



A sterol ester from *Lepidium sativum*

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Received in revised form 15 October 1998

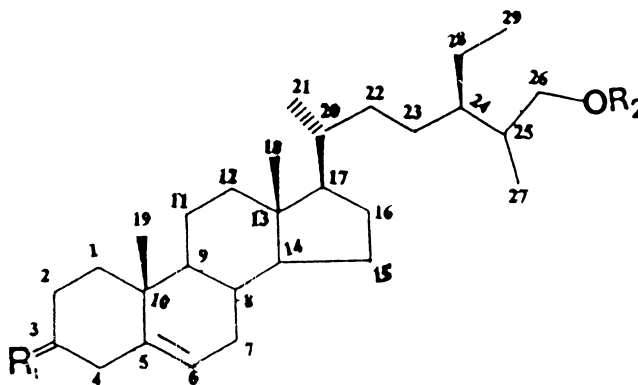
Abstract

A new sterol ester isolated from the aerial parts of *Lepidium sativum*, has been identified as stigmast-5-en-3 β ,27-diol 27-benzoate on the basis of spectral data analyses and chemical reactions. © 1999 Published by Elsevier Science Ltd. All rights reserved.

Keywords: *Lepidium sativum*; Brassicaceae; Steryl ester; Stigmast-5-en-3 β ,27-diol 27-benzoate

1. Introduction

Lepidium sativum L. commonly called ‘Garden cress’ is a polymorphic species. Despite its great medicinal value, *L. sativum* has not received the attention it deserves. So far there are few reports on systematic investigation on its biochemistry. Pharmacological studies reveal its cardiovascular and diuretic properties (Vohra & Khan, 1977; Chandra & Babbar, 1987). Despite its potential therapeutic value no serious attempt has been made to work out its phytochemistry. This paper deals with the isolation and characterization of a new sterol ester from the aboveground parts of the plant



2. Results and discussion

Compound **1**, a sterol ester, was obtained as colorless flakes. It responded positively to the Liebermann–Burchard test indicating the sterol nature of the molecule. The IR spectrum of **1** showed the presence of a hydroxyl group (3413 cm⁻¹) and ester linkage (1734 cm⁻¹). Its mass spectrum exhibited the diagnostically important ion peaks at m/z 429 [M–C₆H₅CO]⁺, 413 [M–C₆H₅COO]⁺, 399 [413–Me]⁺, 396 [413–H₂O]⁺, 381 [396–Me]⁺, 273 [M–side chain, SC, C₁₇H₂₅O₂]⁺, 255 [273–H₂O]⁺, 231 [273–ring D fission]⁺, 213 [255–ring D fission]⁺, 122 [C₆H₅–COOH]⁺ and 105 [C₆H₅CO]⁺ suggesting that the molecule contained a saturated side chain esterified with ben-

zoic acid, an olefinic linkage and a hydroxyl group in the stigmastane carbon framework (Clark-Lewis & Dainis, 1967; Reichstein, Kaufman, Stocklin, & Reichstein, 1967; Gupta, Lal, & Shukla, 1981). The ion peaks appearing at m/z 83 [C_{2,3}–C_{5,10}–C_{7,8} fission, ion a]⁺, 69 [ion a–CH₂]⁺, 72 [C_{1,10}–C_{4,5} fission, ion b]⁺, 54 [ion b–H₂O]⁺, 138 [C_{7,8}–C_{9,10} fission, ion c]⁺, 120 [ion c–H₂O]⁺, 124 [ion b–H₂O]⁺, disclosed the presence of the hydroxyl group in ring A, which was placed at C-3 on the basis of biogenetic grounds and the existence of a vinylic linkage in ring B at C-5 (Budzikiewicz, Djerassi, & William, 1981). The saturated nature of rings C and D was inferred from ion peaks generated at m/z 177 [C_{9,11}–C_{13,14} fission, ion d], 192 [C_{12,13}–C_{8,14} fission, ion e]⁺, 178 [ion e–CH₂]⁺, 164 [178–CH₂]⁺, 174 [ion e–H₂O]⁺, 160 [174–CH₂]⁺, 146 [160–CH₂]⁺, 159 [177–H₂O]⁺ and 144 [159–Me]⁺ (Budzikiewicz et al., 1964; Dawidar & Faye, 1969; Das, Venkateswarlu, Srinivas, & Rama Rao, 1992).

