



Triterpene saponins from the fruits of *Hedera helix*

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Abstract

Six triterpene saponins, including two new compounds, were isolated from the fruits of *Hedera helix* L. (Araliaceae). The structures of the new compounds, named helixosides A and B, were established as 3-*O*-β-D-glucopyranosyl-(1 → 2)-β-D-glucopyranosyl hederagenin 28-*O*-β-D-glucopyranosyl-(1 → 6)-β-D-glucopyranosyl ester, and 3-*O*-β-D-glucopyranosyl-(1 → 2)-β-D-glucopyranosyl oleanolic acid 28-*O*-β-D-glucopyranosyl-(1 → 6)-β-D-glucopyranosyl ester, respectively, on the basis of chemical and spectral data. © 2000 Elsevier Science Ltd. All rights reserved.

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1. Introduction

Hederae Folium is one of the most frequently used saponin-containing plant drugs for the treatment of cough. Saponins from the leaves of *Hedera helix* L. (Araliaceae) have antifungal, anthelmintic, molluscicidal, antileishmanial, and antimutagenic activities (Timon-David, Julien, Gasquet, Balansard & Bernard, 1980; Julien, Gasquet, Maillard, Gasquet & Timon-David, 1985; Hostettmann, 1980; Majester-Savornin, Elias, Diaz-Lanza, Balansard, Gasquet & Delmas, 1991; Elias, Lanza, Vidal-Ollivier, Balansard & Faure, 1991). We herein report the isolation and structure elucidation of two new saponosides, helixosides A (**5**) and B (**6**) in addition to the known glycosides, 3-*O*-β-D-glucopyranosyl hederagenin (**1**), 3-*O*-β-D-glucopyranosyl-(1 → 2)-β-D-glucopyranosyl oleanolic acid (**2**), 3-*O*-β-D-glucopyranosyl-(1 → 2)-β-D-glucopyranosyl hederagenin (**3**) (Hostettmann, Hostettmann-Kaldas & Sticher, 1980) and 3-*O*-β-D-glucopyranosyl hederagenin 28-*O*-β-D-glucopyranosyl-(1 → 6)-β-D-glucopyranosyl

ester (**4** = staunside A) (Wang, Mayer & Rücker, 1993) from the fruits of *Hedera helix*.

2. Results and discussion

The IR spectra of the compounds showed strong hydroxyl (3400 cm⁻¹) for all of them, a carboxylic group absorption for **1**, **2** and **3** (1695 cm⁻¹), and ester group absorptions for **4**, **5** and **6** (1733, 1730 and 1731 cm⁻¹, respectively). The NMR spectral data and acid hydrolysis of **1**–**6** suggested that the aglycones were hederagenin for **1**, **3**, **4** and **5**, and oleanolic acid for **2** and **6**, and glucose as the only sugar unit for all compounds.

Compounds **1**–**3** are known triterpene saponins and identified as 3-*O*-β-D-glucopyranosyl hederagenin (Hostettmann, 1980; Wang et al., 1993), 3-*O*-β-D-glucopyranosyl-(1 → 2)-β-D-glucopyranosyl oleanolic acid, 3-*O*-β-D-glucopyranosyl-(1 → 2)-β-D-glucopyranosyl hederagenin (Hostettmann et al., 1980). Compounds **1** and **3** have already been isolated from the same plant source.

The ¹³C-NMR spectra of **4** and **5** indicated the presence of three anomeric carbon signals (δ 105.71, 104.64 and 95.77), and four anomeric carbon signals (δ

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104.64, 104.49, 104.44 and 95.76), respectively. The signals at δ 95.77 and 95.76 suggested that **4** and **5** have an 28-*O*-glycosidic linkage, which was further confirmed by their ester group absorptions (1733 and 1730 cm^{-1}) in their IR spectra, respectively. On the other hand, the ester linkages between the carboxy group located on C-28 of the aglycone (hederagenin) and the sugar moieties were also evident from the chemical shift values of the anomeric protons observed at δ 5.35 for **4** and δ 5.36 for **5**. The presence of a 3-*O*-glycosidic linkages was identified by the downfield shifts at δ 83.48 and 84.20 for C-3 of the aglycone moiety, respectively. Thus, compounds **4** and **5** are bisdesmosides.

