 months (range: 15–45 months)	Not discussed

**ALA** = aminolaevulinic acid; **MAL** = methyl aminolaevulinate; **nBCC** = nodular basal cell carcinoma; **pts** = patients; **sBCC** = superficial basal cell carcinoma.

placebo cream in 66 patients with nodular BCC. Lesions were prepared prior to PDT with debridement/debulking, and patients with partial responses at 3 months were re-treated. Histologically confirmed response rates at 6 months post-treatment were 68% for methyl aminolaevulinic acid-PDT versus 19% for placebo, with higher response rates seen for lesions of the face compared with the extremities or trunk.<sup>[142]</sup>

Attempts to reduce recurrence, enhance tissue absorption, and improve efficacy through multiple treatment sessions, curettage of lesions prior to treatment, and adjunctive dimethylsulfoxide or deferoxamine, have resulted in increased response rates, although well designed, randomised, double-blind studies specifically investigating these methods are lacking.<sup>[136,143-146]</sup> Thissen et al.<sup>[143]</sup> conducted a nonrandomised open-label study of 23 patients who were treated with aminolaevulinic acid-PDT for 3 weeks following prior curettage; the histological clearance rate 3 months post-treatment was 92%. Haller et al.<sup>[136]</sup> treated six patients with 26 histologically confirmed superficial BCCs with a second treatment of aminolaevulinic acid-PDT 1 week following initial treatment. The clinical response rate was 100% at 1 month, with a 4% relapse rate at a median follow-up of 27 months (range 15–45 months). These findings suggest the possibility of heterogeneous accumulation of photosensitiser with initial administration that may be ameliorated with a second treatment. Ester derivatives of aminolaevulinic acid have also been developed to enhance lipophilicity and improve tissue penetration.<sup>[147]</sup>

#### Safety

Adverse events after topical photodynamic therapy most commonly consist of local site reactions, including burning, stinging, crusting, erythema, and transient pigmentary changes at the treatment site. Local reactions, transient and mild in severity, were reported in as many as 79% of patients that underwent photodynamic therapy.<sup>[148]</sup> Higher pain scores have been reported for 5-aminolaevulinic acid compared with 5-aminolaevulinic methylester.<sup>[149]</sup> Systemic administration is associated with prolonged photosensitivity and adverse effects such as

hyperthermia, nausea, vomiting, headache and myalgias.<sup>[117]</sup> Hence, following administration of photosensitiser, exposure to sunlight or bright indoor light should be avoided. Wang et al.<sup>[132]</sup> reported a shorter healing time with aminolaevulinic acid-PDT than with cryotherapy, as manifested by less leakage and oedema. Rarely, allergic reactions to the porphyrin component may occur, and caution must be exercised in patients with known photosensitivity disorders, porphyria or porphyrin allergies.

#### Summary

Topical PDT has shown promising results with good cosmesis in the treatment of BCC in a prospective, randomised, double-blind, vehicle-controlled study, although most studies investigating PDT were nonrandomised and relied on clinical observations for efficacy analysis.<sup>[142]</sup> However, high recurrence rates (up to 63%) have been reported with longer-term follow-up. PDT may be useful in the treatment of superficial BCCs, particularly in those patients who are not amenable to surgery because of large lesion size or multiple lesions, although treatment of larger skin areas may result in increased pain.<sup>[150]</sup> Adverse events are typically local site reactions and generally mild in severity. Additional studies with randomised, double-blind design and long-term follow-up are needed to better characterise the efficacy and safety profile of photodynamic therapy for BCC, particularly with respect to aggressive subtypes, adjunctive methods seeking to enhance tissue penetration, optimal number of treatments, and best time interval between drug and exposure to light. Standardised investigation of time intervals may prove important, given that studies have shown that a short interval promotes accumulation of sensitiser primarily in the intravascular compartment, resulting in thrombus formation and indirect killing.<sup>[151,152]</sup> A longer duration, on the other hand, may promote localisation to the extravascular compartment via vascular leakage and interstitial diffusion. Until these considerations are addressed in further studies, PDT should be considered investigational and limited to the treatment of superficial BCCs in low-risk areas where recurrence is unlikely to result in significant morbidity.

