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# **Intravenous Paracetamol (Acetaminophen)**

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# **Contents**

Abstract
1. Pharmacodynamic Profile
2. Pharmacokinetic Profile
3. Therapeutic Efficacy
4. Tolerability
5. Dosage and Administration
6. Intravenous Paracetamol: Current Status

## **Abstract**

- ▲ Intravenous paracetamol (rINN)/intravenous acetaminophen (USAN) is an analgesic and antipyretic agent, recommended worldwide as a first-line agent for the treatment of pain and fever in adults and children.
- ▲ In double-blind clinical trials, single or multiple doses of intravenous paracetamol 1g generally provided significantly better analgesic efficacy than placebo treatment (as determined by primary efficacy endpoints) in adult patients who had undergone dental, orthopaedic or gynaecological surgery.
- ▲ Furthermore, where evaluated, intravenous paracetamol 1 g generally showed similar analgesic efficacy to a bioequivalent dose of propacetamol, and a reduced need for opioid rescue medication.
- ▲ In paediatric surgical patients, recommended doses of intravenous paracetamol 15 mg/kg were not significantly different from propacetamol 30 mg/kg for the treatment of pain, and showed equivocal analgesic efficacy compared with intramuscular pethidine 1 mg/kg in several randomized, active comparator-controlled studies.
- ▲ In a randomized, noninferiority study in paediatric patients with an infection-induced fever, intravenous paracetamol 15 mg/kg treatment was shown to be no less effective than propacetamol 30 mg/kg in terms of antipyretic efficacy.
- ▲ Intravenous paracetamol was well tolerated in clinical trials, having a tolerability profile similar to placebo. Additionally, adverse reactions emerging from the use of the intravenous formulation of paracetamol are extremely rare (<1/10 000).

# Features and properties of intravenous (IV) paracetamol (rINN)/ intravenous acetaminophen (USAN)

#### ndication

Short-term treatment of moderate pain and fever when administration by IV route is clinically justified

#### Mechanism of action

Adults weighing >50 kg

Inhibition of nitric oxide synthesis pathway; inhibition of prostaglandin synthesis

#### Dosage and administration

. 3 (
15 mg/kg (maximum 3 g/d)
15 mg/kg (maximum 2 g/d)
7.5 mg/kg (maximum 30 mg/kg/d)
15-min IV infusion
4–6 h

1 g (maximum 4 g/d)

# Pharmacokinetic properties (following 1 g infusion in healthy adult volunteers)

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Mean maximum plasma concentration	29.9 μg/mL
Mean area under the concentration time curve from time zero to infinity	57.6 μg • h/mL
Apparent volume of distribution	69.2 L
Systemic clearance	17.9 L/h
Mean elimination half-life	2.7 h
Tolerability profile	

Similar tolerability profile to placebo

The recommended approach for postoperative pain management is to initiate therapy with analgesics, such as paracetamol (rINN) [acetaminophen (USAN)], NSAIDs and aspirin, followed by the adjunctive use of opioids to treat more acute pain symptoms. However, the adverse effects associated with opioid use are well established and include dose-dependent respiratory depression, nausea, vomiting, constipation, urinary retention and sedation.<sup>[1,2]</sup> NSAIDs are also associated with adverse events including dyspepsia, gastric mucosal damage, postoperative bleeding and renal effects,<sup>[3]</sup> highlighting a requirement for more tolerable pain relief agents.

Paracetamol has been widely used for over a century as an effective analgesic and as an antipyretic agent. [4] Its efficacy [5] and tolerability [6] are well established and in contrast with other analgesics, it has a favourable safety profile. Indeed, paracetamol is currently the most commonly prescribed drug for the treatment of mild to moderate pain in infants. [7]

Furthermore, paracetamol has the advantage of being the only non-opioid analgesic available in oral, rectal or intravenous formulations. The intravenous route is especially advantageous in postsurgical situations when oral (e.g. infections with severe fever or vomiting) or rectal (e.g. high variability in uptake and bioavailability)<sup>[4,8,9]</sup> routes are not suitable or effective. To date, only a limited number of analgesics are available for administration intravenously, including the NSAID ketorolac,<sup>[10]</sup> which carries special warnings for treatment-related adverse events including those mentioned above, and propacetamol, an intravenous prodrug version of paracetamol that requires metabolic activation *in vivo*.

Intravenous propacetamol, a soluble diethylglycidyl ester of paracetamol, has been used for over a decade in Europe and provides rapid and effective pain relief in the perioperative setting, but is not associated with the adverse effects of opioids and NSAIDs outlined here. However, propacetamol requires reconstitution and is associated with infusion-site adverse events and reactions.<sup>[2,11]</sup> More recently, a new formulation of intravenous paracetamol was introduced to replace propacetamol, which does not require

reconstitution and is associated with fewer infusionsite reactions (see section 4). This profile reviews the clinical efficacy and tolerability of intravenous paracetamol in adult and paediatric patients with perioperative pain or infectioninduced fever.

Medical literature referenced in this profile was identified using MEDLINE and EMBASE, supplemented by AdisBase (a proprietary database of Wolters Kluwer Health | Adis). Additional references were identified from the reference lists of published articles.

#### 1. Pharmacodynamic Profile

The pharmacodynamic properties of intravenous paracetamol have been examined in both animal models<sup>[12,13]</sup> and in healthy adult volunteers, and have been extensively reviewed elsewhere. Despite more than 50 years of research, the precise mechanism underlying the analgesic and antipyretic activity of paracetamol is not fully understood.