The alkaline hydrolysis of **4** and **5** afforded **1** and **3**, respectively, which were identified by direct comparison by TLC. The positive ESI-mass spectra of **4** and **5** showed quasimolecular ions $[\text{M} + \text{Na}]^+$ at m/z 981.8 and 1143.8, respectively, while negative ESI-mass spectra of **4** and **5** exhibited molecular ions $[\text{M} - \text{H}]^-$ at m/z 957 and 1119.8, respectively, indicating a M_r of 958 (calcd for $\text{C}_{48}\text{H}_{78}\text{O}_{19}$) for **4** and 1120 (calcd for $\text{C}_{54}\text{H}_{88}\text{O}_{24}$) for **5**. The sites of sugar linkages were established by 1D and 2D NMR spectroscopy. The ^1H -NMR spectra exhibited three anomeric protons for **4** and four anomeric protons for **5**. Assignments for all proton and carbon resonances were achieved by COSY, HMQC, HSQC-TOCSY and HMBC experiments, which indicated the presence of three β -D-glucose units for **4** and four β -D-glucose units for **5** (Tables 1 and 2). The appearance of downfield signals at δ 69.52 for the carbon atoms of hydroxymethylene groups of the esterified glucose units revealed the presence of a (1 \rightarrow 6)-glycosidic linkages between two glucose moieties in **4** and **5**. Additionally, downfield

chemical shift of the inner glucose linked to C-3(OH) of the aglycone at δ 81.51 showed a (1 \rightarrow 2)-glycosidic linkage between two glucose units in **5**.

HMBC experiments performed on **4** and **5** confirmed the interglycosidic connectivities. For the compound **5**, the correlations between C-3 (δ 84.20) of the aglycone and the anomeric proton at δ 4.44 (H-1'), C-2' of the glucose glycosylated at C-3 and the anomeric proton at δ 4.69 (H-1''), C-28 (δ 178.20) of the aglycone and the anomeric proton at δ 5.36 (H-1'''), and C-6''' (δ 69.52) of the glucose unit esterified and the anomeric proton at δ 4.35 (H-1''') were observed. In view of the above evidence, the structures of **4** and **5** were concluded to be 3-*O*- β -D-glucopyranosyl hederagenin 28-*O*- β -D-glucopyranosyl-(1 \rightarrow 6)- β -D-glucopyranosyl ester, and 3-*O*- β -D-glucopyranosyl-(1 \rightarrow 2)- β -D-glucopyranosyl hederagenin 28-*O*- β -D-glucopyranosyl-(1 \rightarrow 6)- β -D-glucopyranosyl ester, respectively. Compound **4** has formerly been isolated from *Stauntonia hexaphylla* and named as staunoside A (Wang et al., 1993), while **5** is a new compound, for which the trivial name helixoside A is proposed.

Table 1
 ^1H -NMR spectral data for compounds **5** and **6** (CD_3OD , 300 MHz)

5		6^a
H-Atom	δ ppm, J (Hz)	δ ppm, J (Hz)
H-3	3.64	3.18
H-12	5.25 <i>br s</i>	5.25 <i>br s</i>
H-18	2.86 <i>dd</i> (13.4, 3.2)	2.86 <i>dd</i> (13.2, 3.2)
H ₂ -23 (H ₃ -23)	3.64, 3.28	1.08 <i>s</i>
H ₃ -24	0.73 <i>s</i>	0.86 <i>s</i>
H ₃ -25	0.99 <i>s</i>	0.96 <i>s</i>
H ₃ -26	0.81 <i>s</i>	0.80 <i>s</i>
H ₃ -27	1.17 <i>s</i>	1.15 <i>s</i>
H ₃ -29	0.91 <i>s</i>	0.91 <i>s</i>
H ₃ -30	0.94 <i>s</i>	0.94 <i>s</i>
H-1'	4.52 <i>d</i> (7.7)	4.44 <i>d</i> (7.5)
H-1''	4.69 <i>d</i> (7.7)	4.67 <i>d</i> (7.7)
H-1'''	5.36 <i>d</i> (7.9)	5.35 <i>d</i> (7.9)
H-1''''	4.35 <i>d</i> (7.7)	4.35 <i>d</i> (7.8)

Table 2
 ^{13}C -NMR spectral data for compounds **5** and **6** (CD_3OD , 75.5 MHz)^a