The ¹H NMR spectrum of **1** displayed three downfield

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multiplets at δ 7.94 (2H) assignable to H-2', H-6', 7.53 (2H) ascribable to H-3', H-5' and 7.48 (1H), accountable to H-4' of the benzene nucleus. A one-proton doublet at δ 5.34 with coupling constant of $J=3.91$ Hz was associated with the H-6 vinylic proton. Two doublets at δ 4.22 ($J=7.08$ Hz) and 4.08 ($J=7.08$ Hz), integrated for one proton each were attributed to H-27a and H-27b of the C-27 oxygen substituted methylene group. A one-proton multiplet at δ 3.66 with $W_2^1=16.0$ Hz was due to the C-3 carbinol proton. The C-19 and C-18 tertiary methyls resonated as broad singlets at δ 1.00 and 0.67, respectively. The C-21 and C-26 secondary methyl functionalities and C-29 primary methyl group, indicating an ethyl group in the side chain located at C-24 on biogenetic grounds, appeared as doublets correspondingly at δ 0.94 ($J=6.0$ Hz), 0.87 ($J=6.0$ Hz) and 0.83 ($J=6.0$ Hz). The presence of all the methyls in the range of δ 1.00–0.67 indicated that these groups were located on saturated carbons (Alam, Chopra, Ali, Niwa, & Sakae, 1994; Sharma, Ali, & Singh, 1996). The H₃-29 resonance of 24*R*-configuration (δ 0.83) was more upshielded as compared to the 24*S*-resonance (δ 0.86) (Rubinstein, Goad, Clague, & Mulheirn, 1976). The assignments of the chemical shifts were made by comparison with δ values of the corresponding proton in the structurally similar sterols such as sitosterol (Greaca, Manaco, and Prevetera, 1990; Gupta, Ali, Alam, Niwa, & Sakae, 1992). The ¹³C NMR spectrum suggested a sitosterol-type side chain and revealed the presence of one carbinol carbon (δ 71.83), one esterified carbon attached to a secondary oxygen-substituted carbon, an olefinic linkage and a benzene nucleus. The ¹³C NMR values were compared with sitosterol (Greaca et al., 1990), lawsaritol (Gupta et al., 1992) and pleuchinol (Alam et al., 1994). The assignments of -CH, -CH₂, -CH₃ and olefinic carbon resonance were made in the ¹³C-DEPT experiments and the assignments of proton signals were carried out using ¹H-¹H and ¹H-¹³C COSY spectra. The signals of C-3, C-6, C-18, C-19, C-21, C-26, C-27 and C-29 in the ¹³C NMR spectrum could be easily correlated with the corresponding protons in the ¹H NMR spectrum. The coupling interaction was illustrated by the ¹H-¹H correlated spectroscopy (COSY 45°C) which showed the connectivity of 3/3 to the protons at C-2 and C-4 and the connectivity of 6-H with 7-H₂. Acetylation of **1** yielded a monoacetyl product (**1a**) thus demonstrating the presence of one acetylatable alcoholic group in the molecule. Jones oxidation of **1** produced a keto derivative (**1b**) which responded positively to the Zimmermann test (Barton & De Mayo, 1954), for 3-keto steroids. Alkaline hydrolysis of **1** released benzoic acid (**1d**) and a dihydroxy steroid (**1c**).

On the basis of the spectral data and chemical reactions, the structure of **1** was characterized as stigmast-5-en-3 β ,27-diol 27-benzoate. This is a new member of the sterol class and the first sterol isolated from *L. sativum*.

3. Experimental

3.1. Plant material

The aerial parts of *L. sativum* were collected from the Herbal Garden of Jamia Hamdard and identified by Dr. M. P. Sharma (Taxonomist), Department of Botany. A voucher specimen is preserved in the Herbarium of the Department of Botany, Faculty of Science, Jamia Hamdard New Delhi-110 062.

3.2. General

Mps were determined on a perfilt melting point apparatus and are uncorr. The UV spectrum was recorded on Beckmann DU-64, IR spectrum on Shimadzu 8201 PC FTIR spectrophotometer, ¹H NMR on Bruker WM-400 (400 MHz FT) instrument, ¹³C NMR spectrum on 100 MHz and mass spectrum on Jeol D-30 spectrometer.