- Paracetamol has been shown to act at both the central and peripheral components of the pain pathway. [17,18] One mechanism may be through the direct inhibition of the N-methyl-Daspartate receptor, which stimulates the substance P-dependent synthesis of nitric oxide, a primary mediator of nociception.[12] Paracetamol has also been implicated in the inhibition of the cyclo-oxygenase 2 pathway involved in prostaglandin (PGE) synthesis. [16] A metabolite of paracetamol also sequesters reduced glutathione, a required cofactor for membrane bound PGE synthase, which is involved in the generation of PGE<sub>2</sub>, another potent mediator of nociception.[16] Therefore, paracetamol may also contribute to the alleviation of pain by indirectly attenuating production of PGE<sub>2</sub>.
- The analgesic effects of paracetamol may also involve the serotonergic system. <sup>[14]</sup> In healthy male adult volunteers, agonists of the serotonin 5-HT<sub>3</sub> receptor, namely tropisetron and granisetron, completely blocked the analgesic effect of paracetamol, indicating an antinociceptive role for paracetamol. <sup>[14]</sup> In addition, in a rat model of tonic pain, paracetamol inhibited formalin-induced

responses by indirectly stimulating 5-HT<sub>1A</sub> receptors, thereby activating 5-HT pathways that regulate spinal nociception.<sup>[19]</sup>

- The onset of analgesia occurs rapidly within 5–10 minutes of intravenous paracetamol administration. The peak analgesic effect is obtained in 1 hour and its duration is approximately 4–6 hours. The peak analgesic effect is obtained in 1 hour and its duration is approximately 4–6 hours.
- The antipyretic effects of intravenous paracetamol are also rapid, with fever reduction occurring within 30 minutes of administration and lasting at least 6 hours.<sup>[17]</sup>

#### 2. Pharmacokinetic Profile

The pharmacokinetic properties of intravenous paracetamol have been evaluated in both single-dose<sup>[20,21]</sup> and multiple-dose<sup>[22,23]</sup> trials. These studies included both healthy volunteers<sup>[20,22,23]</sup> and patients undergoing hip arthroplasty.<sup>[21]</sup> In addition, a comparative pharmacokinetic study of oral and intravenous paracetamol is also discussed,<sup>[24]</sup> as is the relative bioavailability of intravenous paracetamol versus propacetamol.<sup>[25]</sup> This section summarizes these studies, two of which are available as abstract and/or poster presentations,<sup>[21,24]</sup> with supplemental data derived from the manufacturer's prescribing information.<sup>[17]</sup>

#### General Profile

- Paracetamol displays linear pharmacokinetics at dosages of 4–8 g per day. [22] In healthy adult volunteers, following a single dose of paracetamol 1 g, the mean maximum plasma concentration ( $C_{max}$ ) was 29.9  $\mu$ g/mL at the end of the 15-minute infusion period, with a mean area under the plasma concentration-time curve (AUC) from time zero to infinity of 57.6  $\mu$ g h/mL. [25] In patients who had undergone hip arthroplasty, the mean AUC from 0 to 24 hours was 59.7  $\mu$ g h/mL. [21]
- As might be expected, C<sub>max</sub> was approximately 2-fold higher after intravenous paracetamol than after oral paracetamol, while AUC and volume of distribution values were similar between the two routes of administration in healthy volunteers (no specific data reported).<sup>[24]</sup>

- The mean volume of distribution for intravenous paracetamol 1g was 85.0 L in patients who had undergone hip arthroplasty<sup>[21]</sup> and 69.2 L in healthy adult volunteers.<sup>[25]</sup> Paracetamol exhibits rapid penetration into the cerebrospinal fluid<sup>[20,26]</sup> and does not extensively bind to plasma proteins.<sup>[17]</sup>
- Therapeutic doses of paracetamol are metabolized predominantly in the liver by glucuronidation and sulfation.[22,27] At higher doses, paracetamol is metabolized by the cytochrome P450 (CYP2E1) pathway to produce the reactive intermediate N-acetyl-p-benzoquinone (NAP-QI).<sup>[28]</sup> NAPQI rapidly forms conjugates with glutathione to generate nontoxic thiol metabolites. [29] At very high doses, far exceeding the recommended therapeutic doses of paracetamol (section 5), as seen during events of acute overdose, glutathione stores may be depleted by this pathway, allowing the accumulation of NAPQI, which could potentially lead to hepatotoxicity.<sup>[22]</sup> Although there is a potential for hepatotoxicity at supratherapeutic doses, it can be treated by the administration of the antidote N-acetylcysteine, ideally within 10 hours of overdose.<sup>[17]</sup>
- The metabolites of paracetamol are predominantly excreted in the urine as glucuronide (60–80%) and sulfide (20–30%) conjugates, with less than 5% of the drug excreted unchanged. [17] This ratio is similar between oral and intravenous formulations. [24,27] Less than 1% of an paracetamol dose is recovered in the bile. [30] The elimination half-life ( $t_{\frac{1}{2}\beta}$ ) of paracetamol 1 g is 2.7 hours and its rate of systemic clearance is 17.9 L/h. [25]
- In patients with severe renal failure (creatinine clearance  $10{\text -}30\,\text{mL/min}$  [0.6–1.8 L/h]),  $t_{1/2\beta}$  increases to 2.0–5.3 hours; thus, the dosage interval should be increased from 4 to 6 hours. [17] The pharmacokinetics of paracetamol are not changed in elderly subjects. [17]
- Concomitant use of probenecid (4 g/day for  $\geq$ 4 days) causes an almost 2-fold reduction in paracetamol clearance by inhibiting glucuro-nidation. Therefore, a reduction in paracetamol dose should be considered when these agents are used concomitantly. Additionally, salicylamide may prolong the  $t_{1/2\beta}$  of paracetamol.