C-atom		5	6 ^a	C-atom	5	6 ^a	
1	CH ₂	39.59	39.88	1′	CH	104.49	105.42
2	CH ₂	26.35	27.12	2′	CH	81.51	81.11
3	CH	84.20	91.51	3′	CH	77.66	77.67
4	C	44.10	40.40	4′	CH	71.73	71.92
5	CH	49.10	57.07	5′	CH	78.33	78.33
6	CH ₂	18.90	19.35	6′	CH ₂	62.75	63.12
7	CH ₂	33.35	33.22				
8	C	40.69	40.73	1″	CH	104.44	104.51
9	CH	49.30	49.44	2″	CH	76.19	76.31
10	C	37.65	37.89	3″	CH	77.85	77.82
11	CH ₂	24.60	24.59	4″	CH	71.50	71.55
12	CH	123.75	123.79	5″	CH	78.52	78.52
13	C	144.96	144.88	6″	CH ₂	62.97	62.84
14	C	43.02	42.93				
15	CH ₂	28.93	28.93	1‴	CH	95.76	95.78
16	CH ₂	24.05	24.06	2‴	CH	73.85	73.85
17	C	48.80	49.00	3‴	CH	78.00	78.00
18	CH	42.56	42.56	4‴	CH	70.97	70.96
19	CH ₂	47.27	47.26	5‴	CH	77.85	77.88
20	C	31.53	31.54	6‴	CH ₂	69.52	69.51
21	CH ₂	34.88	34.89				
22	CH ₂	33.22	33.96	1‴‴	CH	104.64	104.64
23	CH ₂ (CH ₃) ^a	64.89	28.49	2‴‴	CH	75.13	75.15
24	CH ₃	13.36	16.93	3‴‴	CH	77.85	78.00
25	CH ₃	16.54	16.10	4‴‴	CH	71.55	71.55
26	CH ₃	17.88	17.83	5‴‴	CH	78.00	78.18
27	CH ₃	26.49	26.30	6‴‴	CH ₂	62.75	62.74
28	C	178.20	178.01				
29	CH ₃	33.49	33.50				
30	CH ₃	24.05	24.06				

^a Assignments were based on COSY, TOCSY, HMQC and HMBC experiments.

The positive FAB-MS of **6** showed a quasimolecular $[M + Na]^+$ peak at m/z 1127.5 corresponding to a molecular formula of $C_{54}H_{88}O_{23}$, which was 16 mass unit less than that of helixoside A (**5**). The 1H - and ^{13}C -NMR spectra (Tables 1 and 2) of **6** were similar to those of **5** for the sugar moieties. The differences for the aglycone moieties were the presence of an additional tertiary methyl and the lack of the hydroxymethylene group resonances for **6**. The COSY, HMQC, HSQC-TOCSY and HMBC experiments performed on **6** indicated that it has the same oligosaccharidic sugar chains at C-3 and C-28 of the aglycone moiety. The ^{13}C -NMR spectral data assigned for the aglycone moiety were almost identical to those reported for oleanolic acid (Tian, Wu, Qiu & Nie, 1993). An HMBC experiment confirmed the interglycosidic connectivities as in **5**. Consequently, the structure of **6** was found to be a new compound and established as 3-*O*- β -D-glucopyranosyl-(1 \rightarrow 2)- β -D-glucopyranosyl oleanolic acid 28-*O*- β -D-glucopyranosyl-(1 \rightarrow 6)- β -D-glucopyranosyl ester, for which the trivial name helixoside B is proposed.

Compounds **1–6** (each 20 and 40 μ g) were tested against *Candida albicans*, *Bacillus cereus*, *Staphylococcus epidermidis* and *Escherichia coli*, using TLC autographic assay (Hamburger & Hostettmann, 1991; Rahalison, Hamburger, Hostettmann, Monod & Frenk, 1991). Compound **2**, which is a monodesmosidic saponin with oleanolic acid as aglycone, showed activity against *C. albicans*. Weak inhibition at 20 μ g was also observed only by compound **2** against *S. epidermidis* and *B. cereus*. The MIC values of **2** were 64

ppm against *C. albicans*, and 128 ppm against *S. epidermidis* and *B. cereus*. The MIC value of the reference compound miconazol was 4 ppm against *C. albicans*, while the MIC value of chloramphenicol was 16 ppm for both bacteria, *B. cereus* and *S. epidermidis*. The other saponins (**1**, **3–6**) have showed no activity in the disk assay even at 40 μ g. Thus, the antibacterial activity seems to be related to the presence of a monodesmosidic saponin structure.

