



ERGOSTA-4,6,8,22-TETRAEN-3-ONE FROM THE EDIBLE FUNGUS, *PLEUROTUS OSTREATUS* (OYSTER FUNGUS)

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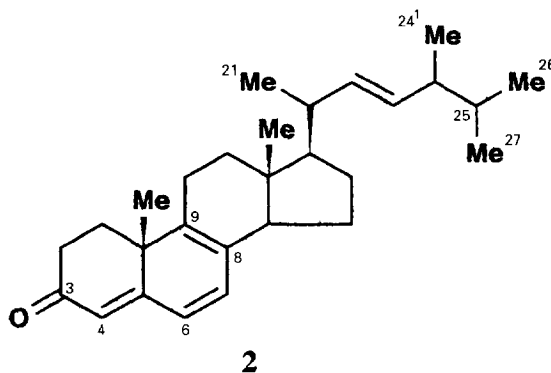
Abstract—From extracts of the dried oyster fungus, *Pleurotus ostreatus*, three steroidal fractions were obtained. The major fraction was proved to be ergosterol and the second a mixture of two fatty acid esters of ergosterol, which could not be fully resolved. The minor fraction contained ergosta-4,6,8,22-tetraen-3-one, which has not been recorded previously. © 1997 Elsevier Science Ltd. All rights reserved

INTRODUCTION

The oyster fungus, *Pleurotus ostreatus* (Jacq. ex Fr.) Kumm., has been used as a food in Europe for many years and is now commonly cultivated [1]. The fungus, when fed to experimental rodents along with a simultaneous supply of dietary cholesterol, led to lower plasma cholesterol levels than those of animals which had not received the fungal supplement [2]. As a result, the constituents of the fungus are being investigated and in this communication we report the isolation and characterization of the sterols, which include ergosta-4,6,8,22-tetraen-3-one which, to our knowledge, is a novel compound.

RESULTS AND DISCUSSION

Dry *Pleurotus ostreatus* was extracted with dichloromethane, and the extract examined by TLC. Under UV light, followed by spraying with a solution of vanillin in sulphuric acid, three components were detected which were believed to be sterols. One (**1**) predominated and the other two (**2**, **3**) were minor. The *P. ostreatus* extract was dissolved in hot petrol and on cooling gave a white precipitate (**1**), which was shown by TLC and the NMR and mass spectra to be mainly ergosterol, which has been reported previously for *P. ostreatus* [3]. TLC examination of the remaining petrol solution showed the presence of **2**, which under UV light was detected as a turquoise-blue spot, which



became yellow-brown after spraying with a solution of vanillin in sulphuric acid. This compound was isolated as a yellow, non-crystalline material.

The EI mass spectrum of **2** gave a molecular ion $[M]^+$ at m/z 392.4321 (calculated for $C_{28}H_{40}O$, 392.3154). In comparison with ergosterol, these data indicated two extra double bonds in **2**. The 1H NMR spectrum of **2** exhibited the two proton multiplet at δ 5.20 (H-22 and H-23) which was comparable to that in **1**, but the H-6 and H-7 methine signals (δ 5.38, $J_{6,4ax} = 2.8$, $J_{6,4eq} = 2.8$, $J_{6,7} = 5.7$ Hz and δ 5.57, $J_{7,14} = 2.8$, $J_{7,6} = 5.7$ Hz, respectively) observed in the spectrum of **1** were further downfield (δ 6.03, $J_{6,7} = 9.5$ Hz and δ 6.61, $J_{7,6} = 9.5$ Hz) in the spectrum of **2**. In addition, the spectrum of **2** displayed an extra singlet at δ 5.74 (H-4) and the characteristic C3-HOH multiplet of **1** (δ 3.64) was absent.

The assignment of the ^{13}C NMR absorptions (Table 1) confirmed the mass spectral analysis showing that

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Table 1. ^{13}C NMR spectral details (in CDCl_3) of ergosterol (**1**) and ergosta-4,6,8,22-tetraen-3-one (**2**)

Carbon:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	24'
1	38.4	32.0	70.4	40.8	141.4	119.6	116.3	139.8	46.3	37.0	21.1	39.1	42.8	54.5	23.0	28.3	55.7	12.1	16.3	40.4	19.7	135.6	132.0	42.8	33.1	21.1	20.0	17.6
2	34.1	34.1	199.5	123.0	164.4	124.5*	134.0*	156.1*	131.1*	36.8	29.7*	35.6	44.0	44.3	25.4	27.7*	55.7	16.7*	19.0*	39.3	19.7	135.0	132.5	42.9	33.1	21.2	20.0	17.6

* Respective figures may be interchanged.

the nine carbon side chain was comparable to that of **1**. The lack of a methine absorption (DEPT spectrum) at about δ 70.4 (C3-OH) and the presence of a quaternary carbon at δ 199.5 was suggestive of a C-3 keto group in conjunction with a double bond [4]. The remaining double bond can then be located between C-8 and C-9 on the basis of the chemical shifts of the carbons of rings A, C and D. Compound **2** was thus ergosta-4,6,8,22-tetraen-3-one, which has not been recorded previously. It was detected by TLC in the crude dichloromethane extract of the fungus and so was considered to be a true constituent of the dry plant material, which is what is used as a food. However, the possibility that **2** is an autoxidation product formed on drying the fungal material cannot be ruled out, although drying was carefully carried out in a desiccator.