• Concomitant use of paracetamol with oral anticoagulants may lead to slight variations of international normalized ratio (INR) values. In this case, increased monitoring of INR values should be conducted during the period of concomitant use and for 1 week after paracetamol treatment is discontinued.<sup>[17]</sup>

## In Paediatric Populations

The pharmacokinetic properties of intravenous paracetamol have also been evaluated in neonates and children in both single-dose<sup>[32-34]</sup> and multiple-dose<sup>[35,36]</sup> studies. These studies include both healthy neonates,<sup>[32]</sup> neonates admitted to intensive care,<sup>[34,36]</sup> infants undergoing major cranial facial surgery,<sup>[35]</sup> and children and adolescents undergoing major surgery.<sup>[33]</sup>

- The pharmacokinetic properties of paracetamol in children are generally similar to those in adults with the exception of  $t_{1/2}\beta$ , which is slightly shorter in children (1.5–2.0 hours).<sup>[17]</sup> By contrast, the  $t_{1/2}\beta$  in neonates (3.5 hours)<sup>[32]</sup> is longer than that in adults (2.7 hours).<sup>[25]</sup>
- Neonates and children up to 10 years of age excrete less glucuronide conjugates and more sulphate conjugates than adults. [17,34,35] This is consistent with findings suggesting that young children are more resistant to paracetamolinduced hepatotoxicity as a result of the preference for metabolism through sulfation over glucuronidation and the resulting reduction in NAPQI generation. [37]
- In a study in neonates (n=50) with a median gestational age (GA) of 38.6 weeks and a mean weight of 2.9 kg, the systemic clearance rate of intravenous paracetamol (10, 12.5 or 15 mg/kg for neonates aged 28–32 weeks, 32–36 weeks and ≥36 weeks, respectively) was estimated to be 5.24 L/h/70 kg (i.e. data were standardized for a 70 kg person), with a volume of distribution of 76 L/70 kg.<sup>[36]</sup> Clearance rates increased with increasing GA, from 4.4 L/h/70 kg for 34-week GA neonates to 6.3 L/h/70 kg for 46-week GA neonates.<sup>[36]</sup>
- In a study in children and adolescents (n=7), the pharmacokinetics of intravenous paraceta-

mol were best described by a two-compartment model, with a clearance rate of 13.2 L/h/70 kg and an intercompartmental clearance rate of 45.7 L/h/70 kg.<sup>[33]</sup> The volume of distribution in these subjects was 13.3 L/70 kg, with a peripheral volume of distribution of 33.0 L/70 kg.<sup>[33]</sup>

### 3. Therapeutic Efficacy

In Adults

Several large (n>150), randomized, double-blind, placebo-controlled trials in adult patients who had undergone dental or various surgical procedures have investigated the use of intravenous paracetamol in the management of post-operative pain (table I).<sup>[2,38-40]</sup> Two of these trials also included a propacetamol comparator arm.<sup>[2,40]</sup> These data are supported by two smaller placebo-controlled trials.<sup>[41,42]</sup> Of note, two placebo-controlled trials in postoperative patients were terminated early because the placebo vehicle contained particulate matter;<sup>[43,44]</sup> these trials are not tabulated or discussed further.

In addition, several, randomized, active comparator-controlled trials have evaluated the efficacy of intravenous paracetamol relative to that of propacetamol, [45] parecoxib, [46] ibuprofen [47] or morphine [48] in surgical patients. In one of these head-to-head trials, [46] there was also a dipyrone (metamizole) comparator group; dipyrone is no longer approved in the US and is prohibited in numerous other countries. [49] The use of intravenous paracetamol in combination with intravenous tramadol in cardiac surgery patients [50] or with patient-controlled intravenous morphine in women who had undergone a Caesarean section [47] has been evaluated in separate randomized, double-blind trials.

Furthermore, two randomized, placebocontrolled trials have evaluated the efficacy of intravenous paracetamol in the management of preoperative pain associated with the administration of the anaesthesia induction agent, propofol.<sup>[51,52]</sup>

Trials were conducted at a single institution<sup>[39,45,51,52]</sup> or as part of a multicenter

**Table I.** Efficacy of intravenous paracetamol (PAR) in adult patients with postoperative pain. Summary of randomized, double-blind, placebo (PL)-controlled, multi-[2,38,40] or single-centre<sup>[39]</sup> studies in adult patients (pts) who had undergone third molar extraction, see or hip replacement, or gynaecological surgery. All agents were given as intravenous infusions