3. Experimental

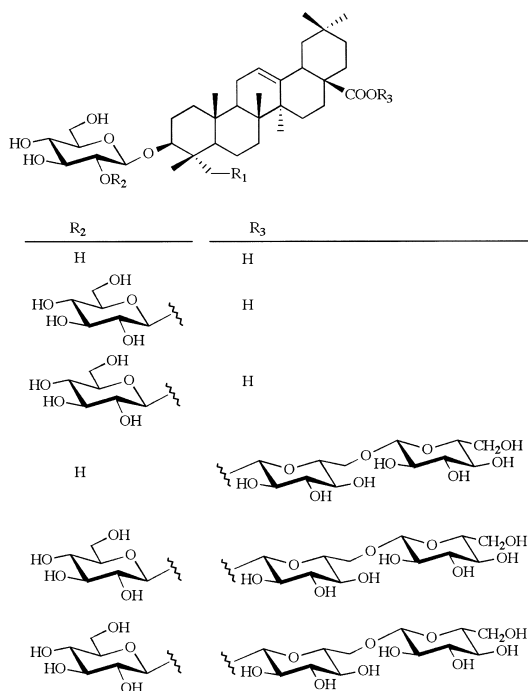
Optical rotations were measured on a Perkin-Elmer 141 polarimeter using a sodium lamp operating at 589 nm. IR spectra were measured on a Perkin Elmer 2000 FT-IR spectrometer in KBr pellets. NMR measurements in CD_3OD at room temp. were performed on a Bruker AMX 300 spectrometer operating at 300 and 75.5 MHz for 1H and ^{13}C , respectively. The 1H - 1H DQF-COSY, TOCSY, 1H - ^{13}C HMQC, and HMBC, experiments were recorded by employing conventional pulse sequences. ESIMS and FABMS were recorded in the positive and/or negative ion mode on a Finnigan TSQ 7000 and ZAB2-SEQ mass spectrometers, respectively. The materials for the biological assays were Mueller-Hinton agar (Oxoid, Hampshire, England) and nutrient broth No. 3 (Fluka, Buchs, Switzerland).

3.1. Plant material

The fruits of *Hedera helix* L. (Araliaceae) were collected from Zonguldak, Hisarönü (North Anatolia) in February 1996. Voucher specimens (96-002) are deposited in the Herbarium of the Pharmacognosy Department, Faculty of Pharmacy, Hacettepe University, Ankara, Turkey.

3.2. Extraction and isolation

Air-dried powdered fruits of the plant (200 g) were extracted with MeOH (500 ml \times 3) for 4 h at 25°C and filtered. The filtrate was concentrated to dryness in vacuo (54 g, yield 27%). An aliquot of the extract (13 g) was subjected to vacuum liquid chromatography (VLC) using reversed phase material (Separylite 40 μ m, 150 g), employing H_2O (200 ml), H_2O -MeOH (90 : 10, 200 ml; 85 : 15, 200 ml; 80 : 20, 200 ml; 70 : 30, 200 ml; 60 : 40, 200 ml) and MeOH (200 ml) as eluents to yield thirteen main fractions (fraction volume: 100 ml). Fractions 6–10 were combined (7.5 g), and an aliquot (6.5 g) of the these fractions was subjected again to VLC using reversed phase material (Separylite 40 μ m, 150 g), employing H_2O -MeOH mixtures (50 : 50, 40 : 60, 37.5 : 62.5, 35 : 65, 32.5 : 67.5, 30 : 70, 27.5 : 72.5, 25 : 75, 22.5 : 77.5; volume of each solvent mixture:



