



24-EPI-PTEROSTERONE: A NOVEL PHYTOECDYSONE FROM THE ROOTS OF *ATHYRIUM YOKOSCENSE*

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Key Word Index—*Athyrium yokoscense*; Polypodiaceae; roots; ecdysteroid; phytoecdysone; 24-epi-pterosterone.

Abstract—A novel phytoecdysone, 24-epi-pterosterone, was isolated from a water extract of the roots of *Athyrium yokoscense* and the structure was determined to be (20*R*,22*R*,24*R*)-2 β ,3 β ,14 α ,20,22,24-hexahydroxy-5 β -cholest-7-en-6-one by a combination of spectroscopic methods and single-crystal X-ray analysis. 24-Epi-pterosterone is the first example of an ecdysteroid possessing a 24*R*-hydroxyl group.

INTRODUCTION

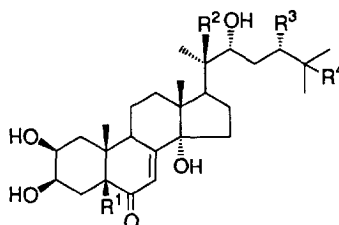
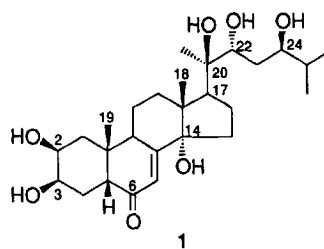
Many ecdysteroids have been proved to have high biological activities, such as insect moulting hormone activity [1, 2]. In the course of our investigations on the biologically active compounds of ferns [3, 4], a novel phytoecdysone, named 24-epi-pterosterone (**1**), was isolated from a water extract of the roots of *Athyrium yokoscense* (Hebinonegoza in Japanese), in addition to ecdysone (**2**) [5] and ecdysterone (**3**) [6, 7]. In this paper, we report the elucidation of the structure of 24-epi-pterosterone (**1**) by a combination of spectroscopic methods and single-crystal X-ray analysis.

RESULTS AND DISCUSSION

Air-dried roots of *A. yokoscense* were extracted with distilled water to give a water-soluble fraction. This fraction was treated with chloroform to remove less polar materials. The chloroform insoluble fraction was suspended in methanol to give a methanol-soluble fraction. The methanol-soluble fraction was subjected to reversed-phase column chromatography (ODS) and then silica gel column chromatography to give a crude fraction containing compounds **1**–**3**. The reversed-phase HPLC (ODS) of the crude fraction gave pure 24-epi-pterosterone (**1**) as colourless prisms, in addition to ecdysone (**2**) and ecdysterone (**3**).

Compound **1** has a molecular formula, C₂₇H₄₄O₇, which was determined by high-resolution secondary ion mass spectrometry (HR-SIMS) (m/z 481.3172 [M + H]⁺, Δ + 0.9 mmu). The IR and UV spectral data of **1** showed

the presence of hydroxyl groups ($\nu_{\max}$ 3400 cm⁻¹) and α , β -unsaturated carbonyl group ($\nu_{\max}$ 1660 cm⁻¹ and $\lambda_{\max}$ 336 nm). The chemical shifts of ¹H and ¹³C NMR signals (Table 1) assignable to C-1 to C-19 of **1** agreed with those of pterosterone (**4**) [1, 8]. ¹H and ¹³C NMR, ¹H–¹H COSY, ¹³C–¹H COSY and COLOC spectra of **1** indicated that **1** possesses a 20,22,24-trihydroxylated



	R ¹	R ²	R ³	R ⁴
2	H	H	H	OH
3	H	OH	H	OH
4	H	OH	OH	H
5	H	OH	H	H
6	OH	OH	OH	H

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Table 1. 500 MHz ^1H NMR and 125 MHz ^{13}C NMR data of compound **1** in pyridine- d_5