Study	No. of pts	Treatment regimen (g)	Mean pain relief <sup>a</sup>			Mean TOTPAR <sup>b</sup>			Mean SPID <sup>c</sup>			Median time
			15 min	1 h	6h	6 h	24 h	48 h	6 h	24 h	48 h	to rescue medication <sup>d</sup> (h)
Dental (single do	ose)											
Juhl et al.[39]e	132	PAR 1				7.1*** <sup>f</sup>			2.2***			3.23***
	33	PL				2.8 <sup>f</sup>			-0.6			1.03
Moller et al.[40]	51	PAR 1	2.1** <sup>f</sup>	2.0**†f	0.8** <sup>f</sup>	6.9*			2.2*			2.08***
	51	PRO 2	2.08**f	1.5** <sup>f</sup>	0.7**f	7.7*			2.4*			3.00***
	50	PL	0.8 <sup>f</sup>	0.6 <sup>f</sup>	0.1 <sup>f</sup>	1.7			-0.4			0.70
General surgery	(multipl	e doses) <sup>g</sup>										
Candiotti et al.[38]h	162	PAR 1					50.1*	106.9*		1793 <sup>f</sup>	3612 <sup>f</sup>	2.90** <sup>i</sup>
	159	PL					46.6	99.4		1845 <sup>f</sup>	3718 <sup>f</sup>	1.70 <sup>i</sup>
Sinatra et al.[2]	49	PAR 1	1.0* <sup>f</sup>	1.6* <sup>f</sup>	0.8* <sup>f</sup>	6.6*			2.3*			3.00***
	50	PRO 2	1.0* <sup>f</sup>	1.5* <sup>f</sup>	0.8* <sup>f</sup>	7.5*			2.5*			2.60***
	52	PL	0.6 <sup>f</sup>	0.7 <sup>f</sup>	0.2 <sup>f</sup>	2.2			-0.6			0.80

a Scores assessed using a 5-point verbal scale (0 = no relief to 4 = complete pain relief).<sup>[2,40]</sup> Active treatments were significantly better than PL at all timepoints during the assessment period, with no significant differences between active treatment groups except at the 1-h timepoint in the Moller et al. study.<sup>[40]</sup> All data were estimated from graphs, intermediate timepoints not presented here.

- b Sum of pain relief scores, assessed on a 4- or 5-point verbal scale (0 = no pain to 4 = worst possible pain).
- c Sum of pain intensity scores, assessed using a 100 mm visual analogue scale (0 = no pain to 100 mm = worst possible pain).
- d Time elapsed from initiation of treatment until actual time of request for rescue medication by the patient.
- e The PAR 2 g group from this study is not tabulated as this dosage is not recommended. [17]
- f Primary endpoint.
- g One dose every 6 h for 24[2] or 48 h.[38]
- h Data available in poster form only.
- i Values are the mean time to rescue medication.

**PRO**=propacetamol; **SPID**=sum of pain intensity difference; **TOTPAR**=sum of pain relief score; \*p<0.05; \*\*p<0.01; \*\*\*p<0.001 vs PL; †p<0.05 vs PRO.

study.<sup>[2,38,40]</sup> Apart from one study (abstract plus poster presentation), <sup>[38]</sup> all studies have undergone peer review. Inclusion criteria for nearly all of the studies required postoperative pain to be rated at least moderate to severe on a 4-point verbal rating scale (VRS). <sup>[2,38-40,45,51]</sup>

Agents were administered pre-,<sup>[51,52]</sup> intra-<sup>[46,48]</sup> or post-operatively<sup>[2,38-40,45]</sup> and were delivered as a 15-minute intravenous infusion,<sup>[2,38-40,45]</sup> except for the treatment of pre-operative pain associated with propofol injection, where paracetamol was administered as a bolus injection.<sup>[51,52]</sup> For multiple dose studies, infusions were administered every 6 hours for the duration of the study.<sup>[2,38]</sup> Discussion focuses on

trials that used the recommended dosages of intravenous paracetamol (see section 5).

Primary efficacy endpoints included pain relief at various timepoints from 15 minutes to 6 hours, [2,40] the sum of the pain relief score over the 6-hour period after treatment (TOTPAR6)[39] and the sum of pain intensity difference (SPID) over a 24-[38] or 48-hour<sup>[38]</sup> period after treatment (see table I for details).

#### Treatment of Dental Pain

• In two single-dose trials, intravenous paracetamol 1 g provided significantly greater pain relief than placebo in patients undergoing third molar extraction (table I), as assessed by mean

pain relief<sup>[40]</sup> and TOTPAR6<sup>[39]</sup> scores (primary endpoints).

- Other endpoints also indicated that intravenous paracetamol 1 g generally provided better pain relief than placebo treatment, including TOTPAR6 scores, [40] SPID scores over a 6-hour period [39,40] and the median duration of analgesia (measured by the time taken until rescue medication) [table I]. [39,40]
- In addition, patient global treatment satisfaction was greater with intravenous paracetamol 1 g, with a significantly (p<0.001) higher percentage of patients rating the treatment as 'good' or 'excellent' in this group than in the placebo group (40% vs  $12\%^{[40]}$  and 39% vs  $9\%^{[39]}$ ).
- Generally, intravenous paracetamol 1 g was not significantly different from a bioequivalent dose of propacetamol (2 g), according to primary and secondary endpoints (table I).<sup>[40]</sup>