200 ml) and MeOH as eluents and 15 fractions were collected (fractions A–O) of which fractions D (490 mg), F (450 mg), H (800 mg) and J–K (combined, 820 mg) were studied for the isolation of saponins. Fraction D was chromatographed on a Si gel (30 g) column eluted with CHCl_3 –MeOH– H_2O (70 : 30 : 3; 600 ml) to give compounds **4** (22 mg) and **5** (89 mg), respectively. Fraction F was subjected to a Si gel column (30 g) using CHCl_3 –MeOH– H_2O (70 : 30 : 3; 700 ml) to yield compounds **2** (4 mg), **4** (110 mg), and **6** (23 mg), respectively. Repeated chromatography of fraction H on a si gel (35 g) column using the mixtures of CHCl_3 –MeOH (99 : 1, 200 ml; 98 : 2, 100 ml; 97 : 3, 50 ml; 95 : 5, 100 ml, 90 : 10, 100 ml and 80 : 20, 250 ml) afforded **1** (9 mg), **2** (300 mg) and **3** (25 mg). Fraction J and K were combined and then subjected to a Si gel column using CHCl_3 –MeOH– H_2O (85 : 15 : 0.5, 100 ml; 80 : 20 : 1, 200 ml; 80 : 20 : 2, 400 ml) to yield compound **1** (98 mg) and the crude saponin **2** (160 mg) which was further chromatographed on a Si gel (20 g) column eluting with CHCl_3 –MeOH– H_2O (80 : 20 : 1, 200 ml; 80 : 20 : 1.5, 200 ml) to give compound **2** (46 mg).

3.3. Helixoside A (**5**)

Amorphous colorless; $[\alpha]_D^{20} = +3.2^\circ$ (c 0.6, MeOH); IR ν_{max} (KBr) cm^{-1} : 3392 (OH), 2926 (CH), 1730 (C=O, ester), 1163 (C–O–C); ^1H -NMR data (CD_3OD , 300 MHz) see Table 1; ^{13}C -NMR data (75.5 MHz, CD_3OD) see Table 2; positive ESIMS m/z 1143.8 $[\text{M} + \text{H}]^+$, negative ESIMS m/z 1119.8 $[\text{M} + \text{H}]^+$ (calculated for $\text{C}_{54}\text{H}_{88}\text{O}_{24}$).

3.4. Helixoside B (**6**)

Amorphous colorless; $[\alpha]_D^{20} = -7.2^\circ$ (c 0.5, MeOH); IR ν_{max} (KBr) cm^{-1} : 3402 (OH), 2942 (CH), 1731 (C=O, ester), 1077 (C–O–C); ^1H -NMR data (CD_3OD , 300 MHz) see Table 1; ^{13}C -NMR data (75.5 MHz, CD_3OD) see Table 2; positive FABMS m/z 1127.5 $[\text{M} + \text{Na}]^+$ (calculated for $\text{C}_{54}\text{H}_{88}\text{O}_{23}$).

3.5. Acid hydrolysis of **1–6**

Compounds **1–6** (each 5 mg) were separately dissolved in 5 ml 5% HCl solution and heated at 100°C for 5 h, cooled, and filtered. The filtrates were neutralized by passing them through Dowex (Cl form) and evaporated. The residues were examined for sugars by TLC (cellulose) using EtOAc –pyridin– AcOH – H_2O (36 : 36 : 7 : 21) as solvent system and anilinphtalate as spray reagent.

3.6. Alkaline hydrolysis **4** and **5**

Compounds **4** and **5** (each 5 mg) were separately refluxed in 5% KOH in MeOH at 80°C for 2 h. After neutralization with methanolic HCl, the reaction mixtures were evaporated to dryness. The residues were dissolved in H_2O and extracted three times with n -BuOH, and the combined n -BuOH extracts were concentrated and compared with compounds **1** and **3** by TLC using the mixtures of CHCl_3 –MeOH– H_2O (61 : 32 : 7 and 80 : 20 : 2) as solvent systems and 5% H_2SO_4 in MeOH as spray reagent.

3.7. Microbiological assays

Detection of biological activity against microorganisms was performed by using paper disk diffusion method and agar (Mueller-Hinton agar) overlay method on a TLC plate (Hamburger & Hostettmann, 1991; Rahalison et al., 1991). The minimum inhibition concentration (MIC) was evaluated by a dilution assay in nutrient broth (Rios, Recio & Villar, 1988). One yeast, *Candida albicans* ATCC 26790, two Gram-positive bacteria, *Bacillus cereus* ATCC 10702 and *Staphylococcus epidermidis* ATCC 12228, and *Escherichia coli* were used as test organisms. Cultures were made visible by spraying with 1% MTT reagent. Saponins **1–6** were tested in the diffusion method in amounts of 20 and 40 μg on a paper disk which were applied on an inoculated agar plate. After storage for 4 h at 4°C the zone of inhibition against microorganisms was measured after 12 h incubation at 27°C . The measured inhibition zones were about 1–2 mm.

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