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Vademecum for vitamin formulations

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How do you formulate a vitamin product? Even today there is still a gap in knowledge of the pharmaceutical technology of vitamins. This book is intended to fill in the gap, emphasising practical aspects.

In this second revised edition, several new formulations and a large chapter on multivitamin solutions were added. Thus, the reader is provided the most topical knowledge on the pharmaceutical technology of vitamins.

The author is an experienced practitioner and the knowledge presented in this reference book he

combines his own experience with a reasonable number of publications.

The reader has easy access to a wealth of information on vitamin formulations because of the alphabetical format. Many specific formulations are given. Vitamins and their formulations with their influence on the bioavailability of vitamins and stability of vitamin preparations are listed and briefly discussed.

The enclosed CD-ROM offers optimal access to all specific formulations and related cross-linked information on vitamins.

However, this compendium of knowledge on how vitamin formulations are to be designed today provides an introduction and a general overview rather than detailed information on the technological practice nor on nutritional aspects.

From the nutritional point of view, very few information is given on the biological activity and on the recommended daily intake of vitamins. Even appropriate references to the European Nutrition Societies are lacking.

In summary, this reference book

can be considered to be of informative value for experts in the pharmaceuticals, cosmetics and food industries who are working in borderline disciplines and thus, are interested in quickly getting a broad overview on general aspects of vitamin formulations commercially available today. For all of those nutritionists and food technologists presently working in the field of vitamin physiology and its technological implications additional information by scientific journals might be of interest.

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