#### Treatment of Perioperative Pain

- In two multi-dose trials, the pain relief induced by intravenous paracetamol was significantly greater than with placebo following major orthopaedic surgery, [2] but was not significantly different from that with placebo following gynaecological surgery, [38] according to primary endpoints (table I). The authors of the gynaecological surgery study suggested that the lack of statistical significance with the primary endpoint was due to the high pain intensity experienced by patients prior to treatment and the high variability in pain intensity experienced postoperatively. [38]
- In both trials, intravenous paracetamol 1 g every 6 hours was also better than placebo treatment in terms of secondary endpoints, TOTPAR scores and median time to rescue medication (table I). Patient global treatment satisfaction was also greater with paracetamol, with a higher percentage of patients in the paracetamol than in the placebo group rating the treatment as 'fair' or 'excellent' at 24 hours following treatment initiation (80% vs 65%; p<0.01) in one study. Similarly, in the other study, overall patient global treatment satisfaction was significantly greater with intravenous paracetamol treatment than with

placebo at both 24 (p<0.01) and 48 hours (p<0.05) following treatment initiation. [38]

- The use of intravenous paracetamol 1 g every 6 hours was also generally associated with morphine-sparing effects.<sup>[2,38]</sup> In the orthopaedic study, [2] a significant (p<0.01) reduction in morphine consumption (9.7 vs 17.8 mg for placebo) was observed over 6 hours following a single dose of intravenous paracetamol, and was maintained for 24 hours following repeated doses of intravenous paracetamol (38.3 vs 57.4 mg for placebo; p-value not reported). In patients who underwent gynaecological surgery. [38] the difference in morphine consumption between treatment groups did not reach statistical significance at 48 hours post-treatment (48.3 mg with intravenous paracetamol vs 52.1 mg with placebo), although the time to rescue medication was significantly longer for patients treated with intravenous paracetamol (table I).
- Several head-to-head studies have compared the efficacy of intravenous paracetamol with other analgesics. [2,45-48] Intravenous paracetamol 1 g was not significantly different from intravenous propacetamol 2 g in providing pain relief in patients after orthopaedic [2] (table I) and soft-tissue surgery. [45] In patients following gynaecological surgery, no significant between-group differences in mean pain scores (assessed using a 100 mm visual analogue scale [VAS]: 0=no pain to 100 mm = worst possible pain) were observed with intravenous paracetamol or propacetamol treatments for the 6-hour study duration (mean VAS scores at 6 hours: 15 vs 23 [data estimated from a graph]. [45]
- Intravenous paracetamol 1 g was also not significantly different from intravenous parecoxib 40 mg, according to changes in mean pain scores (36.4 vs 32.5; assessed using a 100 mm VAS) immediately upon arrival to the postanaesthesia care unit, but neither was as effective as dipyrone 1 g (mean VAS score 14.2; p<0.05) in a double-blind trial in patients undergoing unilateral microsurgical lumbar discectomy (n=80). [46]
- In combination with patient-controlled intravenous morphine, intravenous paracetamol 1 g was not significantly different from oral ibuprofen 400 mg in providing pain relief after a Caesarean section in 45 women participating in

- a randomized, double-blind trial. [47] There were no significant between-group differences observed in VAS scores (estimated marginal means: 1.4 vs 1.9 for intravenous paracetamol and ibuprofen; assessed using a 10-point scale) or postoperative morphine requirement (cumulative dose 98 vs 93 mg) throughout the duration of the 48-hour assessment period. There were also no significant between-group differences in postoperative sedation scores (3-point scale). [47]
- Intravenous paracetamol 1 g was not significantly different from that of morphine 0.1 mg/kg in patients (n=84) after undergoing arthroscopic knee surgery. Patients receiving intravenous paracetamol experienced similar pain relief immediately upon arrival in the recovery room and for the next 4 hours compared with those treated with morphine (for example the number of patients providing a VRS score of 0 at 4 hours was 41 vs 39; assessed using a 5-point VRS [data estimated from a graph]). [48]
- In patients who had undergone cardiac surgery (n=113), intravenous paracetamol 1 g as adjunctive treatment to intravenous tramadol (30-minute infusion of tramadol 200 mg immediately before the first dose of the study drug, followed by a 300 mg infusion over 24 hours) was better than placebo in treating postoperative pain.<sup>[50]</sup> Intravenous paracetamol recipients experienced significantly less pain at 12, 18 and 24 hours following surgery than placebo recipients (10 cm VAS score 1 vs 2 for all timepoints; p<0.01), with no between-group differences seen for the remaining assessment period (72 hours).[50] No significant between-group differences were observed in postoperative morphine consumption over the 72-hour assessment period (48 vs 97 mg for intravenous paracetamol and placebo recipients), although numerically fewer intravenous paracetamol recipients (14.2%) requested morphine compared with placebo recipients (24.5%).<sup>[50]</sup>
- In two smaller randomized, double-blind, placebo-controlled studies in patients who had undergone tonsillectomy<sup>[41]</sup> (n=76) or endoscopic sinus surgery<sup>[42]</sup> (n=74), intravenous paracetamol 1 g significantly reduced the patient's requirement for rescue medication. Compared with placebo, intravenous paracetamol