3.3. Extraction and isolation

The dried and coarsely-powdered plant material (1 kg) was defatted with petrol and Soxhlet-extracted with MeOH. The concentrated brown colored mass (60 g) was fractionated into 0.3 M HCl soluble and insoluble portions. The HCl soluble portion was extracted with CHCl₃ (3 \times 100 ml), basified with ammonia solution (pH 9) and reextracted with CHCl₃ (5 \times 100 ml). The neutral portion was dried (Na₂SO₄) and concentrated under red. pres. to produce a dark brown viscous semisolid mass. It was adsorbed on alumina (60–120 mesh), dried in air and subjected to alumina CC. The column was eluted successively with petrol, CHCl₃ and MeOH in order of increasing polarity. Elution of the column with CHCl₃ (fraction 10–15) yielded colorless flakes of **1**, recrystallized from CHCl₃–MeOH (1:1), 105 mg (0.0093% yield), *R_f* 0.12, mp 140–141°C. UV_{max} nm: 205, 240 (log ϵ 1.7, 1.0). IR_{max}^{KBr} cm⁻¹ 3413, 2929, 2858, 1734, 1618, 1450, 1377, 1307, 1157, 1105, 1066, 1028, 999, 761, 729, 700. ¹H NMR (CDCl₃): δ 7.94 (2H, m, H-2', H-6') 7.53 (2H, m, H-3', H-5'), 7.48 (1H, m, H-4), 5.34 (1H, d, $J=3.91$ Hz, H-6), 4.22 (1H, d, $J=7.08$ Hz, H₂-27a), 4.08 (1H, d, $J=7.08$ Hz, H₂-27b), 3.66 (1H, br, m, W_2^1 16.0 Hz, H-3a) 1.00 (3H, brs, H₃-19), 0.94 (3H, d, $J=6.0$ Hz, H₃-21), 0.87 (3H, d, $J=6.0$ Hz, H₃-26), 0.83 (3H, d, $J=6.0$ Hz, H₃-29), 0.67 (3H, brs, H₃-18). EIMS *m/z* (ret int.): 534 [M]⁺ (C₃₆H₅₄O₃) (1.2), 429 (3.2), 413 (100), 400 (43.2), 399 (24.97), 396 (32.0), 381 (18.2), 317 (3.8), 353 (4.8), 329 (25.0), 315 (17.9), 303 (27.8), 301 (5.8), 273 (25.6), 261 (4.6), 255 (28.2), 231 (19.8), 229 (12.1), 213 (27.7), 205 (6.5), 199 (10.0), 19. 2(8.0), 177 (7.8), 174 (12.9), 164 (3.8), 163 (19.2), 160 (25.4), 159 (23.7), 146 (16.2), 144 (34.3), 138 (6.0), 131 (16.2), 124 (16.3), 122 (20.1), 120 (22.6), 105 (44.7), 95 (48.1), 83 (24.9), 72(23.1), 69 (48.2), 54 (70.0). ¹³C NMR (CDCl₃): δ 37.30 (C-1), 31.90 (C-2),

71.83 (C-3), 40.01 (C-4), 143.53 (C-5), 123.91 (C-6), 31.41 (C-7), 32.17 (C-8), 51.10 (C-9), 36.39 (C-10), 22.61 (C-11), 39.86 (C-12), 44.33 (C-13), 56.65 (C-14), 25.52 (C-15), 28.07 (C-16), 55.95 (C-17), 11.80 (C-18), 19.10 (C-19), 36.13 (C-20), 18.91 (C-21), 30.21 (C-22), 26.71 (C-23), 46.95 (C-24), 29.09 (C-25), 27.23 (C-26), 63.85 (C-27), 25.89 (C-28), 14.01 (C-29), 129.71 (C-1'), 130 (C-2'), 128.21 (C-3'), 131.90 (C-4'), 129.0 (C-5'), 129.08 (C-6'), 178.02 (C-7').

3.4. Acetylation of **1**

Compound **1** (10 mg) was heated with a mixture of Ac_2O (3 ml) and pyridine (1 ml) for 30 min and then left for 24 h. H_2O (10 ml) was added and the reaction mixture extracted with CHCl_3 (3×10 ml). The CHCl_3 layer was washed with water (3×5 ml), dried over Na_2SO_4 and evaporated to yield monoacetylated product (**1a**), mp 131–132°.

3.5. Jones oxidation of **1**

Compound **1** (5 mg) was dissolved in Me_2CO (10 ml) and cooled to 4°C. Freshly prepared Jones Reagent was added drop-wise till the persistence of a brown color. H_2O (20 ml) was added and the mixture was worked up as usual to produce the oxo-derivative (**1b**), mp-122–123°.

3.6. Hydrolysis of **1**

Compound **1** (15 mg) was heated with 0.1 ethanolic KOH (5 ml) for 3 h. H_2O (10 ml) was added and the reaction mixture extracted with CHCl_3 (3×10 ml). The organic phase after usual work up yielded sterol (**1c**),

mp 135–136°. EIMS m/z (ret. int.) 430 $[\text{M}]^+$ ($\text{C}_{29}\text{H}_{50}\text{O}_2$) (11.3). The mother liquor after extraction with CHCl_3 was acidified (Congo red) and reextracted with CHCl_3 to isolate benzoic acid, mp 121–122°, Co-TLC comparable.

Acknowledgements

The authors are thankful to the head, RSCC, CDRI, Lucknow for help in carrying out the spectral data.

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