C	δ_{C}	δ_{H}
1	38.0	1.97 <i>m</i> 2.17 <i>m</i>
2	68.1	4.19 <i>br d</i> (11.9)
3	68.1	4.24 <i>br s</i>
4	32.4	1.80 <i>m</i> 2.02 <i>m</i>
5	51.4	3.03 <i>m</i>
6	203.4	
7	121.7	6.25 <i>d</i> (1.8)
8	166.1	
9	34.4	3.60 <i>m</i>
10	38.7	
11	21.1	1.80 <i>m</i> 1.90 <i>m</i>
12	32.0	2.10 <i>m</i> 2.66 <i>m</i>
13	48.1	
14	84.2	
15	31.8	1.89 <i>m</i>
16	21.7	2.36 <i>m</i> 2.50 <i>m</i>
17	50.0	3.08 <i>m</i>
18	17.9	1.25 <i>s</i>
19	24.4	1.09 <i>s</i>
20	76.8	
21	21.3	1.66 <i>s</i>
22	73.4	4.13 <i>br s</i>
23	37.5	1.87 <i>m</i> 2.03 <i>m</i>
24	73.5	4.50 <i>br d</i> (10.1)
25	35.0	1.85 <i>m</i>
26	19.5	1.01 <i>d</i> (6.4)
27	18.6	1.10 <i>d</i> (6.4)

Coupling constants in Hz are shown in parentheses.

steroid side chain at C-17, which is similar to that of **4**. The relative configuration between C-20 and C-22 of **1** is the same as that of **4**, because of the similarity of chemical shifts of the carbon signals due to C-17 (δ 50.0), C-20 (δ 76.8) and C-21 (δ 21.3) of **1** to those of **4**. However, the ^{13}C NMR signals due to C-22 (δ 73.4) and C-24 (δ 73.5) of **1** were shifted to upfield by 3–4 ppm with respect to those of the corresponding carbon atoms of **4**. These findings suggest that compound **1** is the 24-epimer of **4**.

The relative configuration of **1** was completely determined by single-crystal X-ray analysis. As shown in Fig. 1, the hydroxyl groups at C-2 and C-3 are equatorial and axial, respectively. Ring A has the chair conformation, and ring A is *cis*-fused with ring B [$\text{H-C5-C10-C19} = 51.6^\circ$]. Ring B is twisted into a half-chair form owing to the presence of the α,β -unsaturated carbonyl group, while ring C assumes a distorted chair conformation.

Having defined the complete relative stereochemistry of **1**, we next sought to determine the absolute configuration via the CD spectrum of compound **1**. Compound **1** exhibited the positive Cotton effect ($[\theta]_{337} + 4170$) due to the $n \rightarrow \pi^*$ transition of the carbonyl group. This indicates that the absolute configuration of the steroid skeleton (C-1–C-19) of **1** is identical to that of many ecdysteroids, e.g. **3**, **4** and ponasterone A (**5**) [1, 9]. Thus, a combination of CD and X-ray analyses revealed the chirality of C-24 of **1** to be *R*.

Consequently, the structure of the novel phytoecdysone, 24-*epi*-pterosterone (**1**), was unambiguously defined as (20*R*,22*R*,24*R*)-2 β ,3 β ,14 α ,20,22,24-hexahydroxy-5 β -cholest-7-en-6-one. The chirality of C-24 has been reported to be all *S* for ecdysteroids possessing a 24-hydroxyl group, e.g. **4** and ponasterone C (**6**) [9]. 24-*Epi*-pterosterone (**1**) is the first example of an ecdysteroid possessing a 24*R*-hydroxyl group.