- recipients required significantly fewer doses of pethidine 1 mg/kg (mean over 24 hours 0.5 vs 2.2 doses; p < 0.001)<sup>[41]</sup> or oxycodone 2 mg (mean over 4 hours 0.5 vs 1.5 doses; p < 0.01).<sup>[42]</sup>
- Two studies have compared intravenous paracetamol with other analgesics in reducing injection site pain associated with propofol administration.<sup>[51,52]</sup> Propofol is an anaesthetic commonly used for the induction of general anaesthesia. In both studies, a bolus of intravenous paracetamol 1 g was significantly (p < 0.05) more effective at reducing injection site pain than placebo, with fewer intravenous paracetamol recipients experiencing pain with propofol administration ( $46\%^{[52]}$  and  $22\%^{[51]}$ ) compared with placebo recipients (64% in both studies).<sup>[51,52]</sup> The efficacy of intravenous paracetamol was not significantly different from lidocaine 40 mg in one study (pain incidence 22% vs 8%),<sup>[51]</sup> but not the other study (pain incidence 46% vs 32%; p<0.05).<sup>[52]</sup> In addition, in one study, intravenous paracetamol was less effective than lidocaine fentanyl treatment at reducing injection site pain (pain incidence 46% vs 30%; p < 0.05). [52]

#### In Paediatric Patients

The therapeutic efficacy of intravenous paracetamol 15 mg/kg for the management of perioperative pain (in paediatric patients aged 1–12 years,<sup>[11]</sup> 3–16 years,<sup>[53,54]</sup> or 2–5 years<sup>[55]</sup>) and fever (in paediatric patients aged 1 month to 12 years)<sup>[56]</sup> has been evaluated in several randomized, single-<sup>[55]</sup> or double-blinded,<sup>[11,53,54,56]</sup> active comparator-controlled trials.

Studies were conducted at single institutions<sup>[53-55]</sup> or as part of a multicenter study;<sup>[11,56]</sup> all studies are fully published. Inclusion criteria were for postoperative pain to be >30 mm on a 100 mm VAS<sup>[11]</sup> or the patient had to be scheduled for surgery.<sup>[53-55]</sup> Agents were administered intra-<sup>[53-55]</sup> or post-operatively,<sup>[11]</sup> or immediately after obtaining an initial body temperature reading,<sup>[56]</sup> as a 15-minute intravenous infusion.

#### Treatment of Perioperative pain

For the treatment of perioperative pain in paediatric patients, the primary efficacy endpoints

were pain intensity (assessed by pain intensity difference [PAID] from baseline until 6 hours postdose, maximum PAID, time to maximum PAID and weighted sum of PAID),<sup>[11]</sup> and time to first rescue medication assessed using Kaplan-Meier plots (see table II for details).<sup>[55]</sup> Pain evaluations using the VAS were assessed by an investigator or by the patient when possible.

• A single preoperative dose of intravenous paracetamol 15 mg/kg appeared to provide less initial pain relief than a single dose of intramuscular pethidine 1 mg/kg after dental surgery (table II).<sup>[54]</sup> Pain relief was significantly better in patients receiving pethidine during the first 10 minutes of the recovery period, although these patients also experienced significantly more sedation during this period, which may possibly account for this effect (table II).<sup>[54]</sup> However, there were no significant differences in objective

pain scale (OPS) and sedation scores during the final 20 minutes of the 30-minute recovery period (table II). The sedative effects of pethidine were also reflected in a longer median time to readiness for discharge in these patients than in those receiving intravenous paracetamol (table II), although there was no between-group difference in the actual time to discharge (34 vs 32 minutes).<sup>[54]</sup> Other endpoints showed no statistical differences between groups.<sup>[54]</sup>

• The analgesic efficacy of intravenous paracetamol 15 mg/kg was not significantly different from that of intramuscular pethidine 1 mg/kg after tonsillectomy (table II). Both analgesics produced OPS scores that did not differ significantly beginning at the time of admission to the recovery room (table II) and for the 40-minute duration of the study. Recipients of intravenous paracetamol were significantly less sedated than

**Table II.** Efficacy of intravenous (IV) paracetamol (PAR) in paediatric patients (pts) with postoperative pain. Fully published, randomized, double-blind, multi-[11] or single-centre<sup>[53-55]</sup> studies in paediatric pts who had undergone dental restoration,<sup>[54]</sup> inguinal hernia repair,<sup>[11]</sup> tonsillectomy<sup>[53]</sup> or adenotonsillectomy<sup>[55]</sup>

Study	No. of pts	Regimen (mg/kg)	Mean PAID <sup>a,b</sup>		Mean pain score (OPS) <sup>a,c</sup>			Median time to rescue	Mean Ramsay sedation score <sup>d</sup>				Time to readiness to	
			30 min	6 h	0 min	10 min	30 min	40 min	medication <sup>e</sup> (h)	0 min	10 min	30 min	40 min	discharge <sup>f</sup> (min)
Alhashemi and	20	PAR IV 15			4.0 <sup>g</sup>	3.5 <sup>g</sup>	3.2 <sup>g</sup>		0.08	2.0 <sup>g</sup>	2.1 <sup>g</sup>	3.0 <sup>g</sup>		5
Daghistani <sup>[54]</sup>	20	PET IM 1			2.5 <sup>g</sup>	2.5*g	2.0 <sup>g</sup>		0.17	3.5*g	3.1* <sup>g</sup>	3.2 <sup>g</sup>		16**
Alhashemi and Daghistani <sup>[53]</sup>	40	PAR IV 15			3.1 <sup>g</sup>		2.7 <sup>g</sup>	3.2 <sup>g</sup>	0.30	3.3 <sup>g</sup>		2.5 <sup>g</sup>	2.3 <sup>g</sup>	15
	40	PET IM 1			2.1 <sup>g</sup>		2.0 <sup>g</sup>	2.0 <sup>g</sup>	NR	4.3*g		2.7 <sup>g</sup>	2.7 <sup>g</sup>	25**
Capici et al.[55]	23	PAR IV 15							7.00 <sup>h</sup>					
	23	PAR PR 40							10.00*h					
Murat et al. <sup>[11]</sup>	95	PAR IV 15	37 <sup>h,g</sup>	42 <sup>h,g</sup>					>4.00 <sup>i</sup>					
	88	PRO IV 30	38 <sup>h,g</sup>	36 <sup>h,g</sup>					>4.00 <sup>i</sup>					

a Data were rated by the investigator.[11,53-55]