## 2.4 Other Agents

The continued increase in the incidence of BCC worldwide has prompted many studies evaluating the efficacy of various other treatment modalities seeking to eradicate tumour effectively while maximising cosmetic and functional outcomes. Experimental treatments reported to have achieved successful results include tazarotene, glycoalkaloid (BEC-5) cream, cidofovir and calcium dobesilate.

Retinoids, as modulators of epithelial cell differentiation, have been investigated as chemopreventive treatments for a number of conditions, including liver and lung malignancies, psoriasis and actinic keratosis.<sup>[153]</sup> The efficacy of tazarotene, a topical retinoid, was studied in an open-label pilot study of 20 patients with 30 lesions: a 53% (16/30) response rate was reported.<sup>[154]</sup> Despite a lower cure rate compared with other modalities, studies have suggested a potential utility of retinoids as a viable treatment for BCC by showing decreased expression of retinoid-induced tumour suppressor in skin cancer and inhibition of BCC formation in mouse models by tazarotene.<sup>[155,156]</sup> BEC-5 cream, a mixture of glycoalkaloid derived from a plant source, was compared with vehicle and revealed a 1-year cure rate of 52% (32/62) versus 16% (5/32), respectively, without major adverse effects.<sup>[157]</sup>

Aspirin (acetylsalicylic acid) and other NSAIDs have been shown to inhibit BCC tumour growth *in vitro*.<sup>[158]</sup> In addition, Buckman et al.<sup>[159]</sup> demonstrated an increase in the expression of cyclo-oxygenase-2 (COX-2) in response to UVB irradiation, and several studies have shown COX-2 upregulation in epithelial tumours, including colorectal, breast and lung cancers. Administration of the COX-2 inhibitor celecoxib has been shown to prevent new tumour formation following photocarcinogenesis in a murine model, although there was no regression of established tumours.<sup>[158]</sup> These studies suggest a protective effect of NSAIDs, although a large, long-term trial reported that alternate-day use of aspirin did not lower the risk of total (nonmelanoma skin cancer excluded), breast and colorectal cancer.<sup>[160]</sup> However, another recent study has suggested a weak protective effect of NSAIDs against BCC.<sup>[161]</sup>

Cidofovir, a purine nucleoside analogue of deoxycytidine, has been reported as a treatment for recurrent respiratory papillomatosis, a disease characterised by benign epithelial tumours of the airway.<sup>[162]</sup> A pilot study of four patients with BCC investigated the efficacy of topical 1% cidofovir and revealed regression of tumour on histological assessment in three of four patients.<sup>[163]</sup> In addition, Cuevas and Arrazola<sup>[164]</sup> reported successful treatment of a case of nodular BCC with calcium dobesilate (dihydroxy-2,5 benzenesulfonate), an agent reported to block fibroblast growth factor and to possess antioxidant and angioprotective properties.<sup>[165-167]</sup>

## 3. Conclusions

There are numerous treatment modalities for BCC, and various factors need to be considered in treatment selection, including tumour type, location, size, prior recurrence and patient preference. Surgery and radiotherapy appear to offer the highest long-term efficacy rates, but pharmacological treatments are particularly attractive as they offer the potential for lower morbidity and improved cosmesis. However, pharmacological agents possess higher failure rates when compared with surgery, and most studies of pharmacological treatment have investigated only low-risk lesions. Accurate assessment of the different modalities is difficult, because of the relative lack of comparative studies evaluating various treatments and other subtypes of BCC. Many studies are without long-term follow-up and lack specific endpoints such as histological evidence of clearance, but instead rely on clinical observations for efficacy analysis.

However, several prospective, randomised, double-blind, vehicle-controlled studies have established the efficacy of imiquimod for superficial BCC, and this approach is associated with an acceptable adverse effect profile and the additional advantage of simple self application. Interferons, while effective, possess a high incidence of systemic adverse effects that can disrupt the daily activities of patients during treatment. Fluorouracil has been shown to be an effective treatment for superficial BCC, but high recurrence rates have been reported

with long-term follow-up, and well designed trials are lacking. PDT has shown promising results and may be particularly useful for patients with large lesion size or multiple lesions, although most studies investigating PDT were nonrandomised, open-label trials and utilised clinical observation for efficacy analysis.

Additional long-term studies are needed to better establish the efficacy and safety profile of other promising pharmacological agents, particularly with respect to high-risk BCCs. Until these studies are completed, pharmacological modalities may be limited to the treatment of low-risk superficial BCCs for which surgery or radiation may be difficult or contraindicated.

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