The ^1H NMR spectrum of **3** showed that the absorptions for the methine protons bonded to unsaturated carbons (δ 116.3, 120.1, 132.0, 135.6, 138.7, 141.5 Hz) were highly comparable to those of **1**. However, the C-3-HX multiplet absorbed further downfield at δ 4.71 compared to that of **1** (δ 3.64). The ^{13}C NMR spectrum of **3** clearly showed that this was a mixture of two closely related compounds. The chemical shifts for the ergosterol moiety were easily identifiable, with the signal for C-3 at δ 72.5. The additional presence of two quaternary absorptions (DEPT spectrum) at δ 173.5 and 173.4 (approximately in the ratio of 3:1), and a number of overlapping methylene (between δ 20–42) and methyl signals (δ 14.1, 14.1, 17.6, 21.4) were indicative of fatty acids esterified to the C-3 hydroxyl group of ergosterol. Attempts to separate the two compounds by GC/mass spectrometry were unsuccessful. The molecular ions could not be identified in the mass spectrum, but a base peak (100%) at m/z 378 was detected, resulting from elimination of the fatty acid chains along with one molecule of water.

EXPERIMENTAL

Plant material. *Pleurotus ostreatus* (Jacq. ex Fr.) Kumm., obtained from the Czech Collection of Microorganisms, Brno (clone number 3019), was cultured on a lignocellulose substrate and harvested when at full maturity. The fungal material was dried in a desiccator and powdered.

Chromatography. For TLC, Silufol UV₂₅₄ layers (Kavalier, Votice, Czech Republic) were used with CHCl_3 -EtOH (95:5) as the development solvent, unless otherwise stated. The sterols were detected under UV light (λ 366 nm) as turquoise-blue spots which, after spraying with H_2SO_4 -vanillin, became yellowish-brown. For CC, silica gel L, 100–200 μm (Lachema, Brno, Czech Republic), deactivated with 10% H_2O , was used.

Extraction and purification of compounds. Dried, powdered *P. ostreatus* (16.5 kg) was extracted for 4 hr with CH_2Cl_2 in a Soxhlet extractor, under N_2 . The

extract was concd to dryness, the residue (308 g) mixed with 300 ml petrol (50–70°) and heated at 40°. On cooling and leaving for several hr, a white ppt was removed by filtration (46 g, **1**). The petrol soln was concd to dryness. The residue, containing **2** and **3** (TLC), was redissolved in 2 l petrol (50–70°) and fractionated by passage through a column of silica gel L (6 × 116 cm) by eluting first with petrol (50–70°) (250 ml frs, total 4500 ml), followed by 95% EtOH (7250 ml). Frs 2–6 of the petrol eluate (containing **3**) were evapd to dryness to give an orange coloured oil. After storage for several days at 4°, a waxy material sepd from the oil. From this wax, **3** was isolated by prep. TLC using Silufol UV₂₅₄ layers, petrol–CHCl₃ (3:1) as the development solvent and detection under UV light (λ 366 nm). After elution of the bands from the TLC layers with CHCl₃, concn to dryness and crystallization from EtOH, **3** was obtained as a white, waxy material (0.138 g, mp 97–104°). The EtOH eluate (containing **2**) was concd to dryness (156 g), dissolved in 95% EtOH containing 62.5 g KOH (1200 ml) and heated, under N₂, on a H₂O bath for 2 hr at 80°. After evapn to dryness at 30°, the residue was mixed with H₂O (3200 ml) and extd × 3 with 800 ml Et₂O. The combined Et₂O extracts were washed with 0.1 M aq. KOH, dried (Na₂SO₄) and concd to dryness. The residue (15.1 g) was fractionated by CC using silica gel L (470 g, 5 × 84 cm) and elution with CHCl₃. Each fr. (200 ml) was tested by TLC: **2** was detected in frs 4 and 5, which were combined (980 mg) and further fractionated by CC using silica gel L (2 × 52 cm; 20 ml frs) and petrol (50–70°) with increasing proportions of CH₂Cl₂. Frs 80–102 (petrol–CH₂Cl₂, 1:1; 816 mg) contained **2**.

Compound **2** was isolated by prep. TLC, first by using Silufol UV₂₅₄ layers and development × 2 with CHCl₃. The compound, located under UV light, was scraped from the plates and eluted with CHCl₃. Final purification was achieved by prep. TLC using silica gel GF 254 (Merck) layers and development × 2 with CHCl₃. After elution of the bands detected under UV light, 18 mg **2** was obtained.

¹H NMR spectra were obtained in CDCl₃ using a 270.6 MHz machine with TMS as int. standard. ¹³C NMR spectra were recorded on the same instrument (67.80 MHz).

Ergosta-4,6,8,22-tetraen-3-one (**2**). C₂₈H₄₀O, UV $\lambda_{\text{max}}^{\text{EtOH}}$, (log ϵ): 349 (4.13). EI MS (probe) 70 eV m/z (rel. int.): 392.4321 [M]⁺ (56.6), 268 [M – C₉H₁₆]⁺ (100), 253 [268 – Me]₃ (15.0). ¹H NMR (CDCl₃) δ ppm: 0.83, 0.85, 0.93, 1.06 (4 × Me, d , J = 6.6 Hz; Me-21, -26, -27 and -24'), 0.96, 1.00 (2 × Me, s ; Me-18 and -19), 5.15–5.31 (2H, m ; H-22 and H-23); 5.74 (1H, s ; H-4), 6.03 (1H, d , J = 9.5 Hz; H-6 or H-7); 6.61 (1H, d , J = 9.5 Hz; H-7 or H-6). ¹³C NMR (Table 1).

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