- b Scores are for time after treatment, assessed using a 100 mm visual analogue scale (0=no pain to 100 mm=worst possible pain). Higher PAID scores represent greater pain reduction.
- c Scores are for time after admission to recovery room, calculated using a 10-point scale based on scores for five categorical scales: blood pressure, crying, movement, agitation and body language. [53,54] Lower scores indicate greater pain reduction.
- d Scores are for time after admission to recovery room.<sup>[53]</sup>
- e Time elapsed from initiation of treatment until actual time of administration of rescue medication.
- f Time taken to achieve an Aldrete score of 10 (based on Kaplan-Meier survival curves).
- g Data estimated from a graph, intermediate timepoints not presented here.
- h Primary efficacy endpoint.
- i Mean time to rescue medication.

IM=intramuscular; NR=not required; OPS=objective pain scale; PAID=pain intensity difference from baseline until 6 hours postdose; PET=pethidine; PR=rectal; PRO=propacetamol; \*p<0.05; \*\*p<0.01 vs PAR.

those receiving pethidine at the time of admission to the recovery room (table II) and during the initial recovery period (0–5 minutes).<sup>[53]</sup> Consistent with this finding, patients receiving intravenous paracetamol experienced a significantly shorter duration in the time to readiness to discharge from the recovery room (table II).<sup>[53]</sup>

- Compared with propacetamol 30 mg/kg, intravenous paracetamol 15 mg/kg did not differ significantly in efficacy in the reduction of pain intensity (PAID) scores after inguinal hernia repair (table II).[11] There were also reportedly no betweengroup differences in the time to peak PAID, maximum PAID and the weighted sum of PAID.[11] Mean PAID values in the intravenous paracetamol and propacetamol groups did not differ significantly during the first 30 minutes and remained so for the duration of the 6-hour assessment period (table II).[11] There were also no significant differences between secondary efficacy endpoints such as the proportion of patients using rescue medication (approximately 20% in both groups), mean time to rescue medication (table II) and global assessment of treatment rated as 'excellent' by the investigator (76% of intravenous paracetamol recipients vs 63% of propacetamol recipients).[11]
- Intravenous paracetamol 15 mg/kg was associated with a shorter median time to rescue medication than rectal paracetamol 40 mg/kg in a small (n = 46), single-blind, single-centre trial in patients after adenotonsillectomy (table II).[55] Nonetheless, no between-group differences in comfort at home scores were observed (assessed over the 24-hour period after discharge using six separate measures, each with a 4-point VRS), with 61% of patients receiving intravenous paracetamol recording a score of ≤4 compared with 78% of rectal paracetamol recipients.<sup>[55]</sup> As previously noted, the bioavailability and absorption of paracetamol after rectal administration shows a high degree of interpatient variability, which may in part explain the longer median time to rescue medication [4,8,9]

#### **Treatment of Fever**

A double-blind noninferiority study compared the single-dose efficacy of intravenous

paracetamol 15 mg/kg (n=33) with propacetamol 30 mg/kg (n=32) in the treatment of paediatric patients with acute fever due to infection. Patients were included if they had acute fever attributable to infection and a body temperature of 38.5–41°C. The primary efficacy endpoint in this trial was the maximum body temperature reduction over the 6-hour assessment period following infusion of the drug. Intravenous paracetamol was shown to be noninferior to propacetamol if the upper boundary of the 95% confidence interval for the difference in maximal body temperature reduction (propacetamol minus paracetamol) was less than the non-inferiority margin of 0.5%. [56]

- Intravenous paracetamol was shown to be noninferior to intravenous propacetamol at reducing mean maximum body temperature (reduced by 1.92 vs 2.05°C; between-group difference 0.13°C [95% CI –0.25, 0.54]). [56]
- Additionally, there was no significant difference in the numbers of patients in each group who achieved a normal body temperature of 38°C (79% vs 75% of intravenous paracetamol and propacetamol recipients).<sup>[56]</sup> The median time to reach normal body temperature was 2 hours for each group and the investigators' global evaluation of 'good' or 'excellent' was achieved in 73% versus 65% of patients in the intravenous paracetamol and propacetamol groups.<sup>[56]</sup>

#### 4. Tolerability

Single and multiple doses of intravenous paracetamol were generally well tolerated in adult and paediatric patients participating in the clinical trials discussed in section 3. [2,11,33,36,40,45,56,57]

In Adult Patients

• In large placebo-controlled trials (see table I for dosage and design details), [2,38-40] the tolerability profile of intravenous paracetamol was generally similar to that of placebo. As is the case with all formulations of paracetamol, adverse drug reactions with the intravenous formulation of paracetamol are rare (i.e. malaise, hypotension and increased levels of hepatic transaminases

[>1/10 000, <1/1000]) or very rare (i.e. hypersensitivity reaction and thrombocytopenia [<1/10 000]).<sup>[17]</sup>