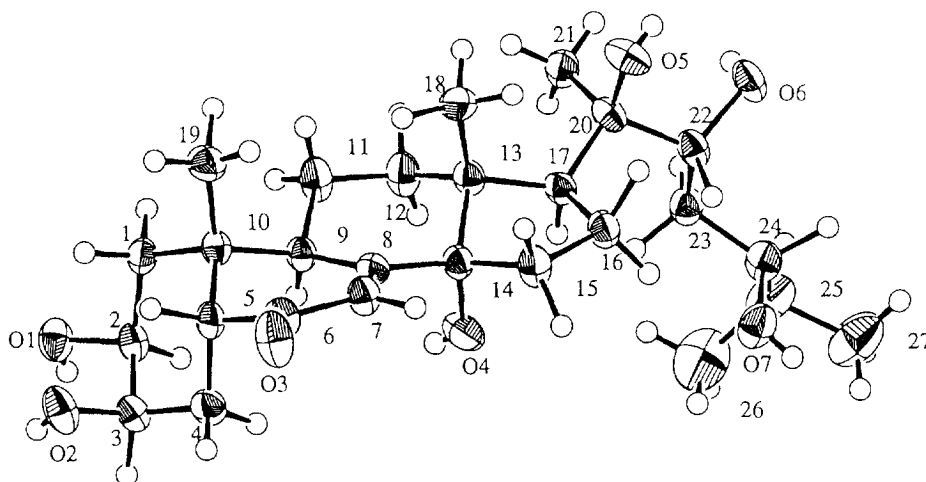


Fig. 1. ORTEP drawing of compound **1**, showing atom numbering.

EXPERIMENTAL

General. ^1H (500 MHz) and ^{13}C (125 MHz) NMR: pyridine- d_5 with TMS as int. standard; SIMS: glycerol as the matrix; TLC: silica gel (Merck 60 F₂₅₄).

Plant material. Plant material was collected in Mihara City, Hiroshima prefecture in June, 1993 and identified as *Athyrium yokoscense* by the authors (S.O. and Y.H.). The voucher specimen is kept in the laboratory of one of the authors (Y.H.).

Isolation. Air-dried roots (1.3 kg) were extracted with distilled H₂O (3.5 l) for 14 days. After filtration, the water-soluble fraction was treated with CHCl₃ to remove less polar materials. The CHCl₃-insoluble fr. (9.8 g) was suspended in MeOH to give a MeOH-soluble fr. (3.7 g). The MeOH-soluble fr. was subjected to reversed-phase CC (ODS) using H₂O–MeOH (MeOH: 0–100%) and then silica gel CC by MeOH–CHCl₃ (1:4) to give a crude fr. The reversed-phase HPLC (ODS) of the crude fr. using H₂O–MeOH (1:1) gave 24-epi-pterosterone (**1**) (7 mg), ecdysone (**2**) (4 mg) and ecdysterone (**3**) (16 mg).

24-Epi-pterosterone (1). Prisms, mp 151–152° (from H₂O–MeOH); $[\alpha]_D^{25} + 66^\circ$ (MeOH; c 0.63); UV $\lambda_{\text{max}}^{\text{MeOH}}$ nm: 243 (ϵ 10 600) and 336 (ϵ 100); IR $\nu_{\text{max}}^{\text{KBr}}$ cm⁻¹: 3400 (OH) and 1660 br (C=O and C=C); ^1H NMR and ^{13}C NMR: see Table 1; SIMS m/z : 481 $[\text{M} + \text{H}]^+$, 463 $[\text{M} - \text{H}_2\text{O} + \text{H}]^+$, 445 $[\text{M} - 2\text{H}_2\text{O} + \text{H}]^+$, 427 $[\text{M} - 3\text{H}_2\text{O} + \text{H}]^+$; CD (dioxane; 9.1×10^{-5} M): $[\theta]_{337} + 4170$, $[\theta]_{246} - 12400$, $[\theta]_{220} + 11000$.

Crystal data of 1. Single crystals of **1** crystallized from MeOH–H₂O were C₂₇H₄₄O₇·CH₃OH·2H₂O, $M_r = 548.71$, tetragonal, space group $P4_12_12$, $a = 13.749$ (3), $c = 31.157$ (8) Å, $U = 5889$ (2) Å³, $Z = 8$, $D_c = 1.24$ g cm⁻³. Intensity measurements were made with $2\theta \leq 120.1^\circ$ by using graphite monochromated Cu-K α radiation at 20° on a Rigaku AFC7R diffractometer. A total of 2618 independent reflections were collected, of which 2365 were considered to be observed $[I > 3\sigma(I)]$. The structure was solved by direct methods and expanded using Fourier techniques. The nonhydrogen

atoms were refined anisotropically by full-matrix least-squares refinement. Hydrogen atoms were included but not refined. The structure was finally refined to $R = 0.049$ ($R_w = 0.071$). Atomic coordinates, bond lengths and angles, and thermal parameters have been deposited at the Cambridge Crystallographic Data Centre, U.K.

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