- Intravenous paracetamol was better tolerated than bioequivalent doses of intravenous propacetamol, with a significantly (p<0.05) lower incidence of infusion-site treatment-emergent adverse events in intravenous paracetamol than in propacetamol groups in multicentre trials.<sup>[2,40,45]</sup> For example, in adult patients who underwent orthopaedic surgery, infusion-site adverse events occurred in 2% of paracetamol recipients compared with 38% of patients receiving propacetamol (p<0.001); the incidence in the placebo group was 2%.<sup>[2]</sup> The nature and incidence of other adverse events was generally similar in the paracetamol and propacetamol groups.<sup>[2,40,45]</sup>
- At recommended doses, intravenous paracetamol was not associated with hepatotoxicity, based on a pooled analysis of phase II and III clinical trials (n>1000; elevations in transaminase enzyme levels occurred in 3.1% of paracetamol recipients vs 6.3% of placebo recipients) [only available as a poster]. [57]

#### In Paediatric Patients

- In several controlled studies in paediatric patients discussed in sections 2 and 3, a similar safety profile to that seen in adults was observed, with single and multiple doses of intravenous paracetamol 15 mg/kg generally well tolerated. [11,33,36,56]
- In two comparator-controlled studies in paediatric patients, recommended doses of intravenous paracetamol were generally better tolerated than bioequivalent doses of intravenous propacetamol, with significantly (p<0.01) fewer incidences of infusion-site treatment-emergent adverse events in paracetamol than in propacetamol groups.<sup>[11,56]</sup> For instance, in patients who underwent inguinal hernia repair, infusion-site adverse events occurred in 15% of paracetamol recipients compared with 36% of patients receiving propacetamol,<sup>[11]</sup> while the nature and incidence of other adverse events was generally similar in both groups.

• In a retrospective study in 149 neonates (5–182 days of age), intravenous paracetamol (initial dose of 20 mg/kg, followed by 10 mg/kg every 6, 8 or 12 hours for neonates with a GA of >36 weeks, 31–36 weeks and <31weeks, respectively) was not associated with hepatotoxicity, with no changes in hepatic enzyme profiles observed during the treatment period and for up to 2 days after the last dose. [7] Similarly, in a safety and pharmacokinetic study in neonates (n = 50) from an intensive care unit, multiple doses of intravenous paracetamol administered at recommended doses were not associated with hepatotoxicity, according to liver function tests (ALT, ALP and  $\gamma$ -glutamyl transferase). [36]

# 5. Dosage and Administration

Intravenous paracetamol is approved for the treatment of pain and fever in several countries worldwide. [58,59] For example, in the UK, intravenous paracetamol has been approved for the short-term treatment of moderate pain, especially following surgery, and for the short-term treatment of fever, when administration by intravenous route is clinically justified by an urgent need to treat pain or hyperthermia, and/or when other routes of administration are not possible. [17]

Intravenous paracetamol is administered as a 15-minute infusion. The recommended dosage in adults and adolescents weighing >50 kg is 1 g up to four times per day, with a minimum interval of 4 hours between doses and a maximum daily dose of 4 g.<sup>[17]</sup> In children weighing >33 kg, and in adolescents and adults < 50 kg, the recommended dosage is 15 mg/kg up to four times per day, with a minimum interval between doses of 4 hours and a maximum daily dose of 60 mg/kg (without exceeding 3 g).[17] In children weighing >10 and <33 kg, the recommended dosage is 15 mg/kg up to four times per day, with a minimum interval between doses of 4 hours and a maximum daily dose of 60 mg/kg (without exceeding 2 g).[17] In full-term newborn infants, infants, toddlers and children weighing less than 10 kg (up to ≈1 year of age), the recommended dosage is 7.5 mg/kg up to four times per day, with a minimum interval of 4 hours between doses and a maximum daily dose of 30 mg/kg.<sup>[17]</sup>

In patients with severe renal impairment (creatinine clearance rates of  $\leq 30 \,\text{mL/min}$  [1.8 L/h]), the minimum interval between each administration should be increased to 6 hours. No dosage adjustment is required for treatment in the elderly and in patients with liver disease. [17]

Local prescribing information should be consulted for detailed information, including contraindications, precautions, drug interactions and use in special patient populations.

# 6. Intravenous Paracetamol: Current Status

Intravenous paracetamol has been approved for the short-term treatment of moderate pain and fever in both adult and paediatric patients in numerous countries worldwide<sup>[59]</sup> and is currently in preregistration with the US FDA.<sup>[58]</sup> In several large well designed trials in adult patients, single or multiple doses of intravenous paracetamol 1 g generally provided more effective postoperative analgesia than placebo after various surgical procedures. The use of intravenous paracetamol for postoperative analgesia generally reduced the requirement for morphine and other opioid rescue medication. Intravenous paracetamol showed generally similar postoperative analgesic efficacy to a bioequivalent dose of propacetamol in adult and paediatric patients. In paediatric patients, intravenous paracetamol was no less effective than propacetamol for the treatment of fever.

Intravenous paracetamol was very well tolerated in clinical trials. It is rarely associated with significant adverse events, including those associated with opioid and NSAID analgesics, such as nausea and sedation, or gastrointestinal and cardiovascular complications. Notably, intravenous paracetamol was associated with significantly fewer adverse infusion-site reactions than intravenous propacetamol.

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